



DRILLBOOK

Read & React :

2 Players – 2 Balls Reaction Drills

by Pieter De Vries



Read & React : 2 Players - 2 Balls Reaction Drills



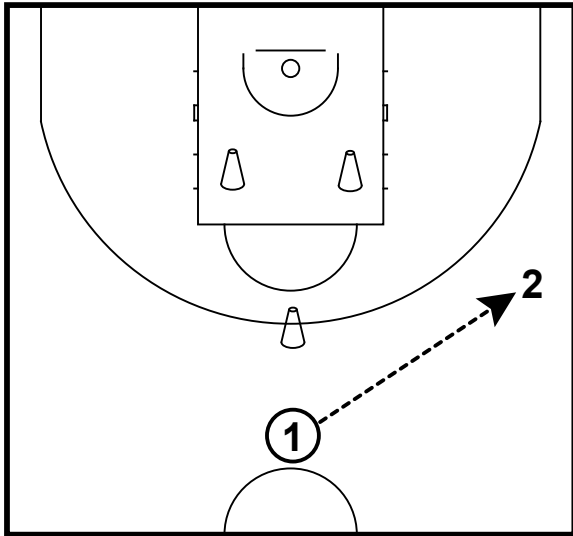
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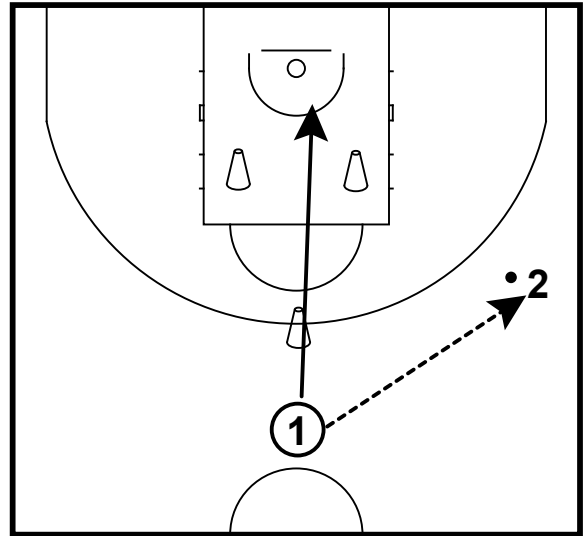
Read & React : 2 Players - 2 Balls Reaction Drills

PASS & CUT



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2.

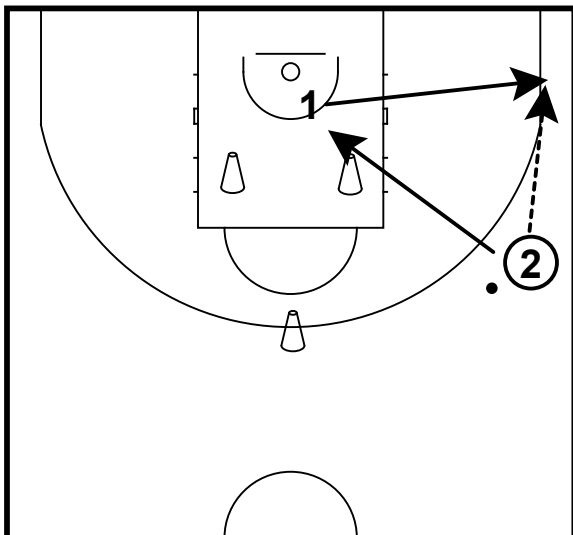
PASS & CUT



Player 2 puts the ball on the ground/chair.

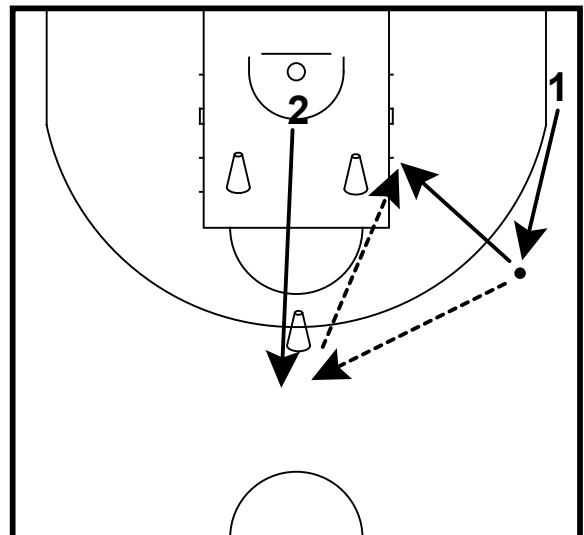
Player 1 Passes to 2 and Cuts to the basket

PASS & CUT



Player 1 Fills the empty spot in the corner. Player 2 Passes to 1 for the shot and Cuts to the basket.

PASS & CUT

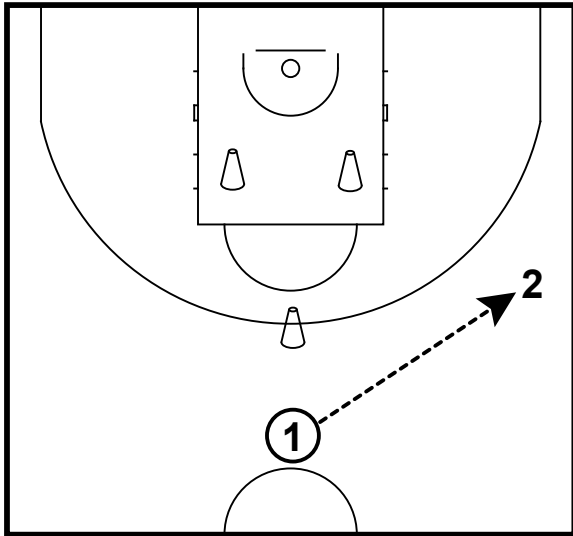


Player 1 , sprints to the 2nd ball, gets in a 3T position . Player 2 Fills the empty spot at the top.

Player 1 Passes and cuts. Player 2 gives the pass inside to 1 for the finish.

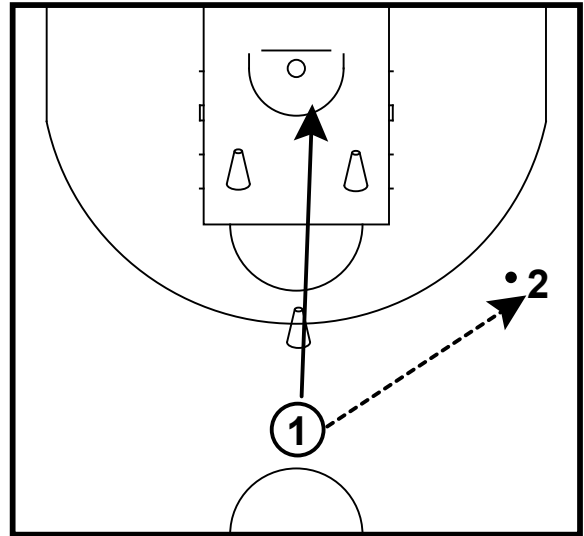
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PASS & CUT + DRIBBLE DRIVE + CIRCLE MOVE



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2.

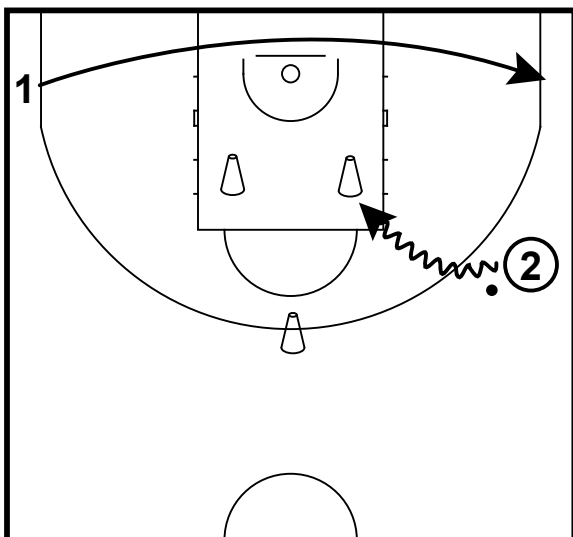
PASS & CUT + DRIBBLE DRIVE + CIRCLE MOVE



Player 2 puts the ball on the ground/chair.

Player 1 Passes to 2 and Cuts to the basket and Fills the empty spot in the opposite corner.

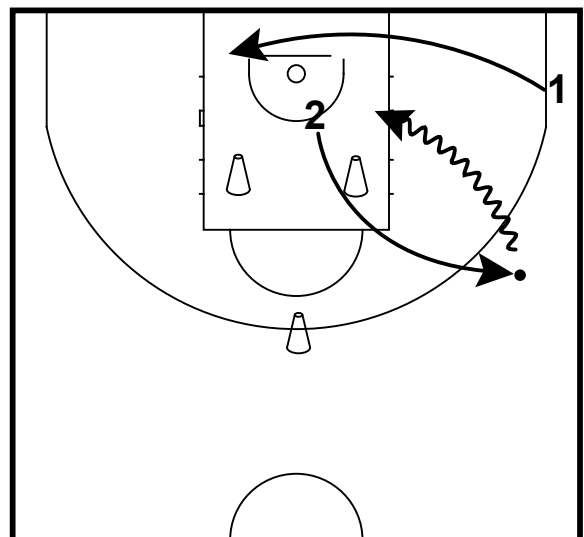
PASS & CUT + DRIBBLE DRIVE + CIRCLE MOVE



Player 2 Dribble Drives elbow and finishes with a pro hop or euro step.

Player 1 Circle Moves to the next spot.

PASS & CUT + DRIBBLE DRIVE + CIRCLE MOVE



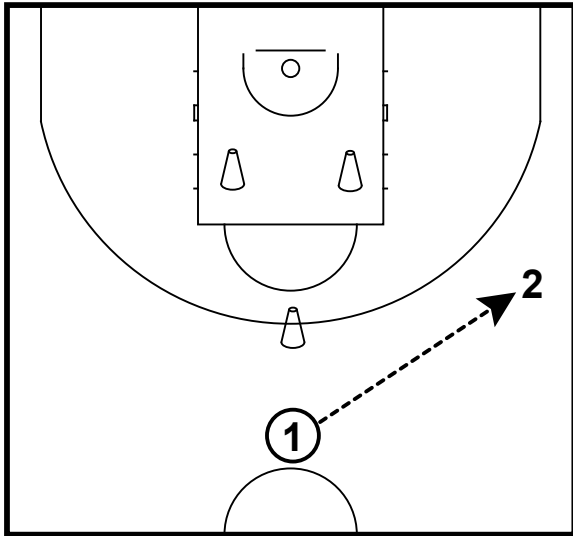
Player 2 , sprints to the 2nd ball, gets in a 3T position and Dribble Drives baseline/elbow, finishing with :

- jump shot
- floater

Player 1 Circle Moves.

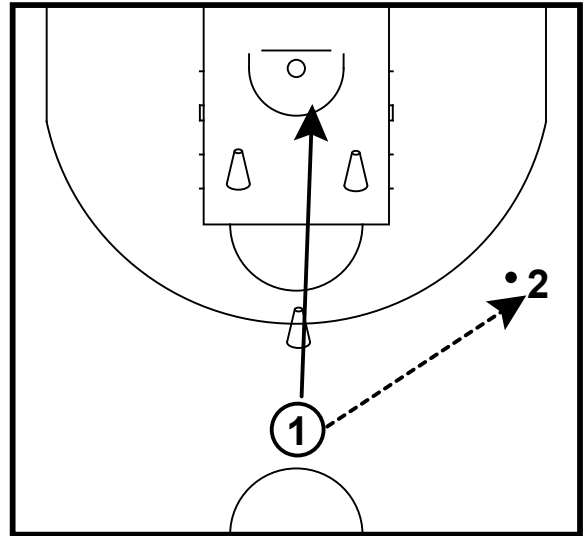
Read & React : 2 Players - 2 Balls Reaction Drills

PASS & CUT + DRIBBLE DRIVE + POST SLIDE



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2.

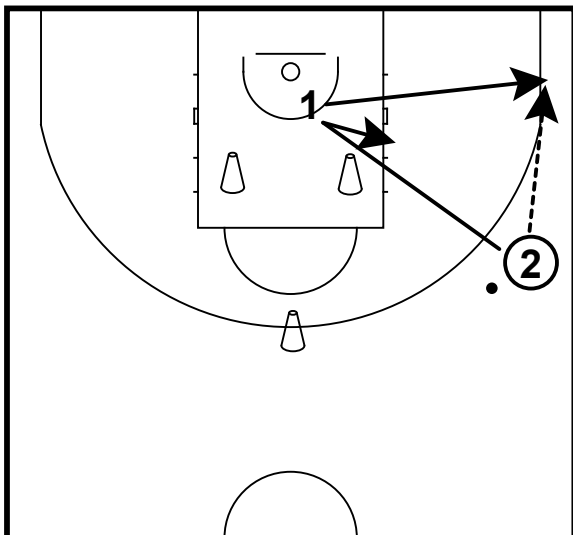
PASS & CUT + DRIBBLE DRIVE + POST SLIDE



Player 2 puts the ball on the ground/chair.

Player 1 Passes to 2 and Cuts to the basket

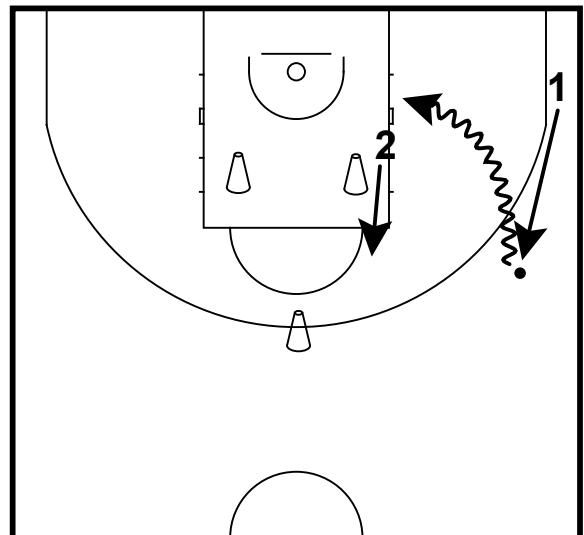
PASS & CUT + DRIBBLE DRIVE + POST SLIDE



Player 1 Fills the empty spot in the corner. Player 2 Passes to 1 for the shot and Cuts to the basket.

After the cut, player to posts up at the mid post

PASS & CUT + DRIBBLE DRIVE + POST SLIDE



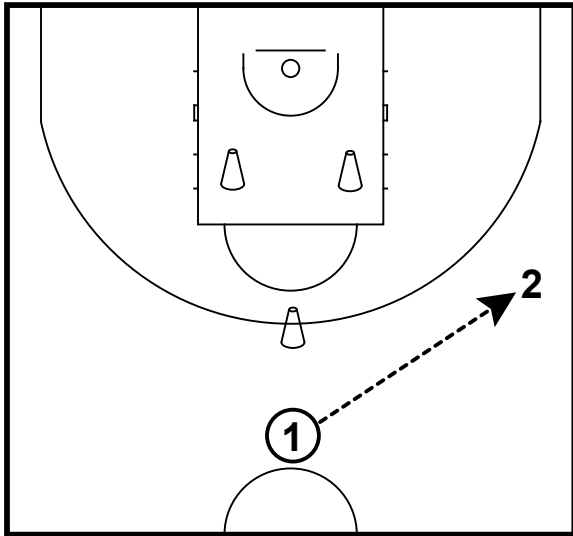
Player 1 , sprints to the 2nd ball, gets in a 3T position and Dribble Drives baseline/elbow, finishing with :

- jump shot
- floater

Player 2 Post Slides.

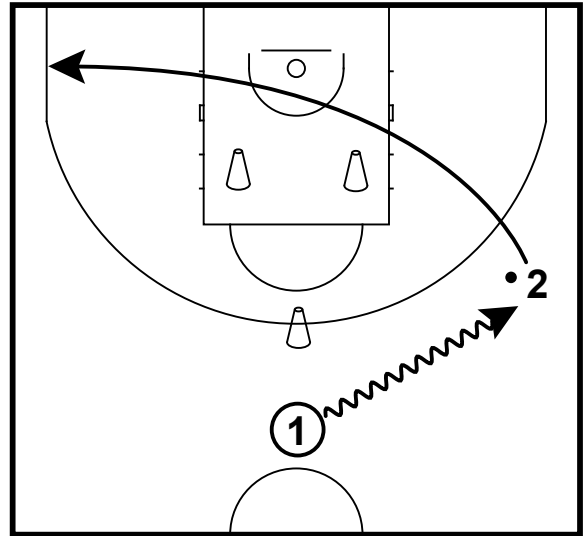
Read & React : 2 Players - 2 Balls Reaction Drills

DRIBBLE AT + DRIBBLE DRIVE + CIRCLE MOVE



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2.

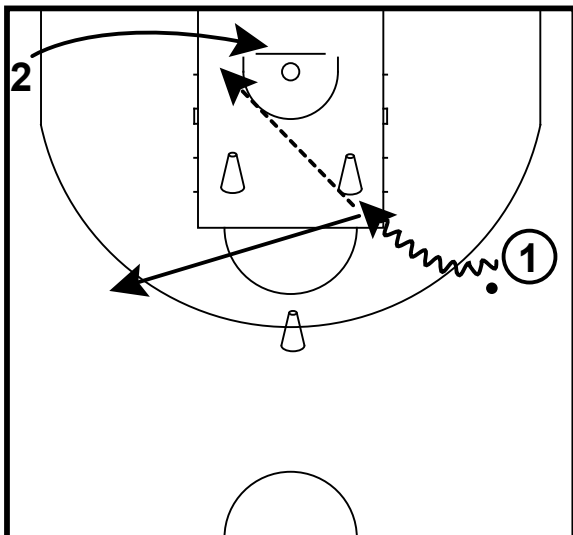
DRIBBLE AT + DRIBBLE DRIVE + CIRCLE MOVE



Player 2 puts the ball on the ground/chair.

Player 1 Dribbles At's to Player 2 who Cuts to the basket and Fills the empty spot in the opposite corner.

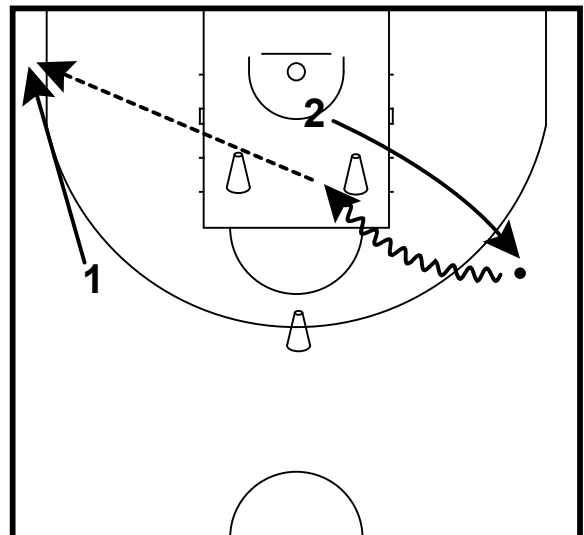
DRIBBLE AT + DRIBBLE DRIVE + CIRCLE MOVE



Player 1 Dribble Drives elbow.
Player 2 Cricle Moves.

Player 1 dishes the pass to the Cutter for the inside finish.

DRIBBLE AT + DRIBBLE DRIVE + CIRCLE MOVE

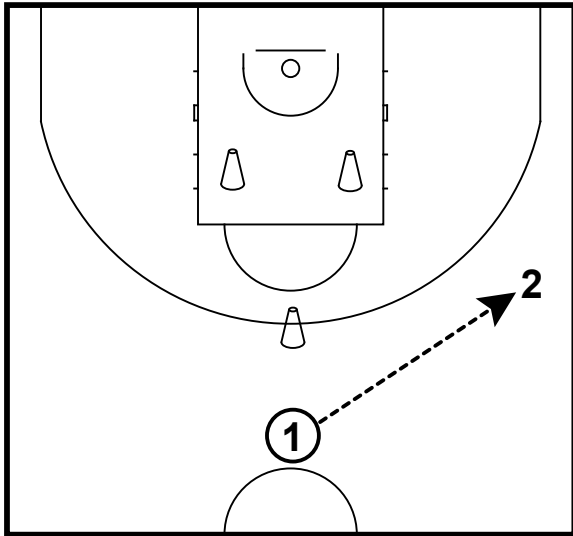


Player 2 , sprints to the 2nd ball, gets in a 3T position and Dribble Drives elbow.

Player 1 Circle Moves to the corner spot for the shot.

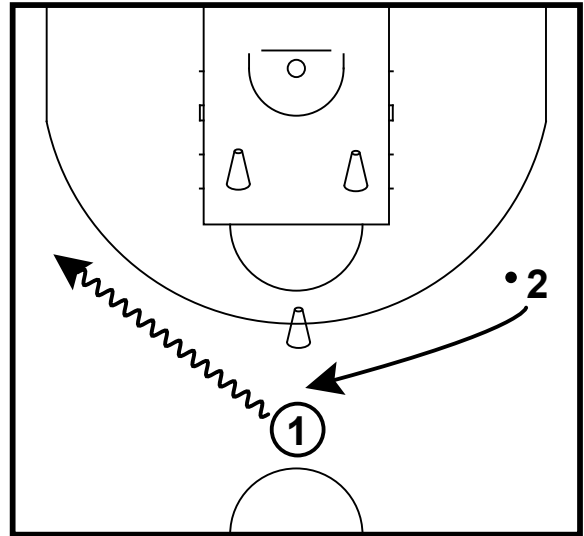
Read & React : 2 Players - 2 Balls Reaction Drills

DRIBBLE AT x 3



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2.

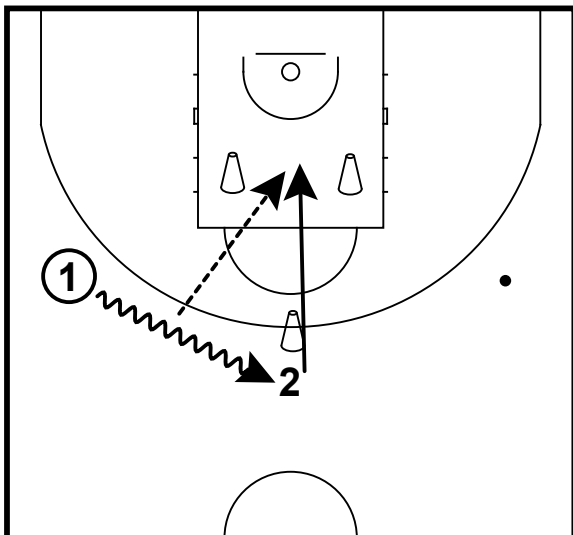
DRIBBLE AT x 3



Player 2 puts the ball on the ground/chair.

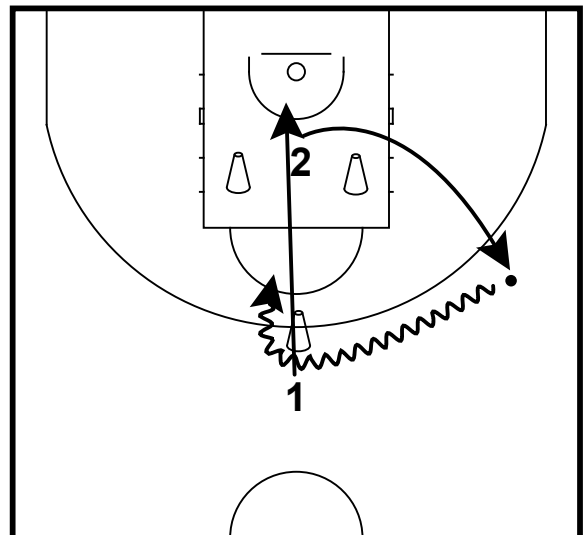
Player 1 Dribbles At's to opposite wing. Player 2 fills the empty spot at the top

DRIBBLE AT x 3



Player 1 reverse the ball with anDribbles At to the top. Player 2 back cuts and get's the pass for the inside finish

DRIBBLE AT x 3

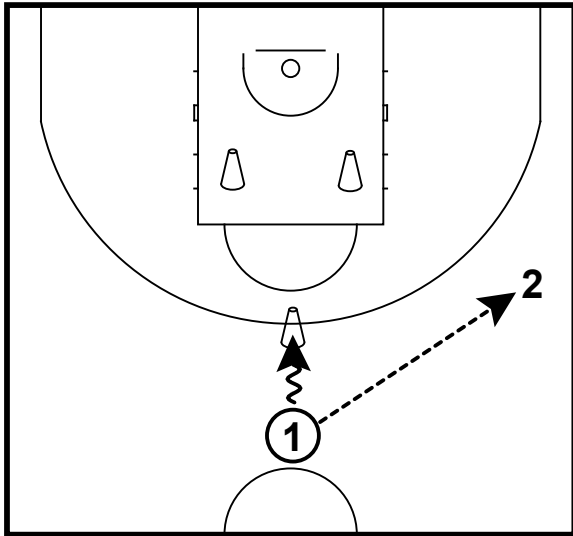


Player 2 sprints to the second ball at the perimeter. He dribble at's to the top. Player 1 basket cuts.

Player 2 turns to corner (slip streaming Player 1) for the shot.

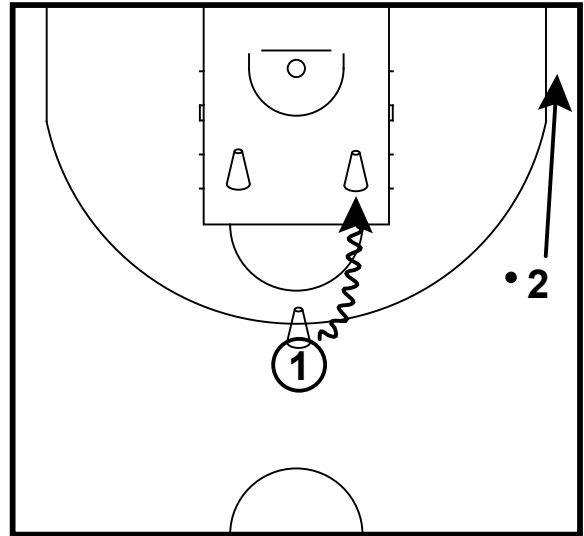
Read & React : 2 Players - 2 Balls Reaction Drills

CIRCLE MOVE



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2 on the wing and attacks the first defender (cone) with a dribble.

CIRCLE MOVE

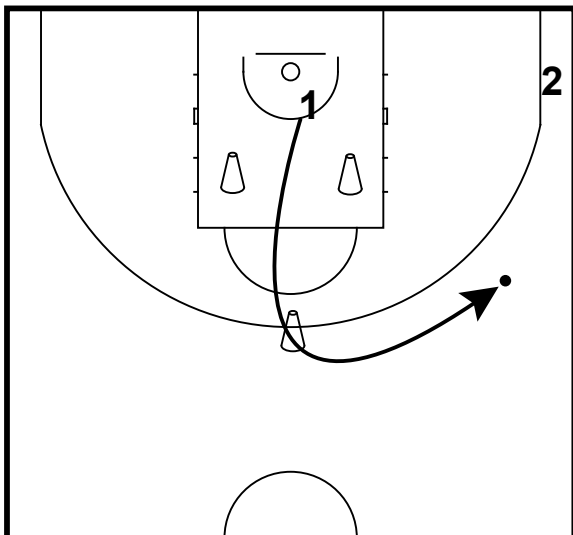


Player 2 puts the ball on the ground/chair.

Player 1 Dribble Drives right and finishes with :
- lay - up - euro step - pro step - pro hop - jump shot

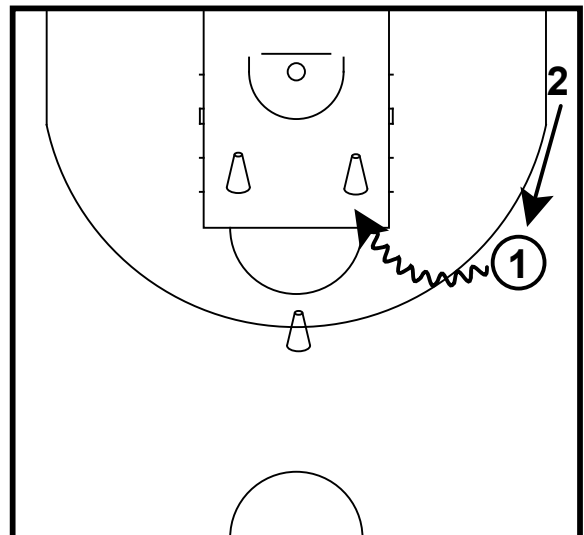
Player 2 Circle Moves to the corner spot

CIRCLE MOVE



Player 1 sprints to the second ball, using one of the cones as a screen

CIRCLE MOVE

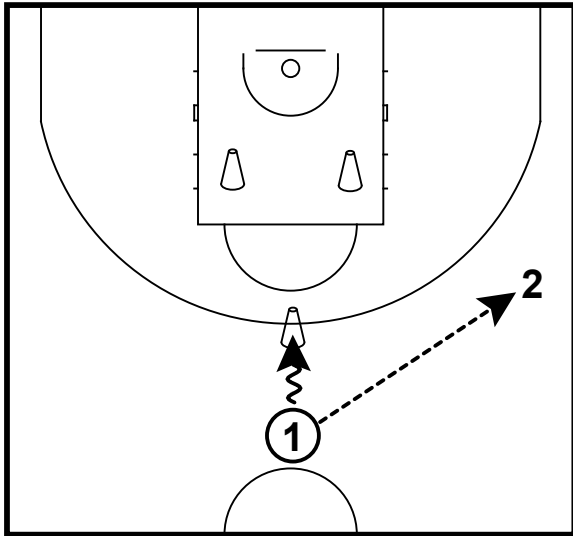


Player 1 gets in a 3T position and Dribbles Drives elbow or baseline, finishing with :
- jump shot
- floater

Player 2 Circle Moves

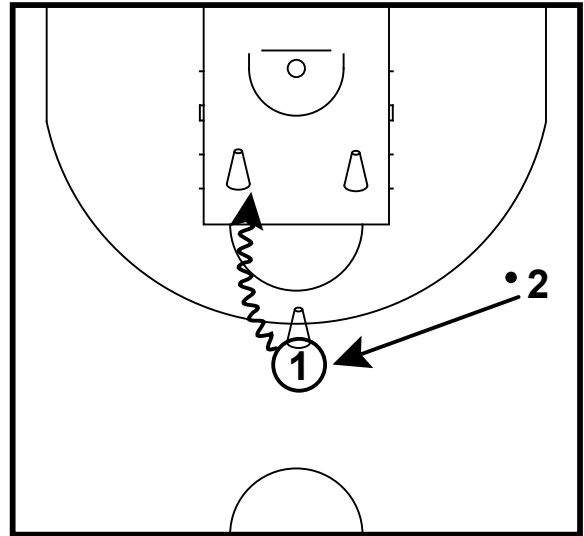
Read & React : 2 Players - 2 Balls Reaction Drills

CIRCLE MOVE 2



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2 on the wing and attacks the first defender (cone) with a dribble.

CIRCLE MOVE 2

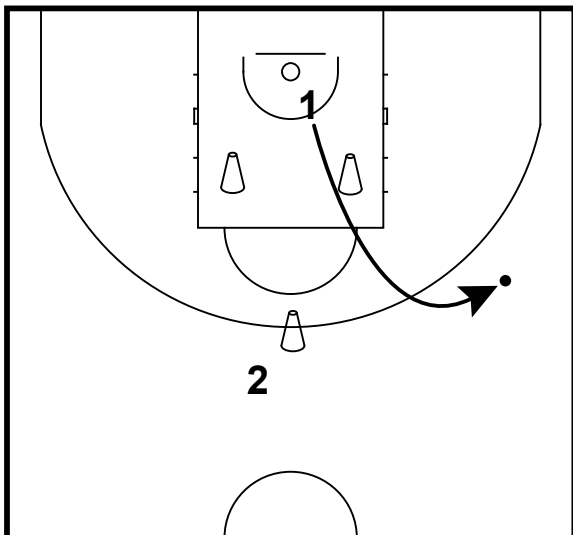


Player 2 puts the ball on the ground/chair.

Player 1 Dribble Drives right and finishes with :
- lay -up - euro step - pro step - pro hop - jump shot

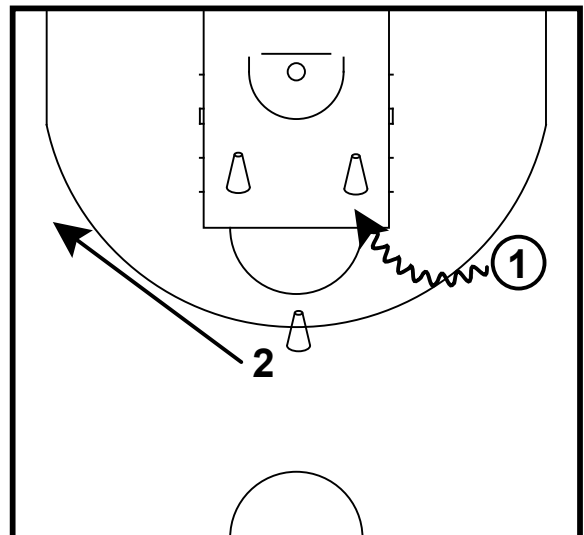
Player 2 Circle Moves to the Safety Valve

CIRCLE MOVE 2



Player 1 sprints to the second ball, using one of the cones as a screen

CIRCLE MOVE 2

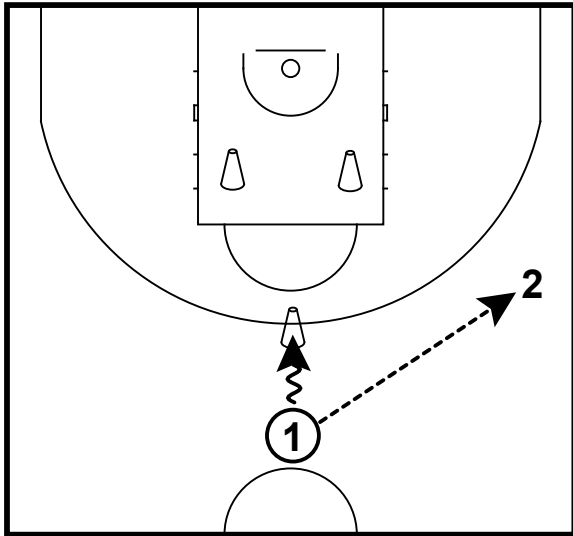


Player 1 gets in a 3T position and Dribbles Drives elbow or baseline, finishing with :
- jump shot
- floater

Player 2 Circle Moves

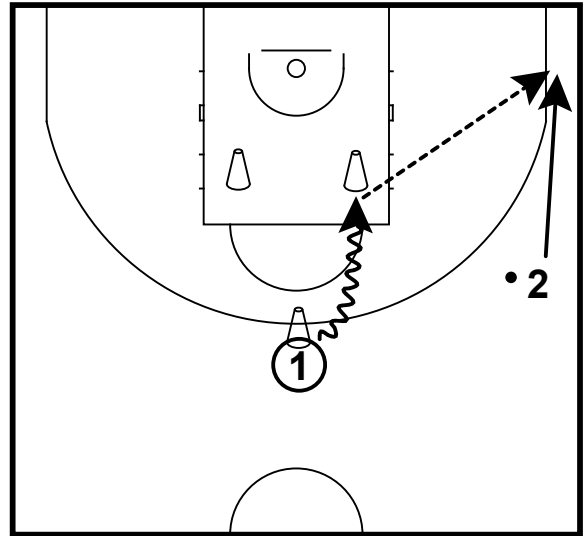
Read & React : 2 Players - 2 Balls Reaction Drills

CIRCLE MOVE + POST SLIDE



Player 1 starts with a 2 ball stationary power dribble. He then gives the 1 hand pass to player 2 on the wing and attacks the first defender (cone) with a dribble.

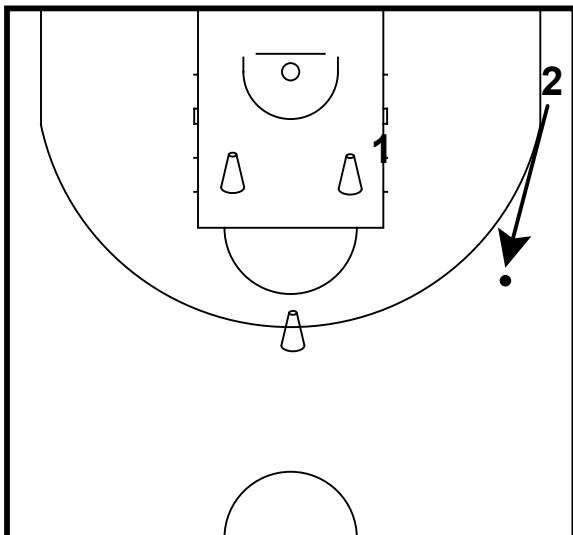
CIRCLE MOVE + POST SLIDE



Player 2 puts the ball on the ground/chair.

Player 1 Dribble Drives right
 Player 2 Circle Moves to the corner spot.
 Player 1 is stopped by help defense and kicks to Player 2 for the shot

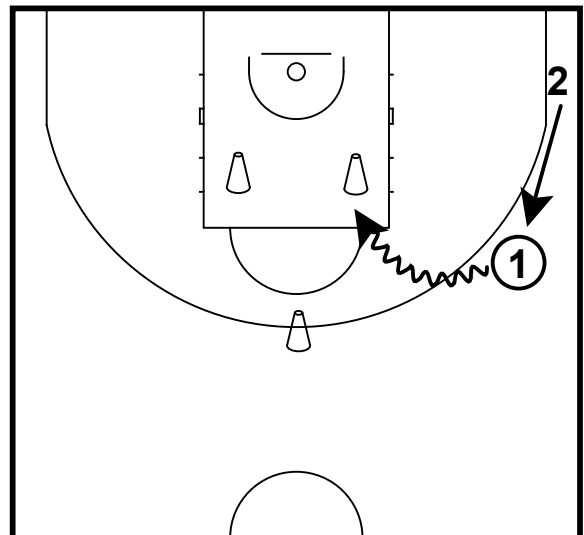
CIRCLE MOVE + POST SLIDE



Player 2 sprints to the ball and picks it up.

Player 1 posts up at the mid post.

CIRCLE MOVE + POST SLIDE



Player 2 gets in a 3T position and Dribbles Drives elbow or baseline, finishing with :

- jump shot
- floater

Player 1 Post Slides