



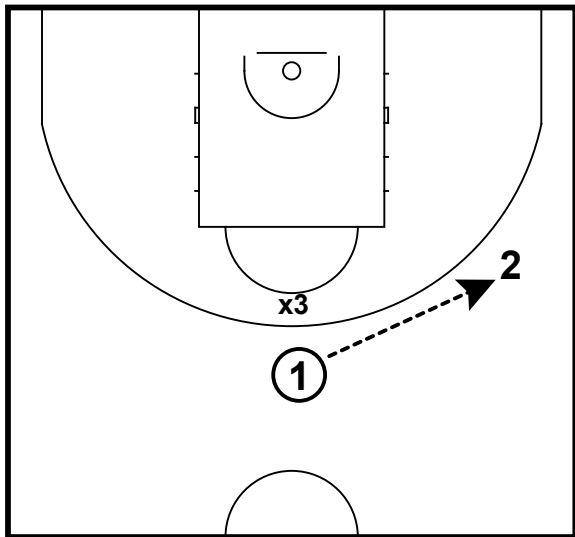
DRILLBOOK

Read & React Reaction Drills

SINGLE SERIES

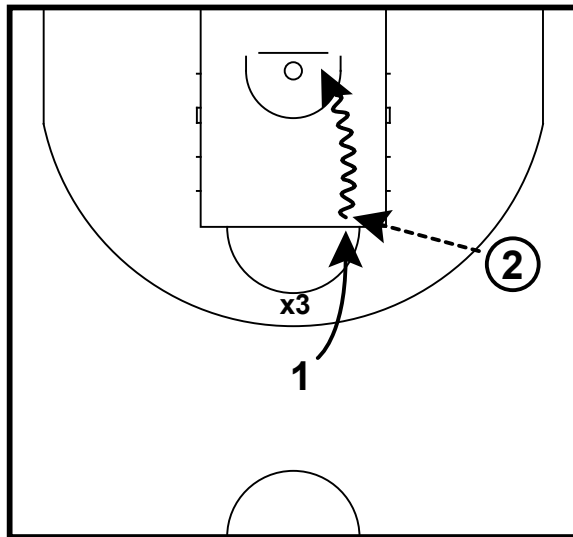
DRILL 1 : PASS & CUT - FRONT CUT

Frame 1



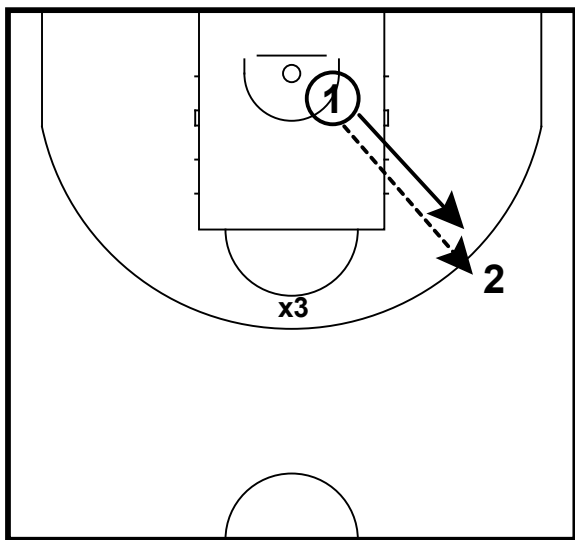
1 passes one spot away to 2
x3 does not move

Frame 2



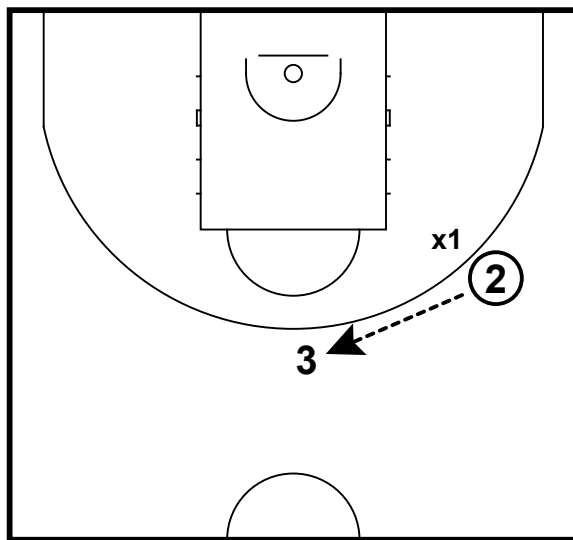
1 FRONT cuts, receives a return pass from 2 and finishes inside

Frame 3



x3 replaces 1 as an offensive player
1 rebounds, then takes the ball to the wing player and 1 becomes defender

Frame 4

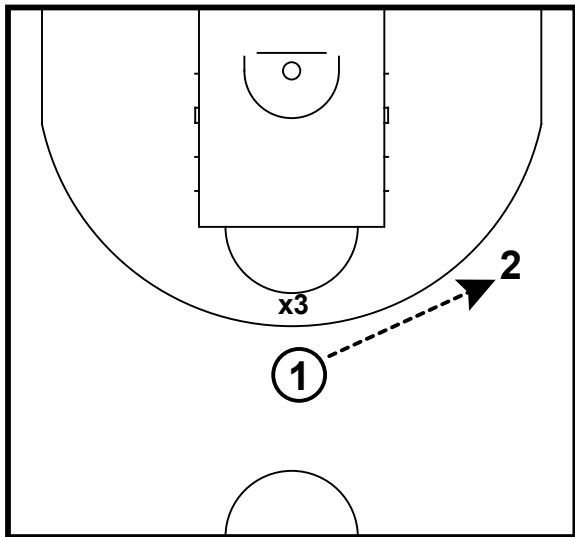


2 starts the drill by passing to 3
x1 does not move
2 FRONT CUTS, receives a return pass from 3 and finishes inside

SINGLE SERIES

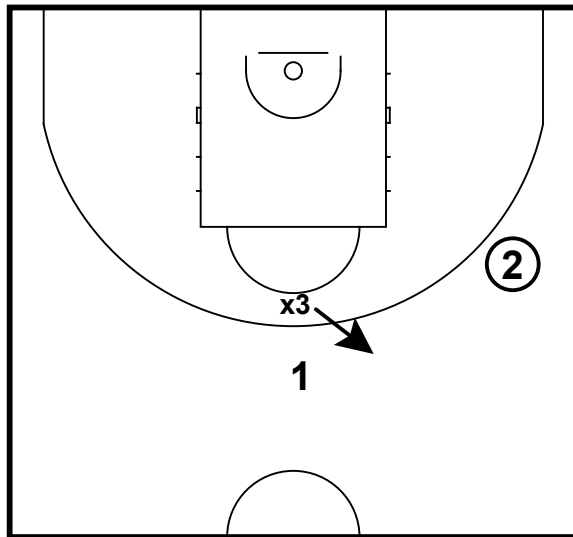
DRILL 2 : PASS & CUT - REAR CUT

Frame 1



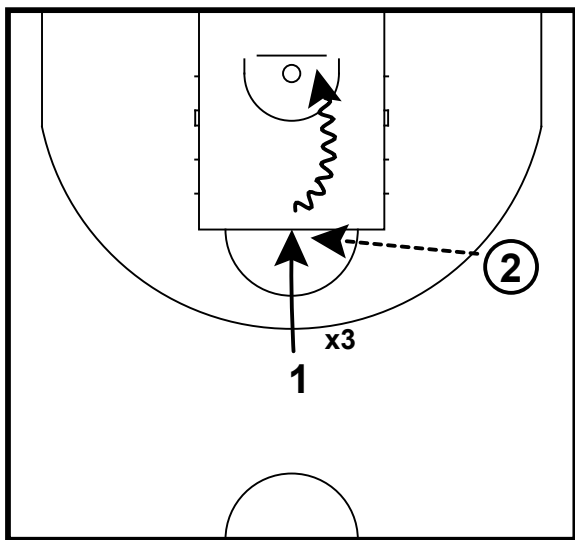
1 passes one spot away to 2

Frame 2



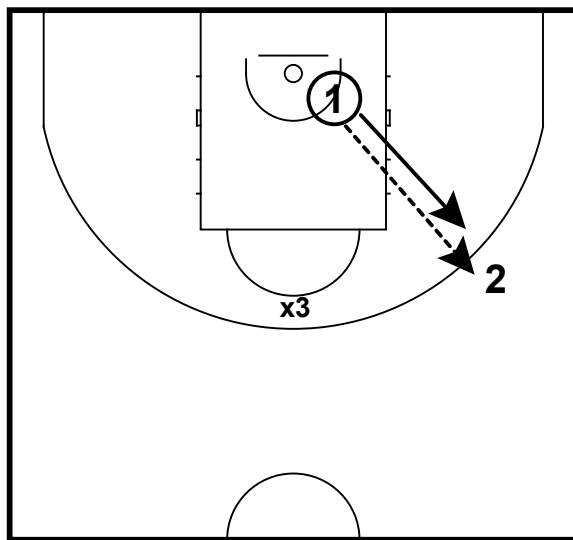
x3 jumps ball-side to deny the return pass

Frame 3



1 REAR cuts, receives a return pass from 2 and finishes inside

Frame 4

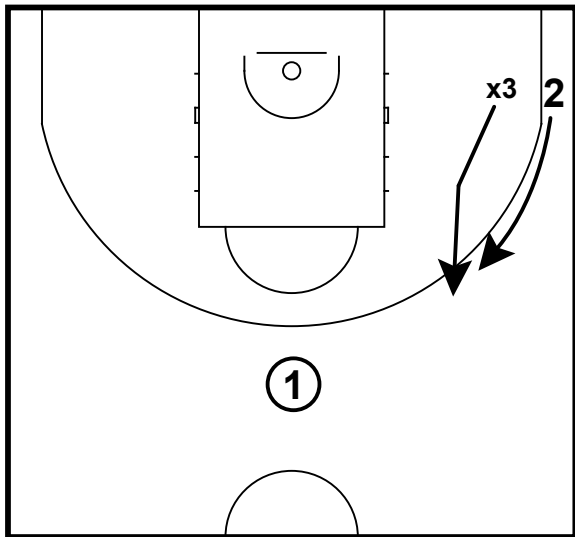


x3 replaces 1 as an offensive player
1 rebounds, then takes the ball to the wing player and 1 becomes defender

SINGLE SERIES

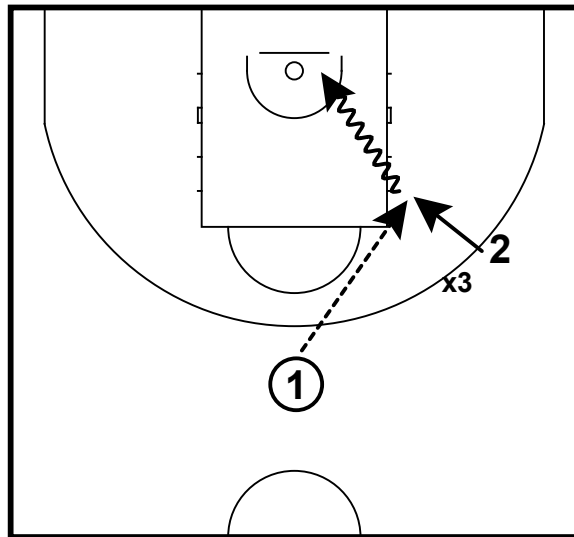
DRILL 3 : PASS & CUT - FILL, READ LINE, CUT

Frame 1



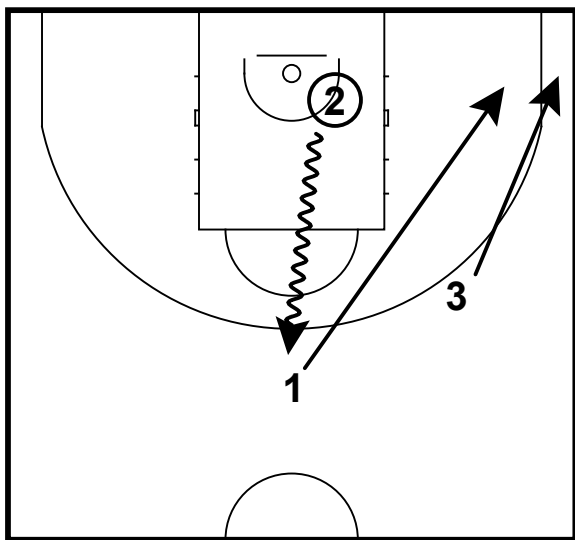
2 fills the empty spot on the wing
x3 crosses the READ LINE to deny the pass from 1

Frame 2



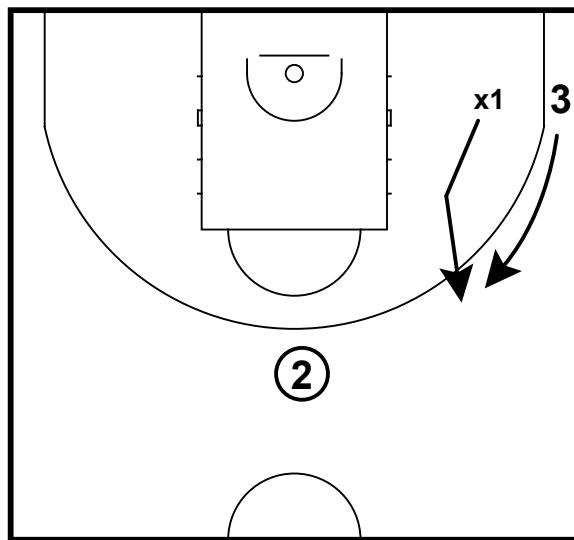
as soon as the defender steps over the READ LINE (but not sooner), 2 backdoor cuts
1 makes the bounce pass as close to the defender's back foot as possible
2 finishes with a lay-up

Frame 3



2 rebounds the shot and becomes passer
1, the passer, becomes defender
3, the defender, becomes the cutter

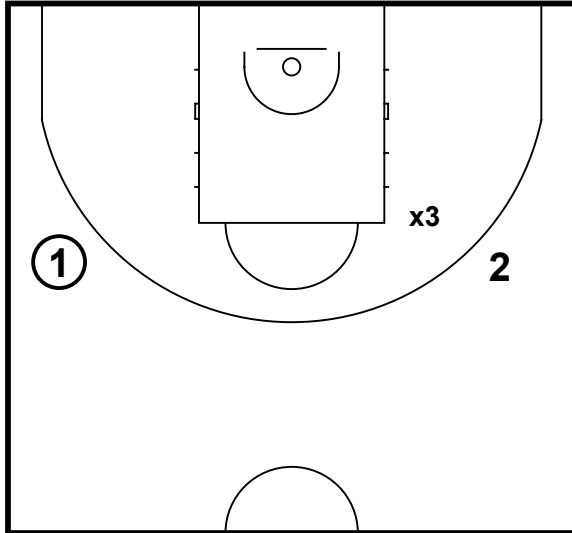
Frame 4



SINGLE SERIES

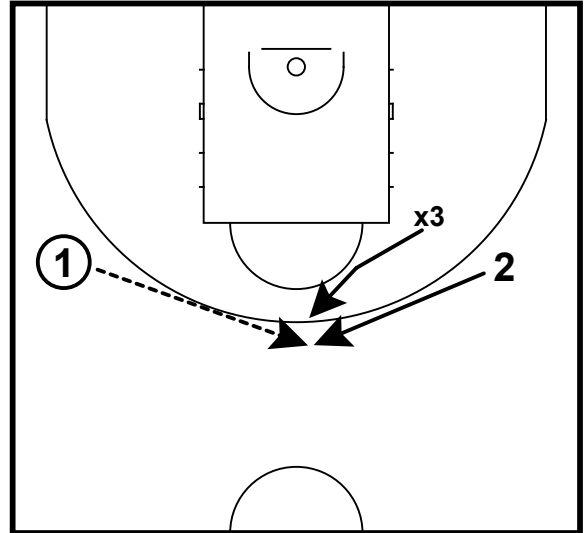
DRILL 4 : PASS & CUT - FILL, SWEEP & GO

Frame 1



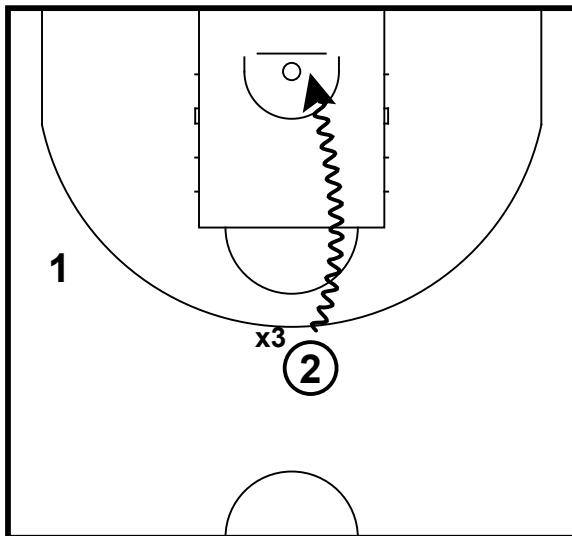
2 needs to FILL the empty spot at the top of the key

Frame 2



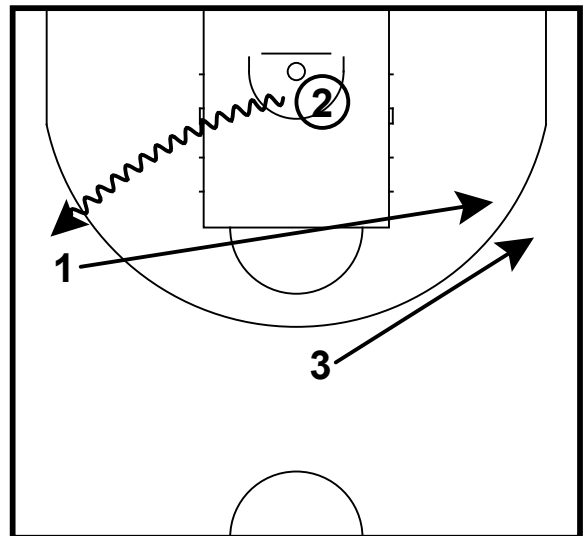
2 FILLS the spot and receives the pass from 1
x3 does not step over the READ LINE as 2 fills the spot

Frame 3



x3 attempts to deflect the pass, but arrives a split second to late and so x3 is in an overplay position
2 catches the pass, sweeps low or rips high and attacks the basket to score

Frame 4

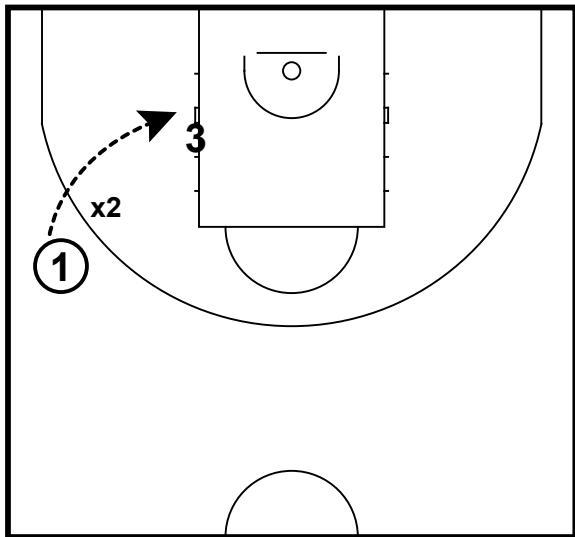


2, the shooter, becomes the passer
1, the passer, becomes the defender
3, the defender, becomes the shooter

SINGLE SERIES

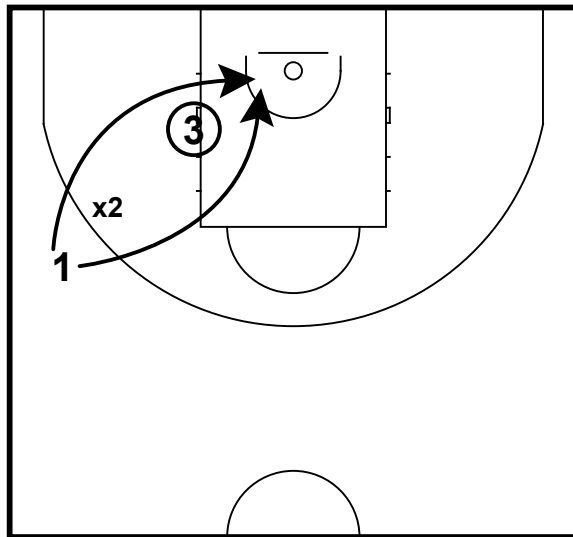
DRILL 5 : FEED THE POST & CUT - LAKERS CUT

Frame 1



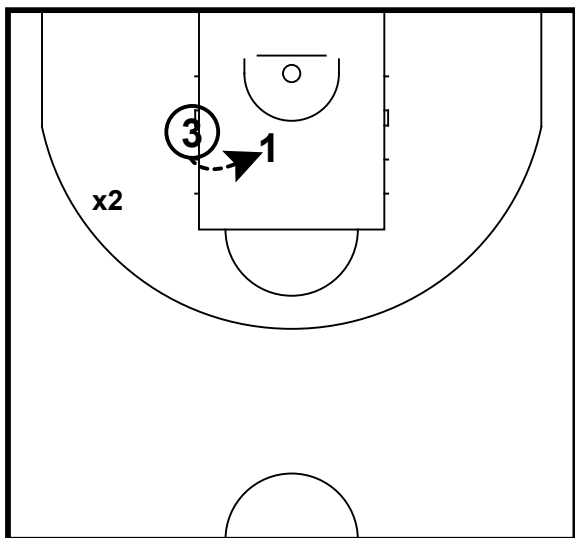
1 feeds 3 in the POST

Frame 2



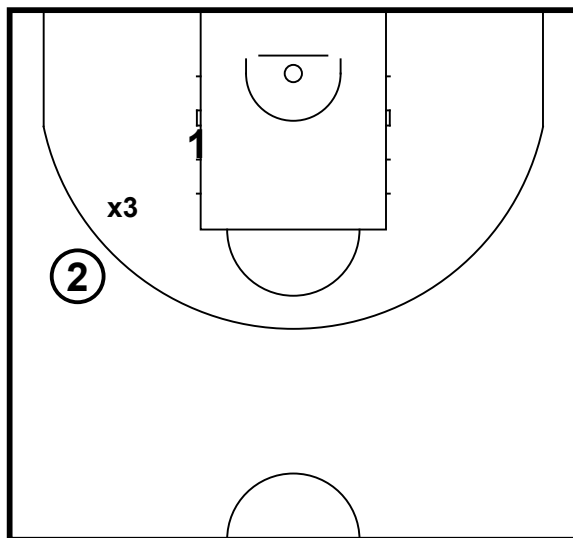
1 chooses to LAKER CUT LOW or HIGH

Frame 3



3 bounce passes to 1 for the lay-up

Frame 4

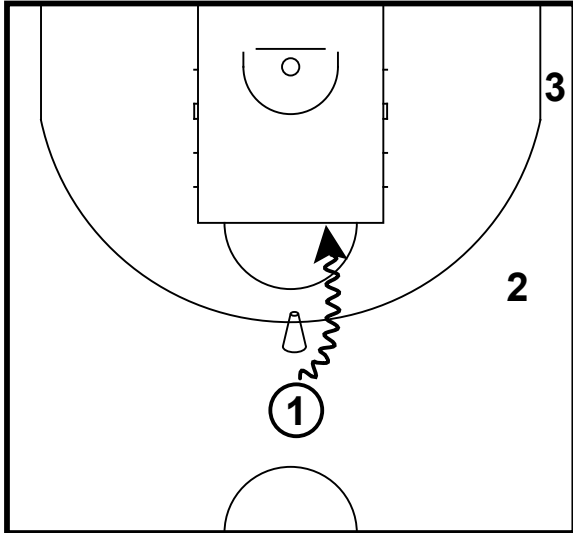


1 becomes the POST
2 to perimeter offense
3 to perimeter defense

SINGLE SERIES

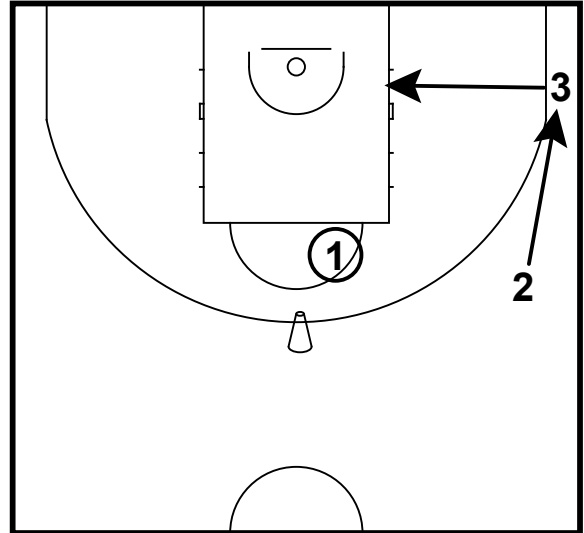
DRILL 08 : CIRCLE MOVE - PITCH OR DISH

Frame 1



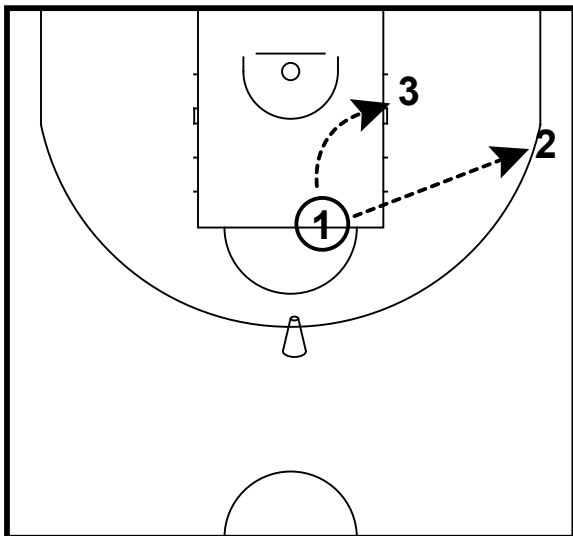
1 drives NORTH/SOUTH right around an imaginary defender

Frame 2



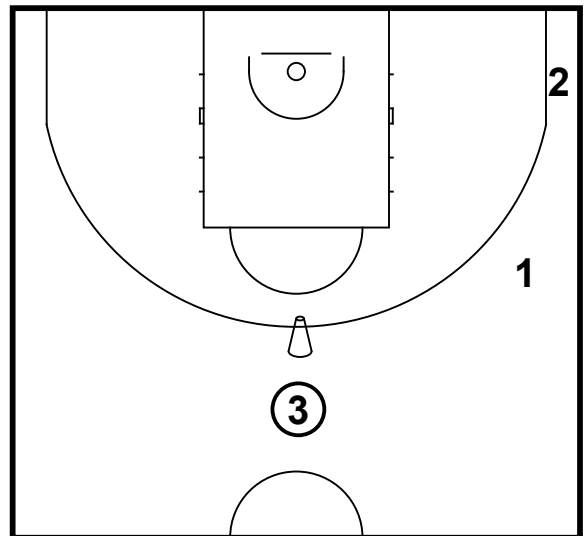
2 and 3 circle move to the right

Frame 3



1 chooses the PITCH to 2 for the shot or the DISH to 3 for the lay-up

Frame 4

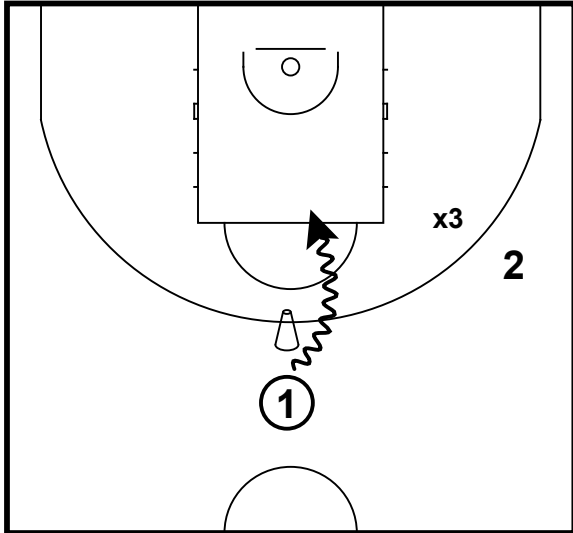


2 stays in the corner
1 becomes the wing
3 rebounds and starts the drill as the penetrator

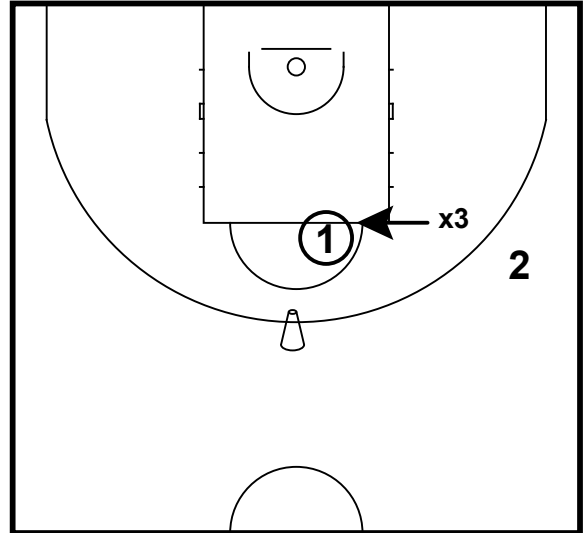
SINGLE SERIES

DRILL 7 : CIRCLE MOVE - NATURAL PITCH

Frame 1

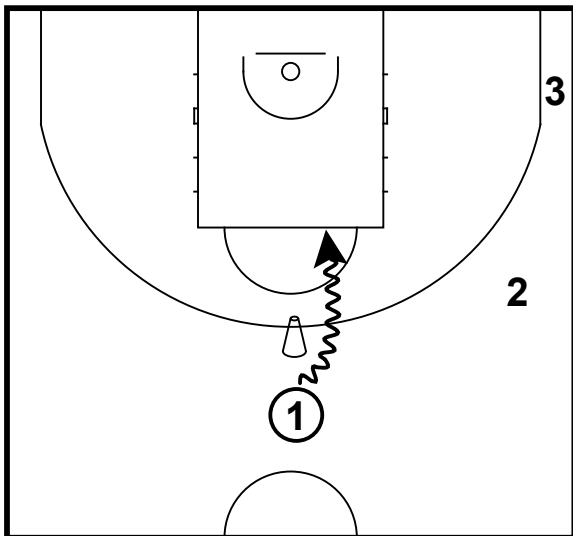


Frame 2

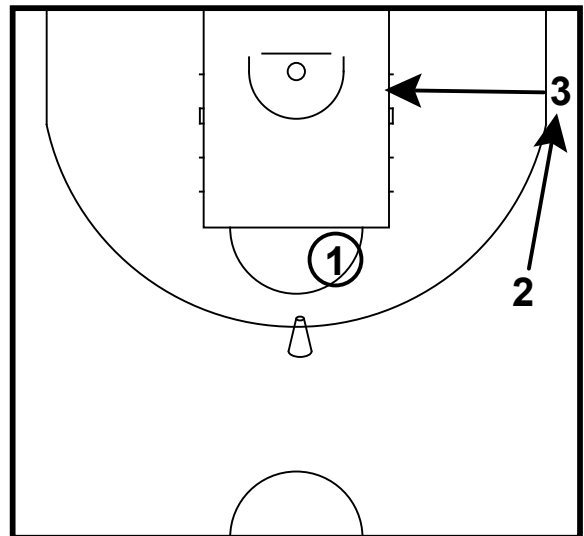


1 drives NORTH/SOUTH right around an imaginary defender

Frame 1



Frame 2



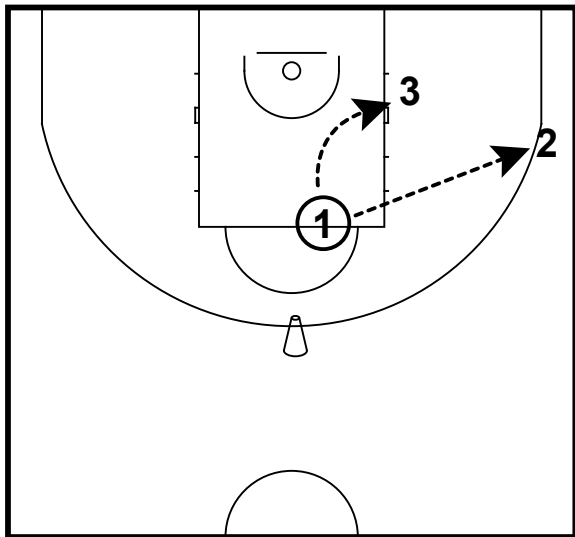
1 drives NORTH/SOUTH right around an imaginary defender

2 and 3 circle move to the right

SINGLE SERIES

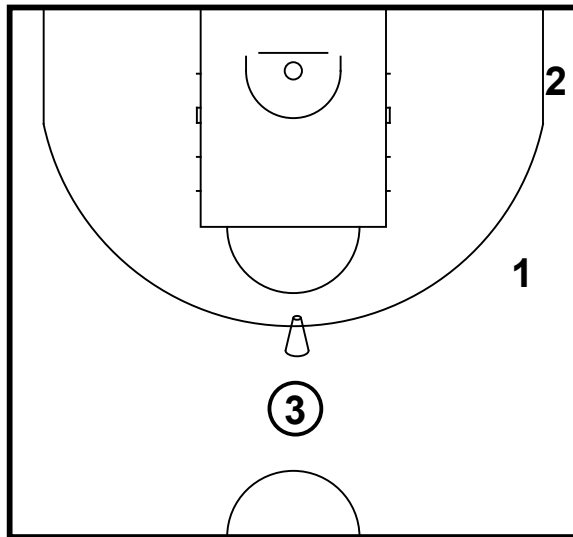
DRILL 08 : CIRCLE MOVE - PITCH OR DISH

Frame 3



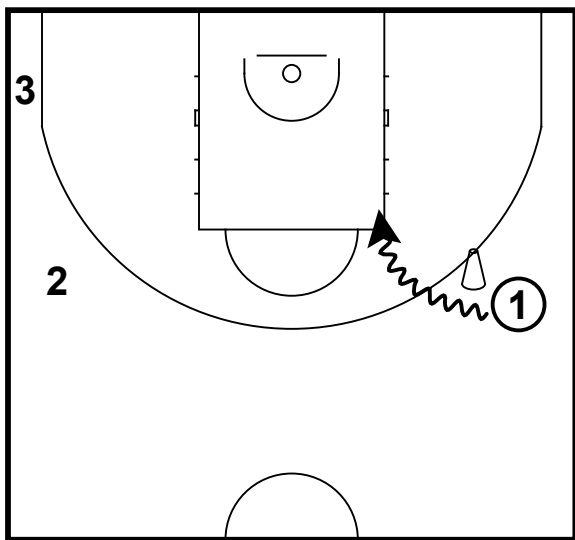
1 chooses the PITCH to 2 for the shot or the DISH to 3 for the lay-up

Frame 4



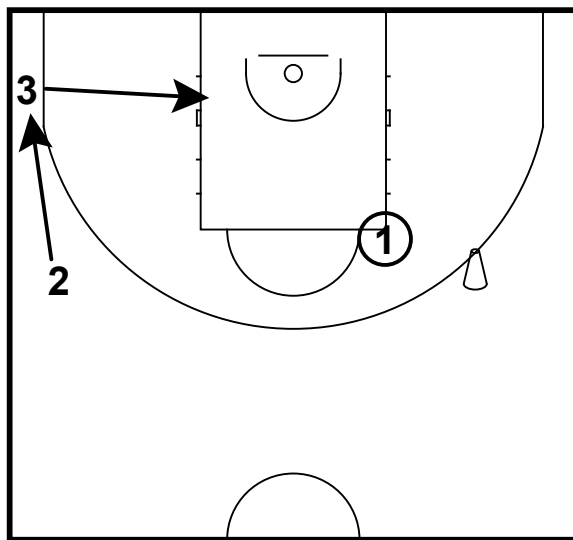
2 stays in the corner
1 becomes the wing
3 rebounds and starts the drill as the penetrator

Frame 1



1 drives NORTH/SOUTH left around an imaginary defender

Frame 2

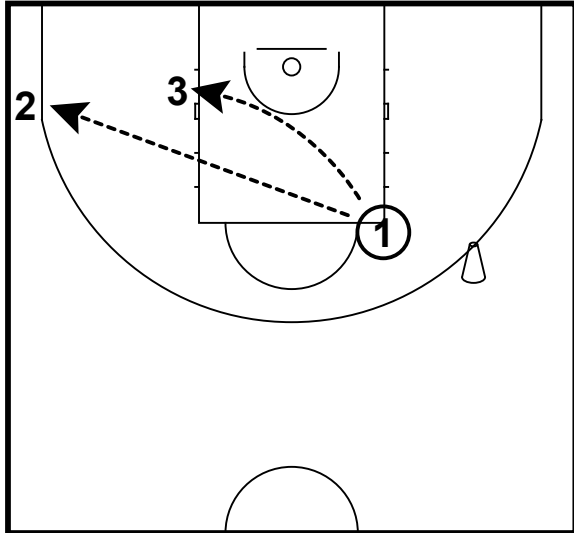


2 and 3 CIRCLE MOVE left

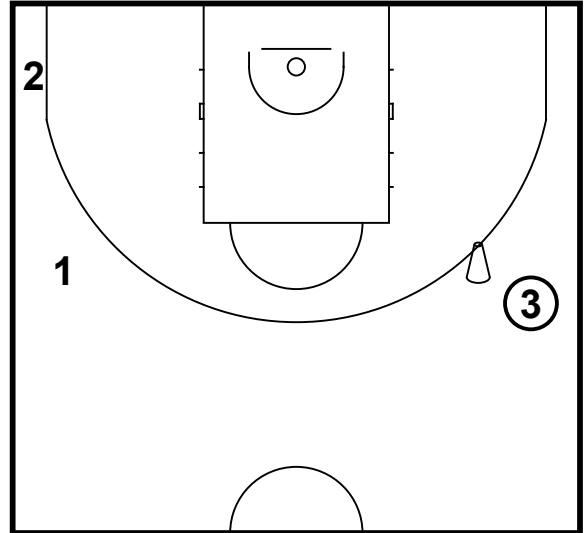
SINGLE SERIES

DRILL 09 : CIRCLE MOVE - PITCH OR DISH CROSS-COURT

Frame 3



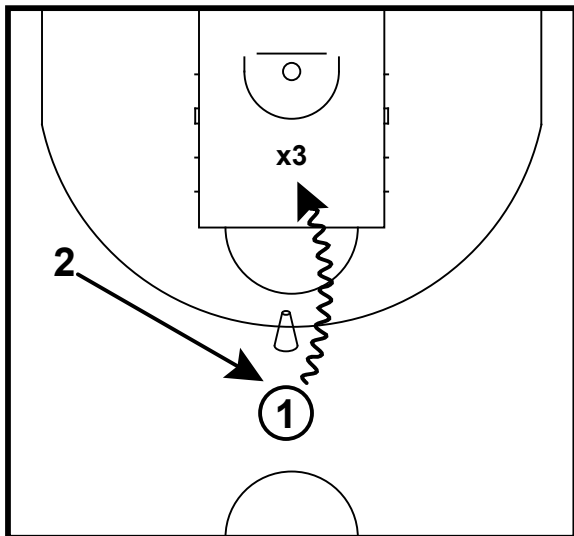
Frame 4



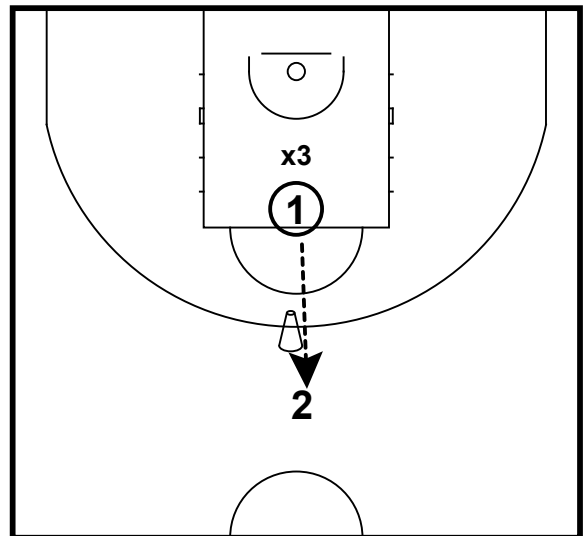
1 chooses the PITCH to 2 for the shot or the DISH to 3 for the lay-up

2 stays in the corner
1 becomes the wing
3 rebounds and starts the drill as the penetrator

Frame 1



Frame 2



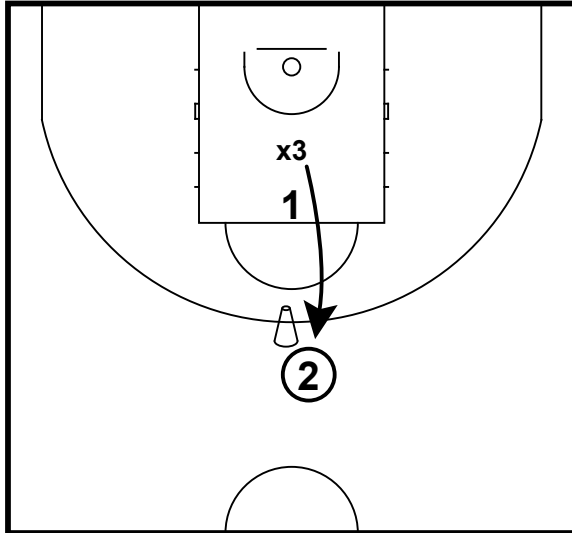
1 drives NORTH/SOUTH right around an imaginary defender
2 circle moves to the SAFETY VALVE

1 REVERSE pivot (sealing x3 behind) and passes to 2 for the shot

SINGLE SERIES

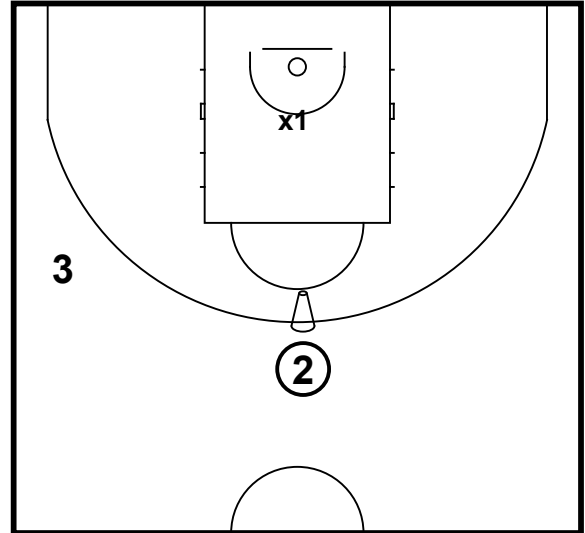
DRILL 10 : CIRCLE MOVE - SAFETY VALVE

Frame 3



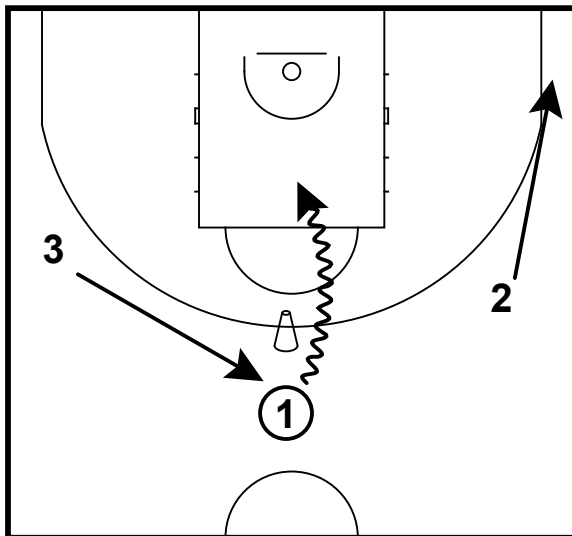
x3 fights over to contest the shot (close ot the shooter)

Frame 4



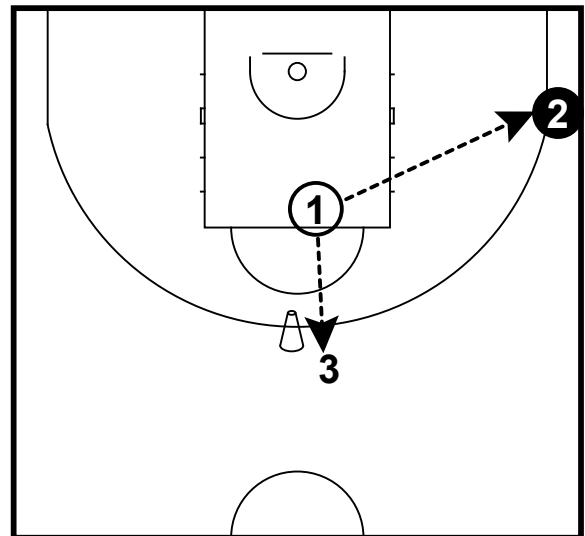
1 stays in the lane and becomes the defender
2 remains at the top of the key to become the penetrator
3 rotates to the wing to become the next shooter

Frame 1



1 RANDOMLY drives NORTH/SOUTH right or left around an imaginary defender
2 and 3 CRICLE MOVE

Frame 2

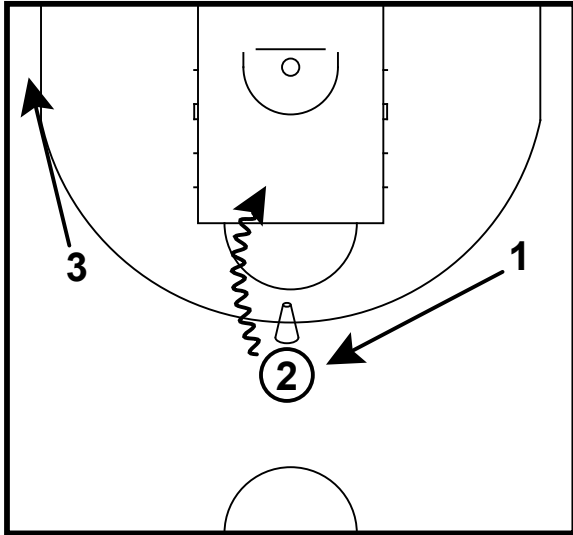


1 chooses to PITCH to 2 for the shot or to REVERSE PIVOT and pass to 3 for the shot
in the diagram, 2 takes the shot

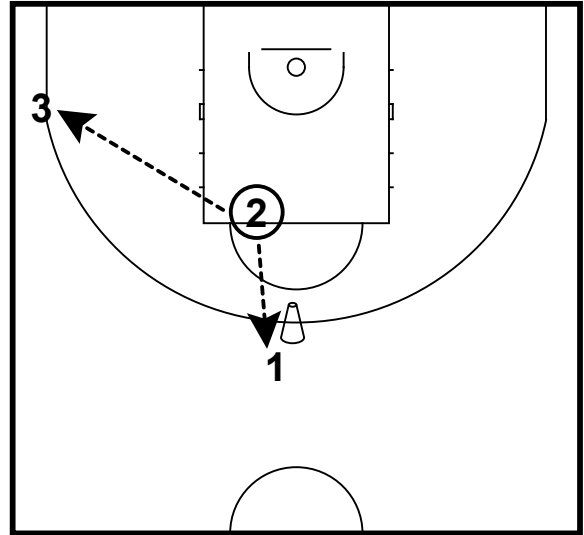
SINGLE SERIES

DRILL 11 : CIRCLE MOVES - NATURAL PITCH OR SAFETY VALVE

Frame 3



Frame 4



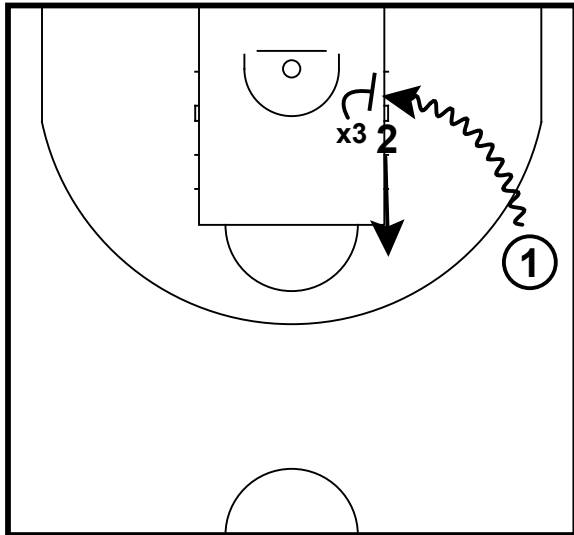
since 2 took the shot, 2 starts at the top as the penetrator
 this will ensure that 2 will not shoot twice in a row
 2 randomly drives NORTH/SOUTH left or right
 3 and 1 CIRCLE MOVE

2 chooses to PITCH to 3 for the shot or to REVERSE PIVOT and
 pass to 1 for the shot

SINGLE SERIES

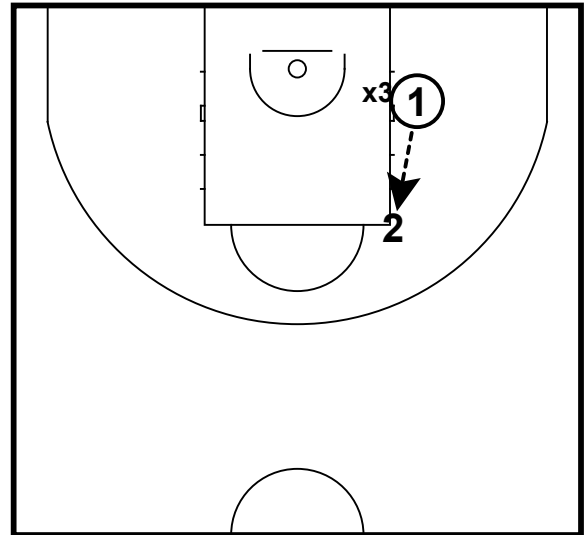
DRILL 12 : BASIC POST SLIDES - BALL-SIDE DRIVE

Frame 1



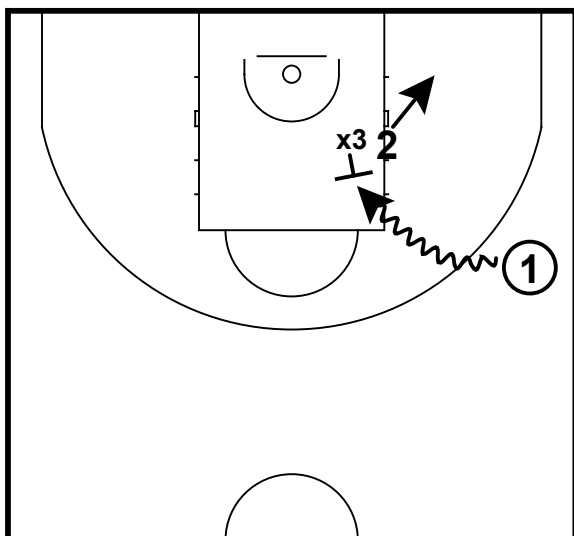
1 drives into the lane BELOW the post
post defender x3 stops the drive
post player 2 SLIDES UP to the elbow

Frame 2



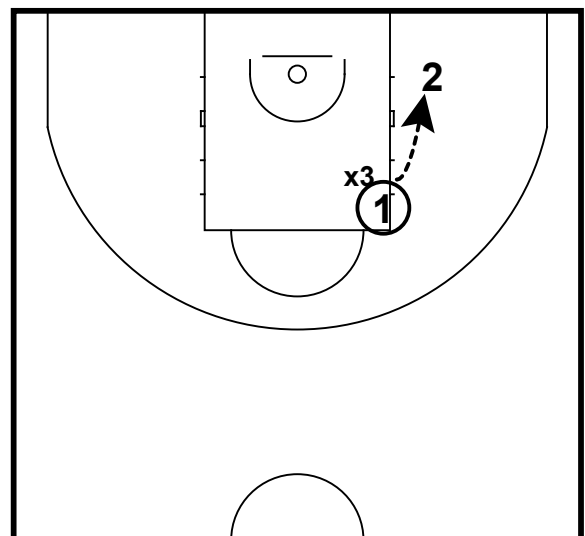
1 passes to 2 for the shot
a close-out from x3 is an optional addition

Frame 3



1 drives into the lane ABOVE the post
post defender x3 stops the drive
post player 2 SLIDES DOWN to the short corner

Frame 4

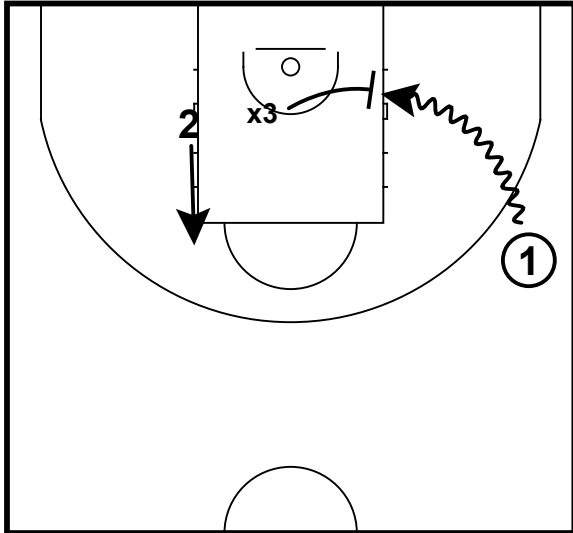


1 DISHES to 2 for the shot

SINGLE SERIES

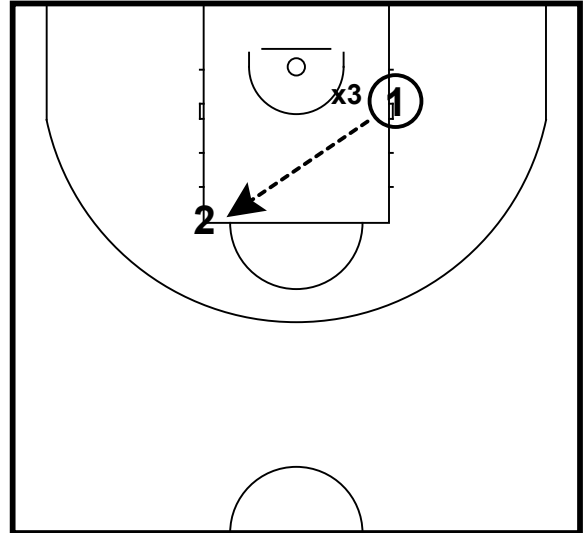
DRILL 13 : BASIC POST SLIDES - WEAK-SIDE DRIVE

Frame 1



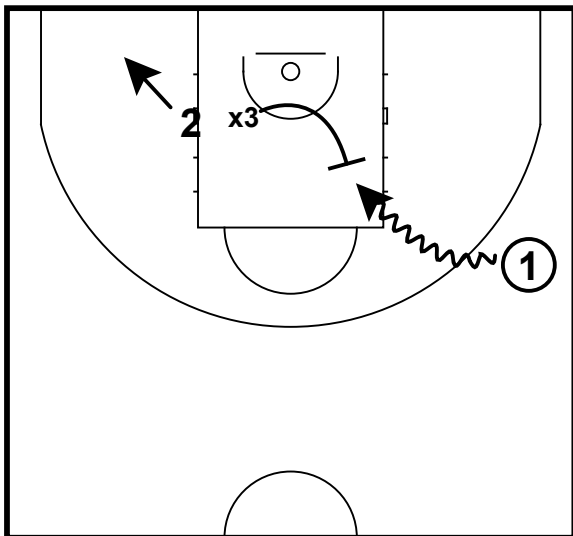
1 drives into the lane BELOW the post
post defender x3 stops the drive
post player 2 SLIDES UP to the elbow

Frame 2



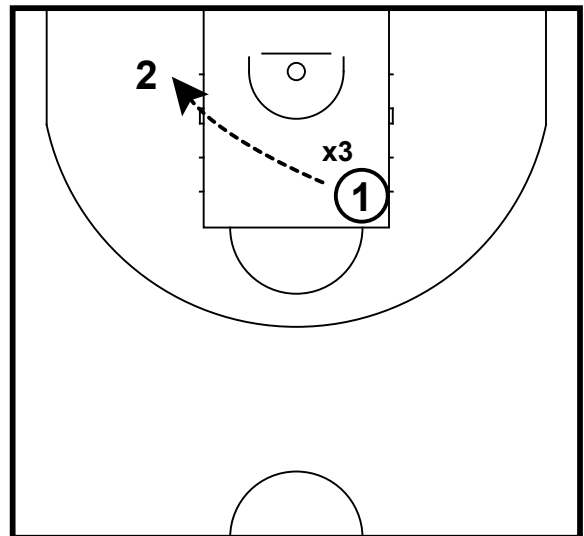
1 passes to 2 for the shot
a close-out from x3 is an optional addition

Frame 3



1 drives into the lane ABOVE the post
post defender x3 stops the drive
post player 2 SLIDES DOWN to the short corner

Frame 4

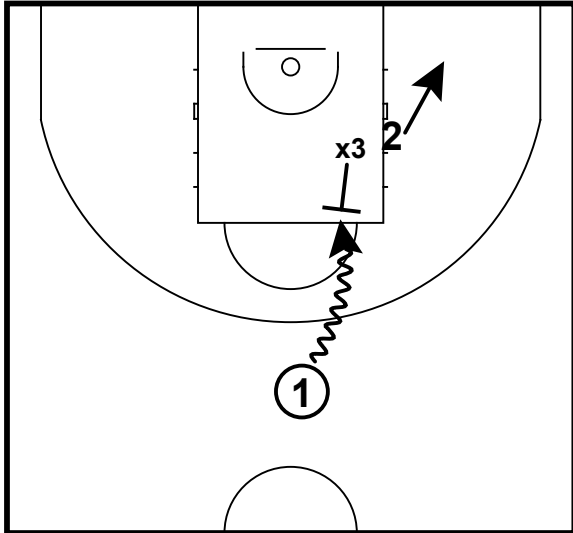


1 DISHES to 2 for the shot

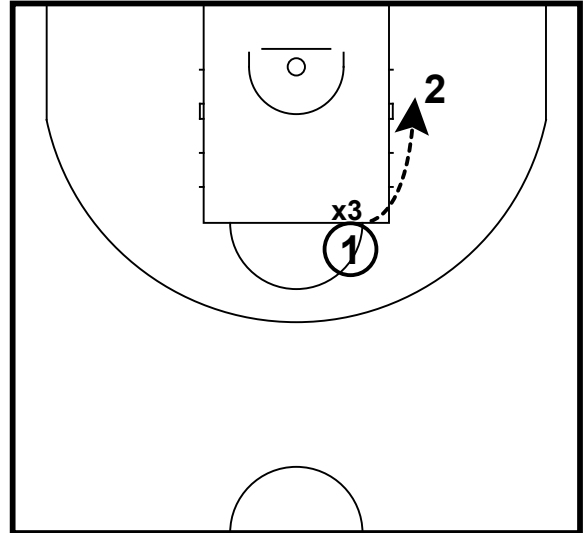
SINGLE SERIES

DRILL 14 : BASIC POST SLIDES - TOP DRIVE

Frame 1



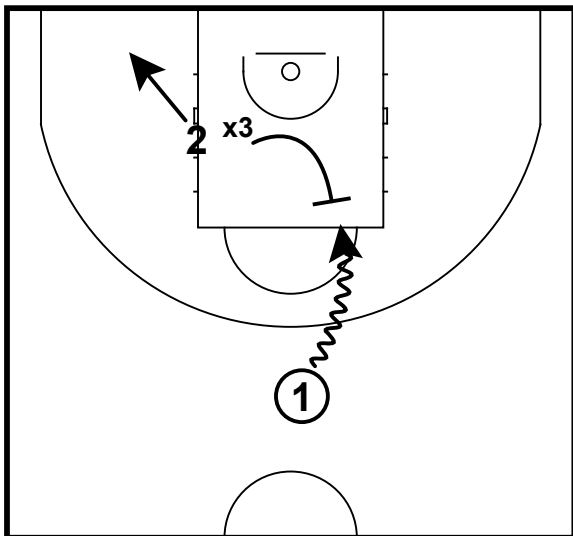
Frame 2



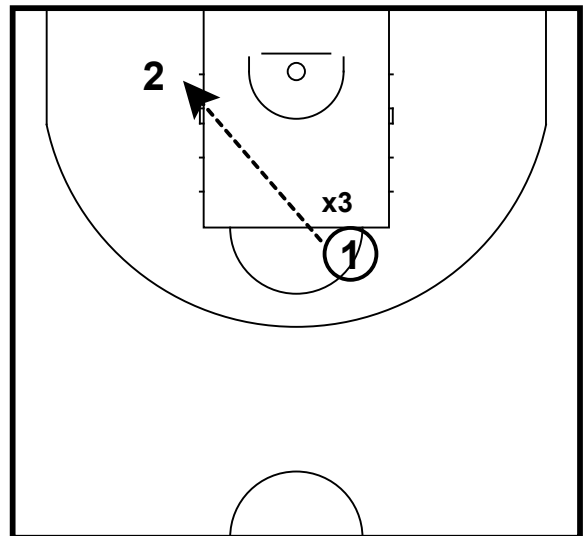
1 drives into the lane ABOVE the post
 post defender x3 stops the drive
 post player 2 SLIDES DOWN to the short corner

1 DISHES to 2 for the shot

Frame 3



Frame 4

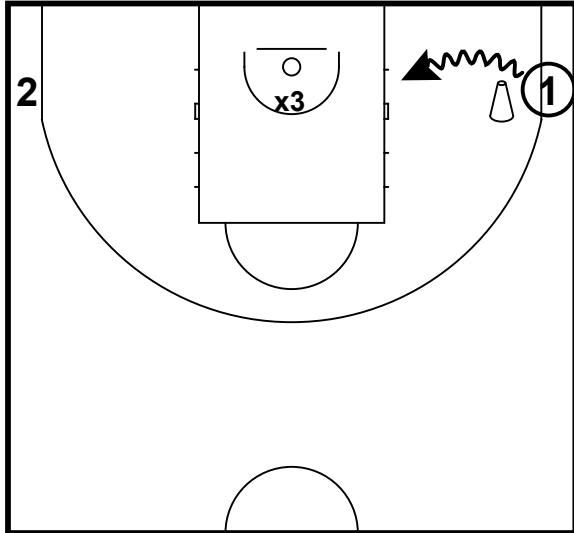


same goes when the spot is located at the other side

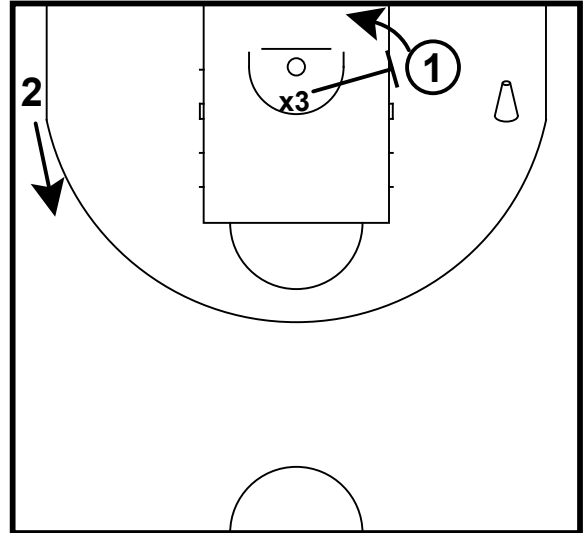
SINGLE SERIES

DRILL 15 : BASELINE DRIVES - CORNER COME BACK

Frame 1



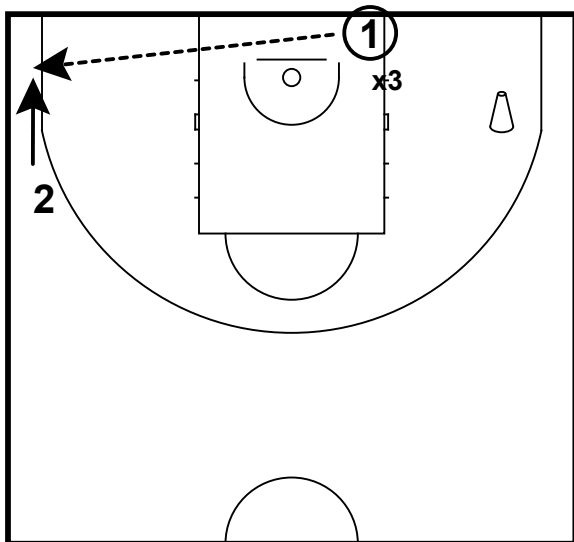
Frame 2



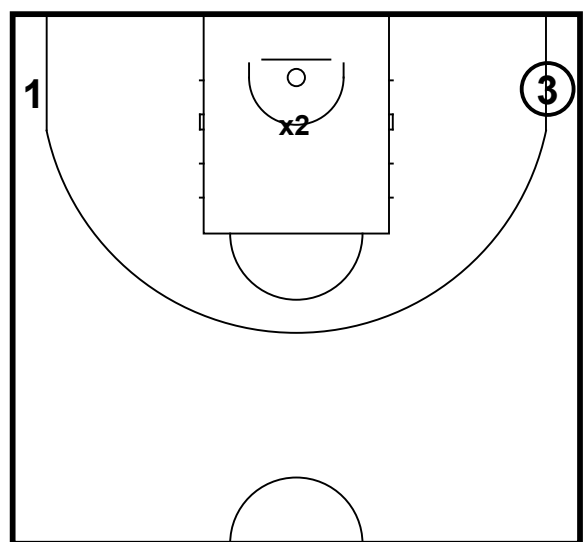
1 drives NORTH/SOUTH baseline around an imaginary defender

by habit, 2 ight staart to cricle move to the wing
 x3 stops the drive (help defense) and attempts to draw the charge
 1 must avoid the charge by shifting toward the baseline

Frame 3



Frame 4



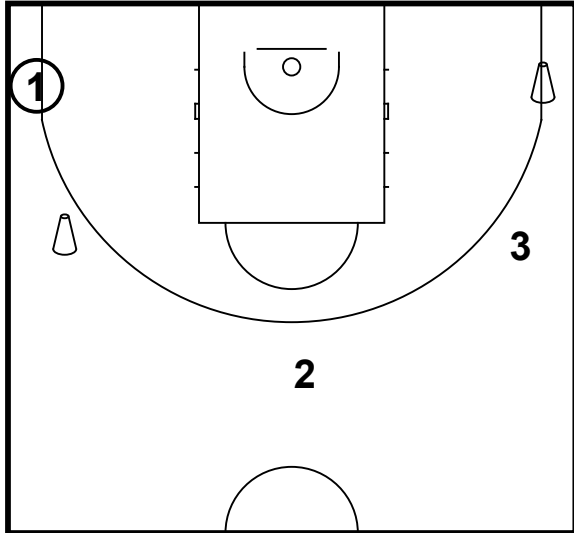
2 must COME BACK to fill the natural pitch
 1 pitches behind the backboard to 2 for the shot
 a close-ot from x3 is an option

1 becomes the next shooter
 2, the shooter, becomes the defender
 3, the defender, becomes the baseline driver

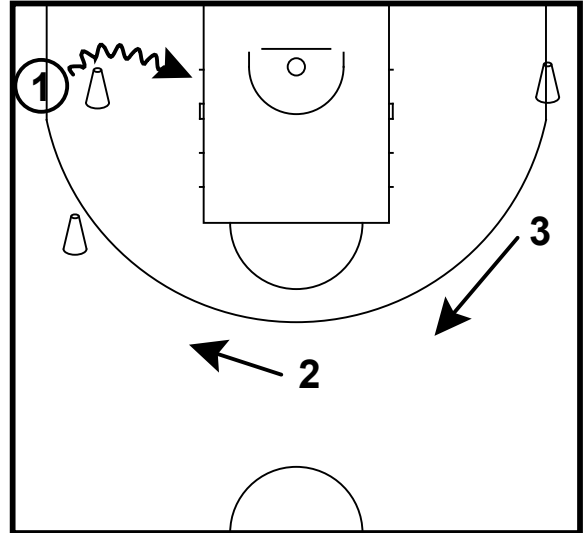
SINGLE SERIES

DRILL 16 : BASELINE DRIVES - 45° OR 90°

Frame 1



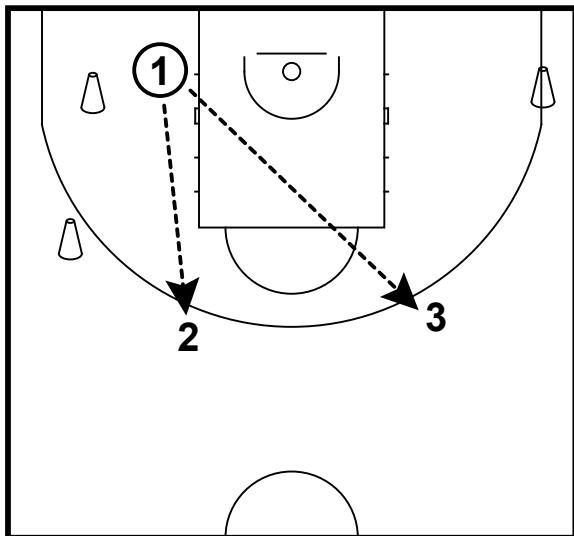
Frame 2



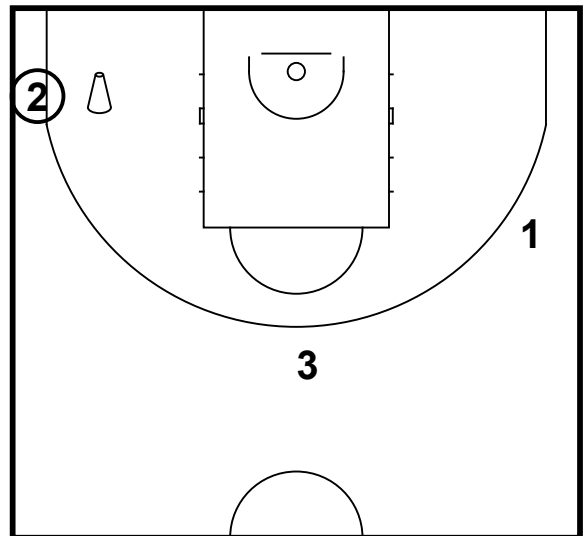
in the diagram, the two cones are imaginary teammates filling otherwise empty spots
this could be a made a 5-player drill by replacing them with a 4 and 5 player

2-1 drives NORTH/SOUTH BASELINE
2 circle moves to the 90° window
3 circle moves to the 45° window

Frame 3



Frame 4



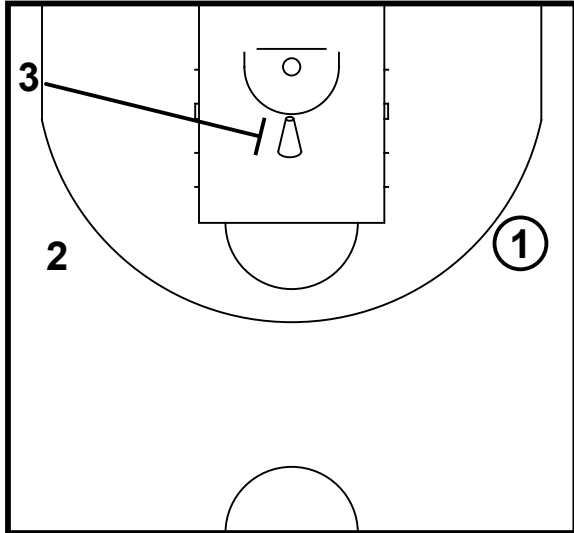
1 chooses to pass to 2 or 3 for the shot

2 becomes penetrator
3 rotates to the top of the key
1 rotates to the wing

SINGLE SERIES

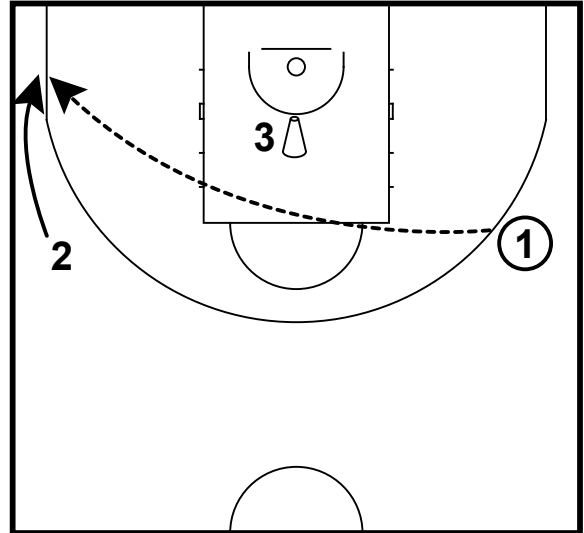
DRILL 17 : PIN & SKIP

Frame 1



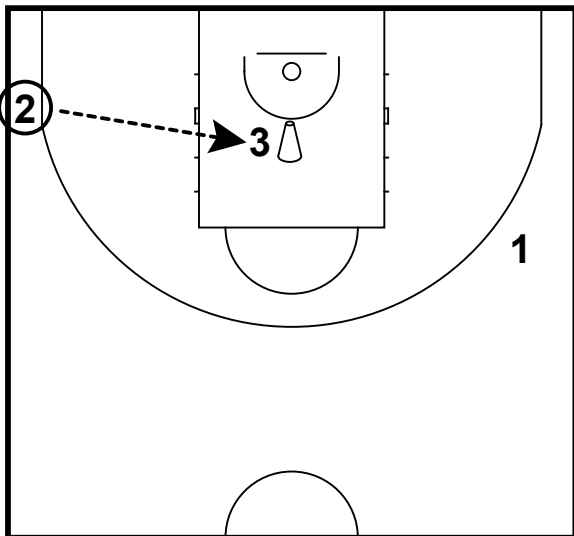
3 sets a PIN SCREEN on help side defender (cone)

Frame 2



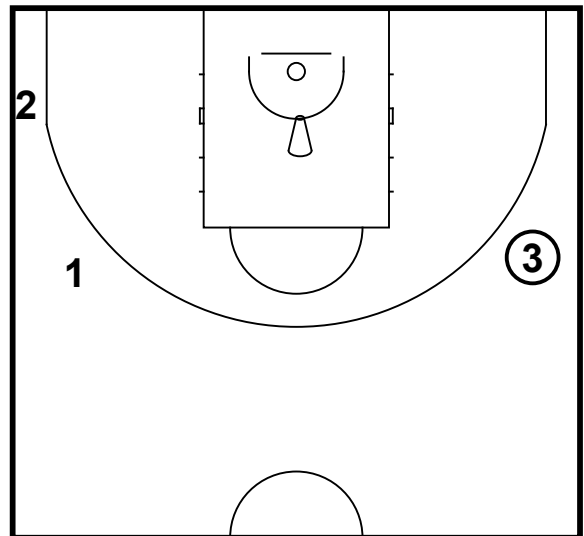
2 slides to the corner to align the screen with the ball
1 makes the SKIP PASS to 2

Frame 3



either : 2 catches and SHOOTS
or : 2 catches and FEEDS 3 sealing 4 in the post

Frame 4

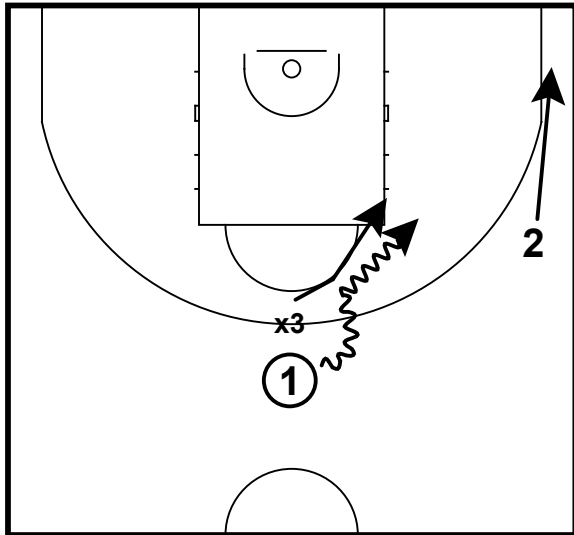


3, the screener, becomes passer
1, the passer, becomes shooter
2, the shooter, becomes screener

SINGLE SERIES

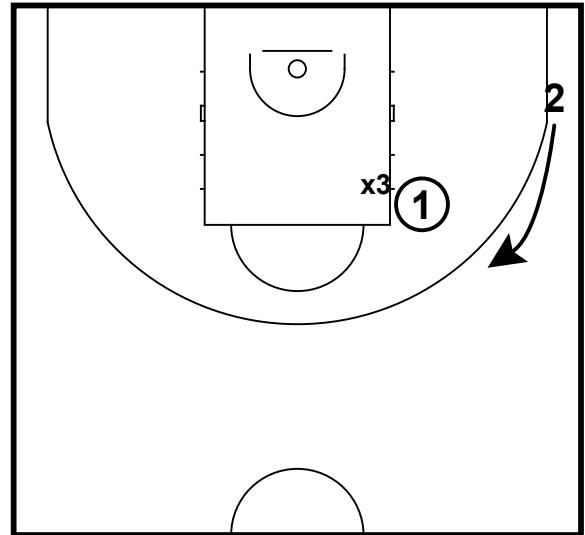
DRILL 18 : CRICLE REVERSE

Frame 1



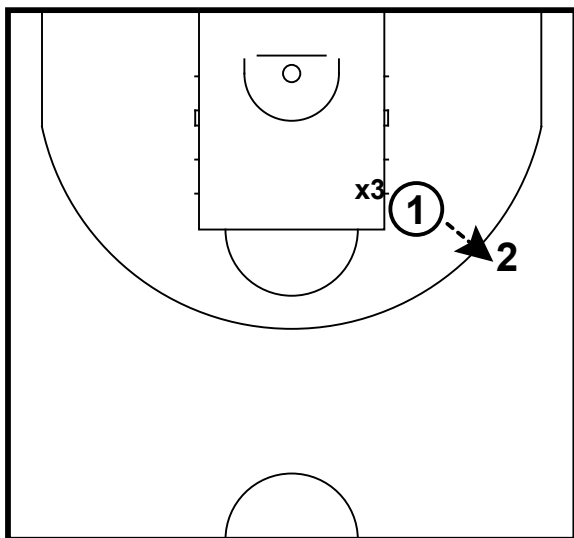
1 attempts a NORTH/SOUTH DRIVE right around x3
 x3 wins the battle and arcs the drive away from the basket
 2 circle moves right as trained

Frame 2



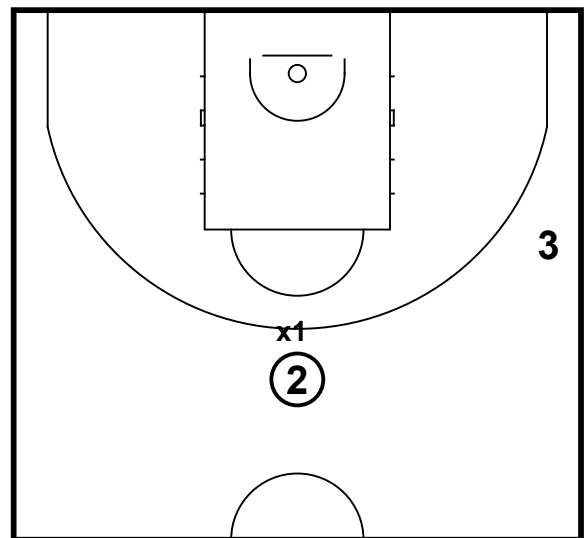
2 recognizes that the drive has failed and 1 is in trouble
 2 CRICLE REVERSES to get open and relieve pressure on 1

Frame 3



2 catches and shoots

Frame 4

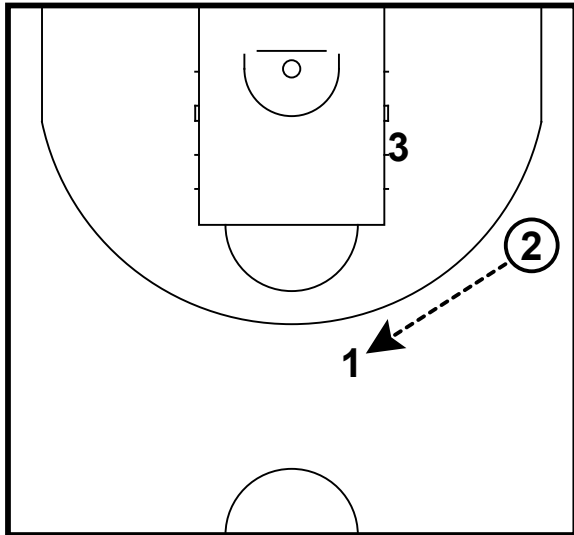


2, the shooter, becomes the penetrator
 3, the defender, becomes the shooter
 1, the penetrator, becomes the defender

SINGLE SERIES

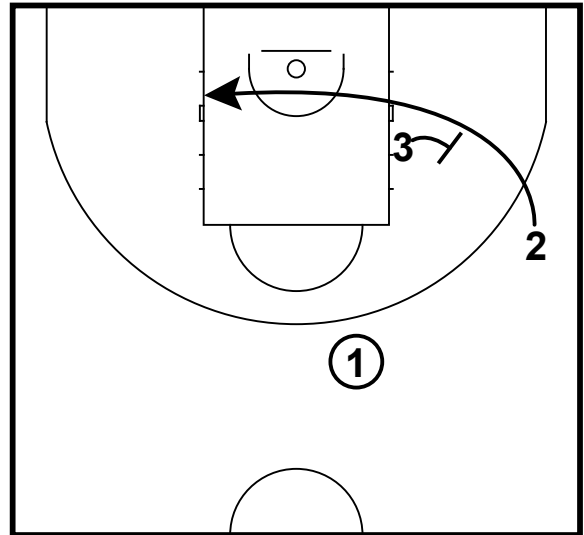
DRILL 19 : POST SCREENS

Frame 1



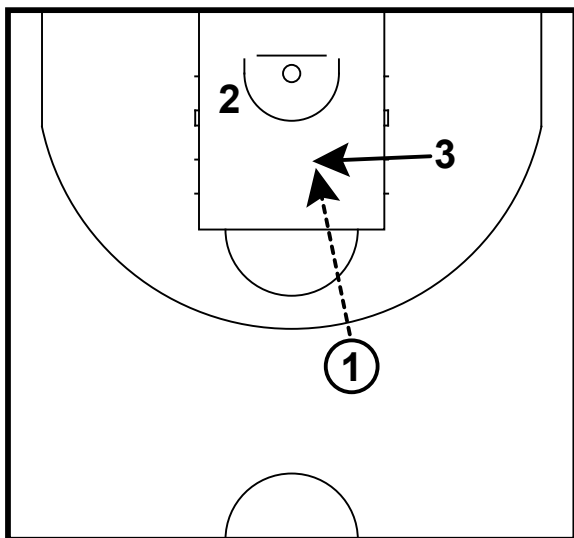
2 passes to 1

Frame 2



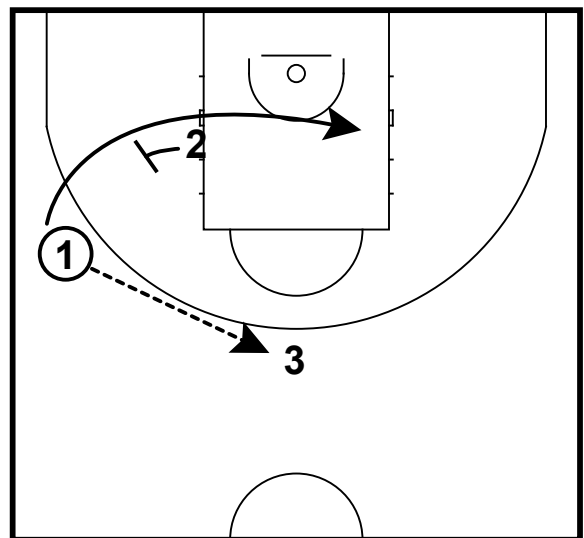
2 basket CUTS
3 sets a SCREEN for 2
2 is not open for the lay-up

Frame 3



3 ducks in the lane off the tail of the cutter
1 feeds 3 for the post finish

Frame 4

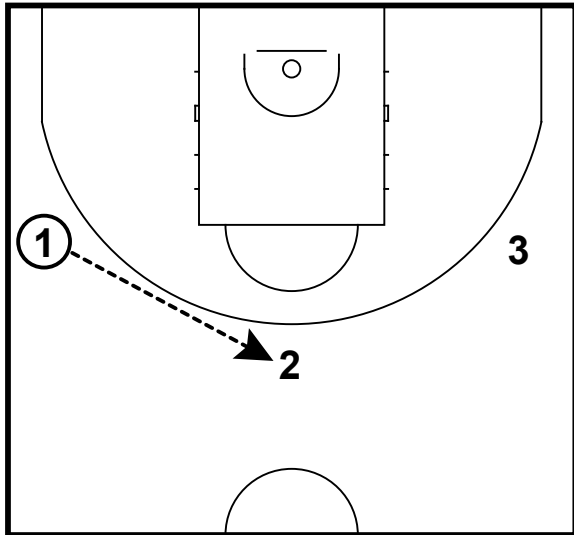


2, the cutter, stays in the opposite post
1, the feeder, becomes the cutter on the opposite wing
3, the post, becomes feeder

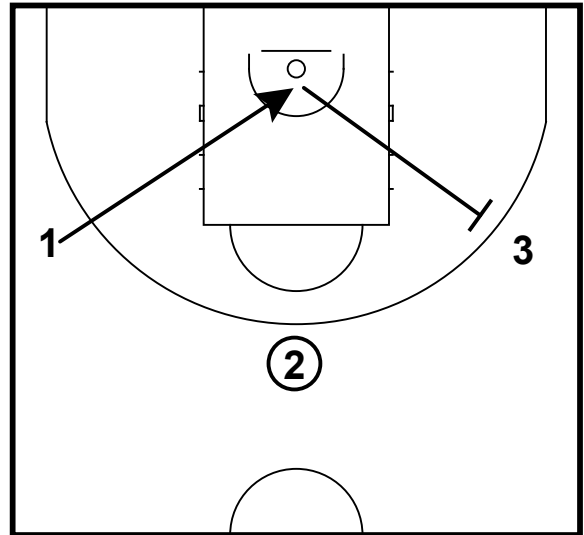
SINGLE SERIES

DRILL 20 : BACK SCREENS

Frame 1



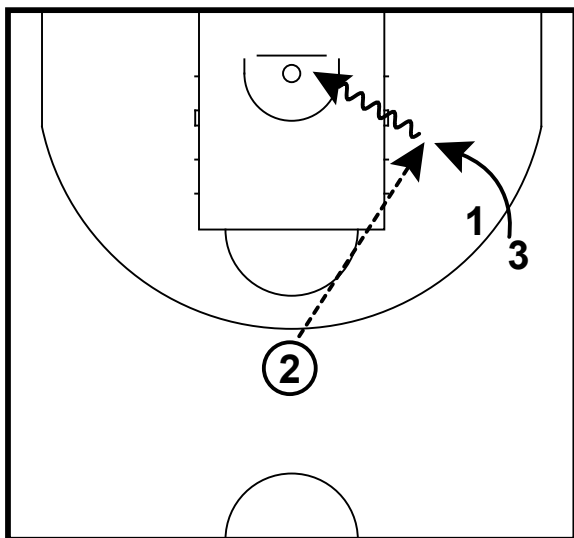
Frame 2



here we use the top three spots, but any perimeter spot can be used

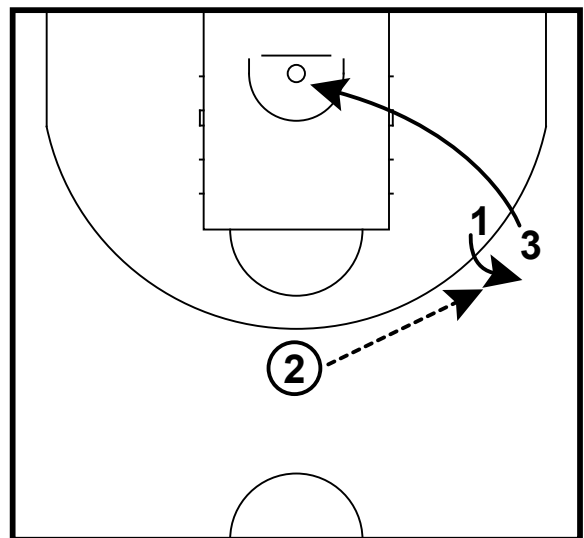
1 basket CUTS before setting a BACK SCREEN for 3

Frame 3



either : 3 ses the back screen for a lay-up

Frame 4

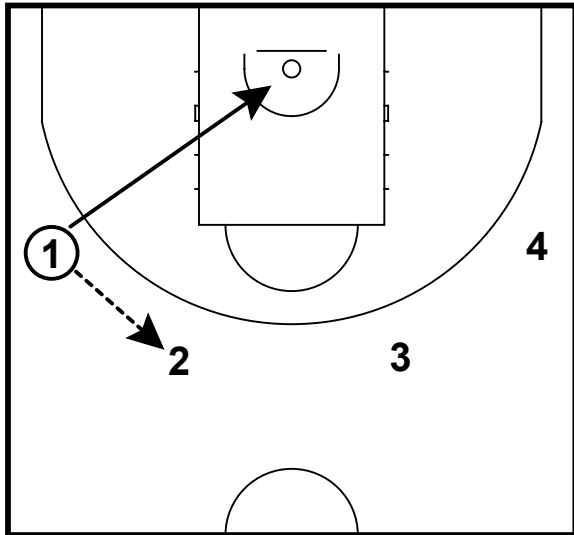


ors uses the back screen to cut to the basket and 1 pops up for the shot

SINGLE SERIES

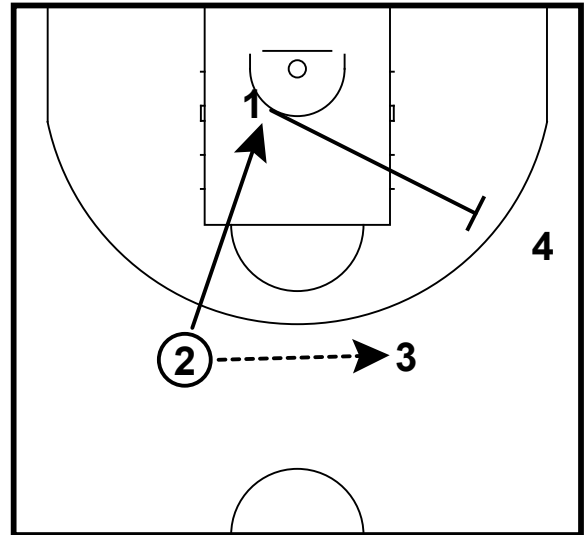
DRILL 21 : MULTIPLE SCREENS

Frame 1



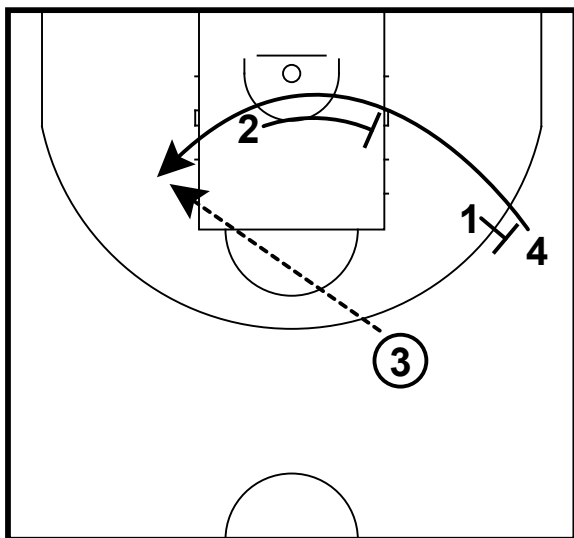
1 passes to 2 and BASKET CUTS

Frame 2



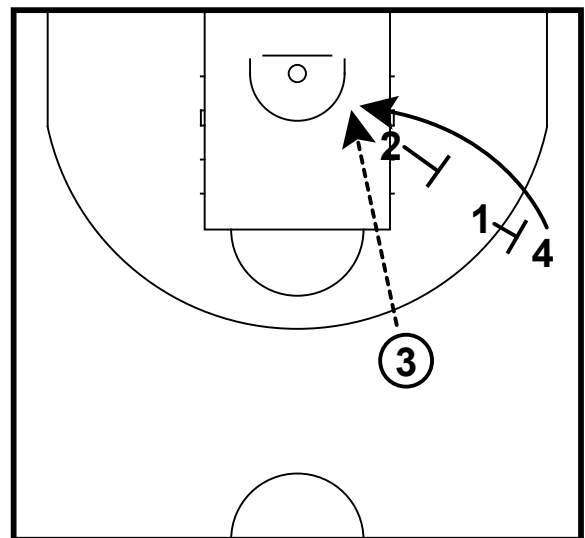
2 immediately passes to 3 and basket cuts
1 sets a BACK SCREEN on 4

Frame 3



2 sets a second back screen on 4
4 uses the first screen, then curls off the second for the shot

Frame 4

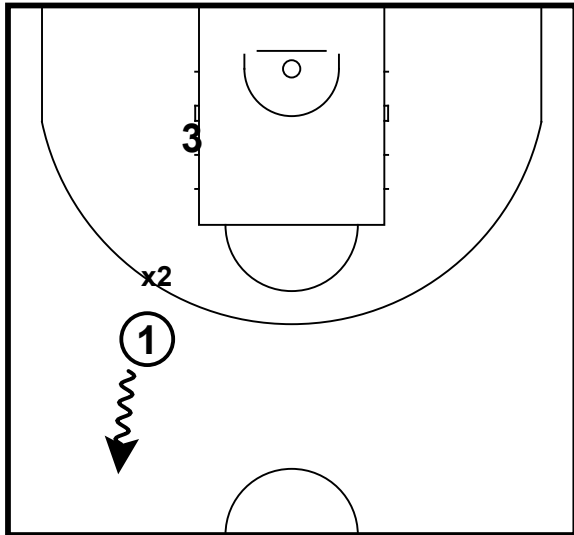


if 2 can set the second screen closer to the perimeter, then 4 can use both screens for a lay-up

SINGLE SERIES

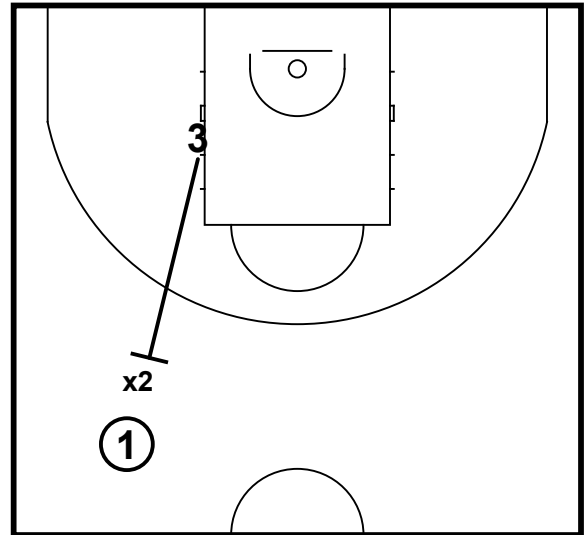
DRILL 22 : BALL SCREENS - REVERSE DRIBBLE

Frame 1



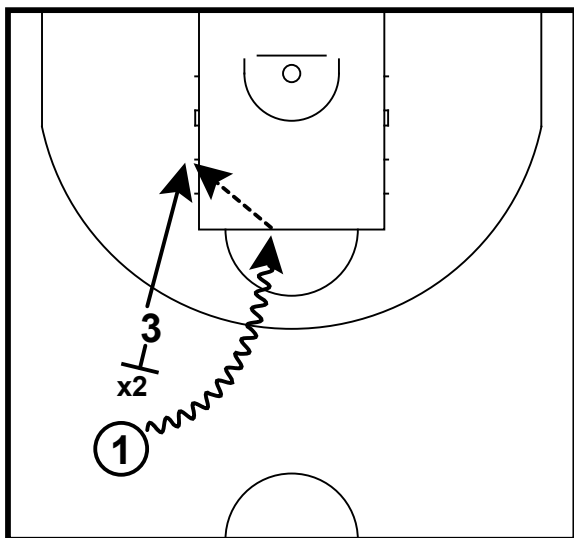
1 REVERSE DRIBBLES (back up dribble)

Frame 2



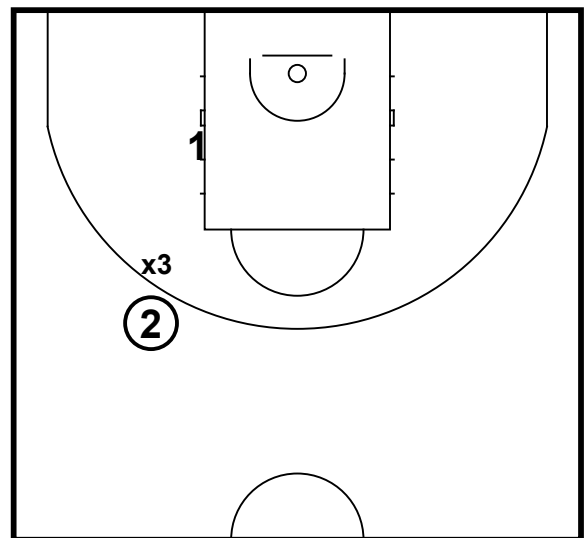
3 responds by sprinting out of the post to set a BALL SCREEN

Frame 3



1 can use the screen in either direction
1 hits 3 rolling to the basket

Frame 4

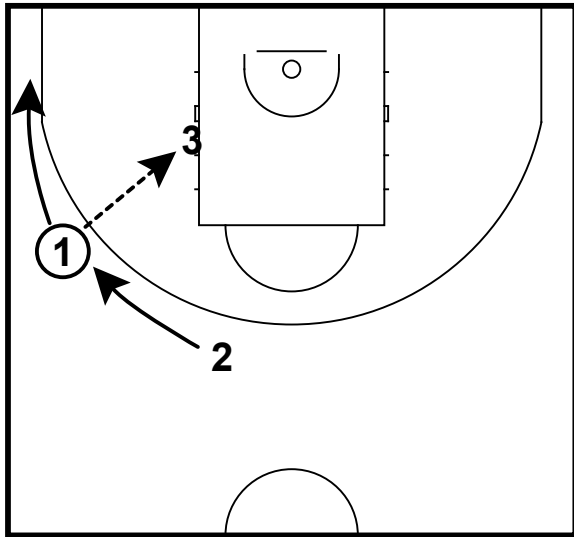


1 becomes the post
2 starts the reverse dribble
3 defends the ball

SINGLE SERIES

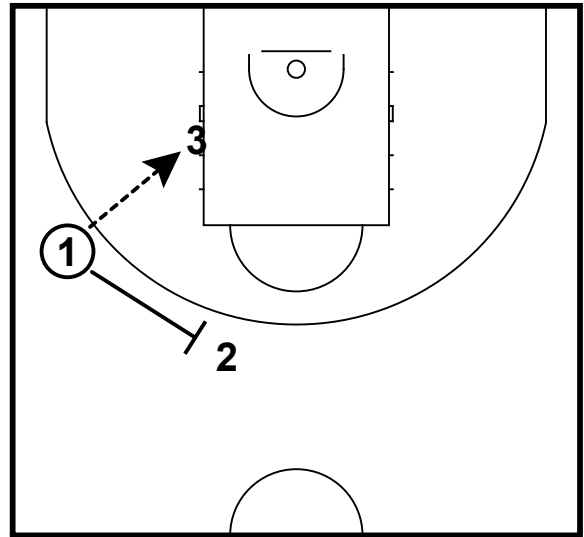
DRILL 23 : FEED THE POST & CUT E/W - X-CUT OR RELOCATE

Frame 1



1 passes to 3 and relocates to the empty corner for the shot
2 fills the vacated spot

Frame 2

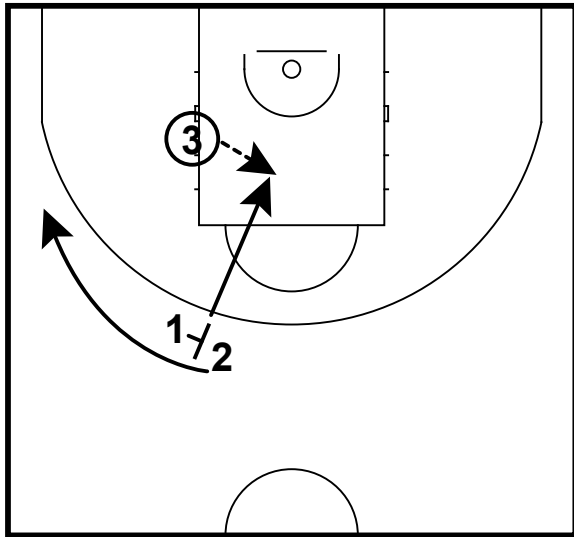


1 starts the drill again by feeding th post
this time 1 X-CUTS by setting a screen for 2 before cutting

SINGLE SERIES

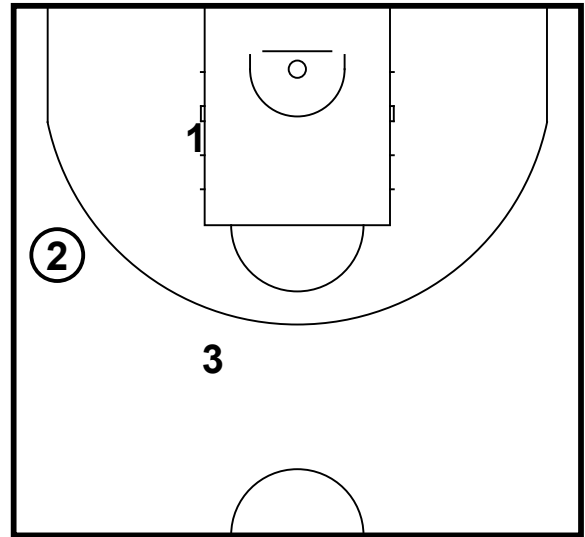
DRILL 23 : FEED THE POST & CUT E/W - X-CUT OR RELOCATE

Frame 3



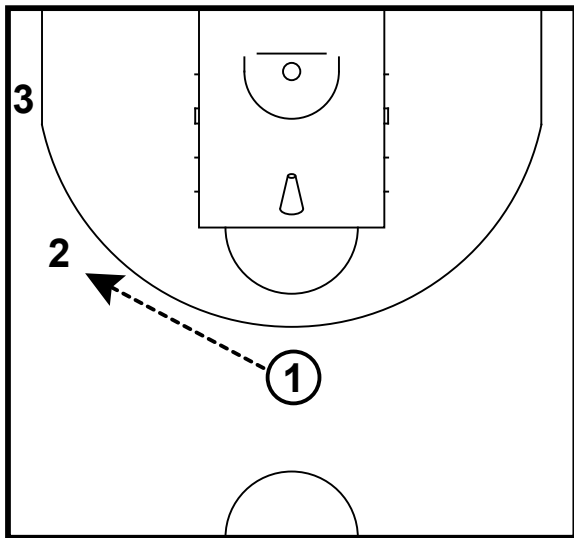
after the screen, 1 cuts to the basket for the lay-up
2 replaces 1 on the wing

Frame 4



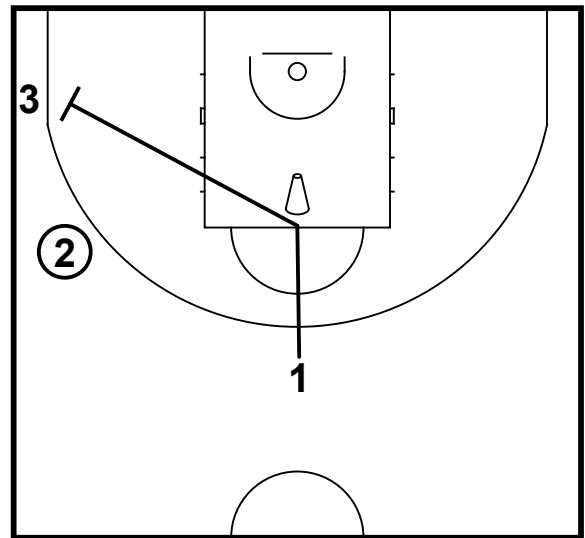
2 starts the drill over
1 rotates into the post
3 becomes the guard

Frame 1



1 passes to 2

Frame 2

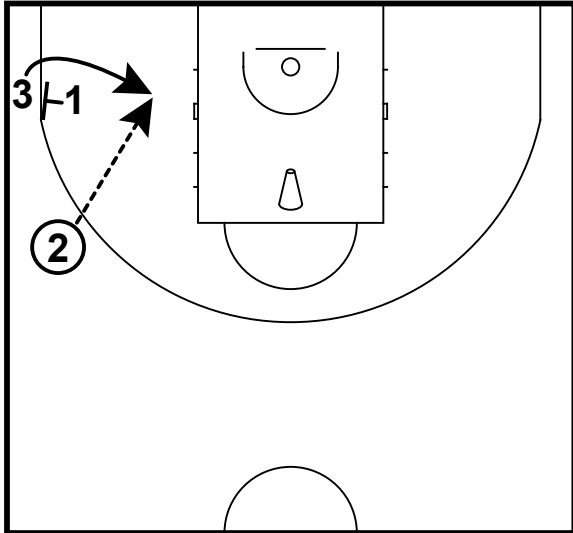


1 is sTOOD UP by the defender and so immediately abandons the cut to set a BACK SCREEN for 3

SINGLE SERIES

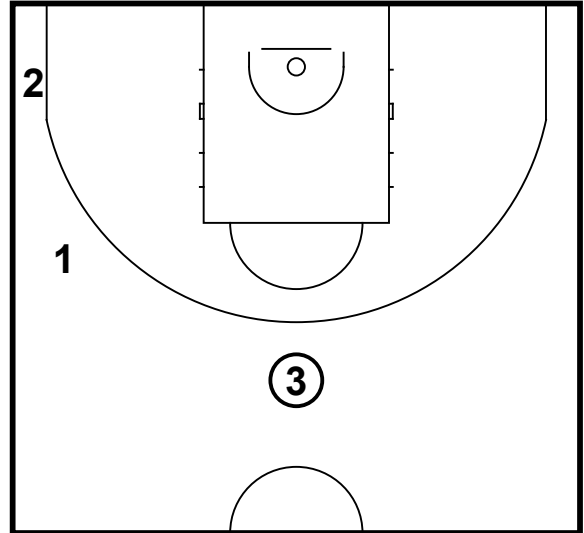
DRILL 24 : CORNERS

Frame 3



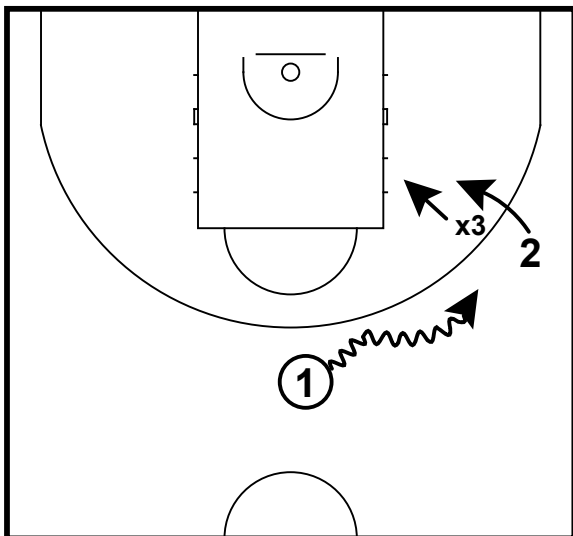
2 hits 3 on the basket cut for the lay-up

Frame 4



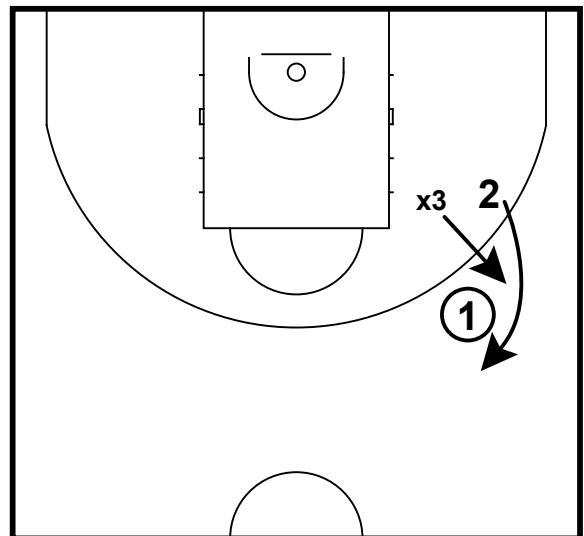
3 rebounds the lay-up and rotates to the point
2 shifts to the corner
1 fills the wing

Frame 1



1 POWER DRIBBLES toward 2
2 fakes the basket cut to set up defender x3

Frame 2

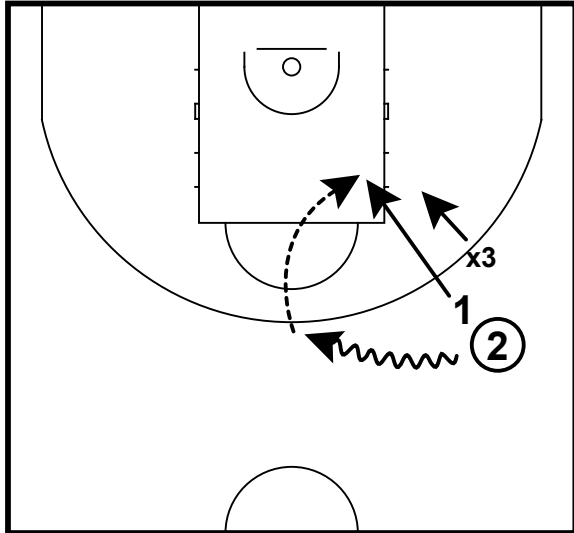


2 cuts outside of 1 and takes the HAND-OFF
1 seals x3

SINGLE SERIES

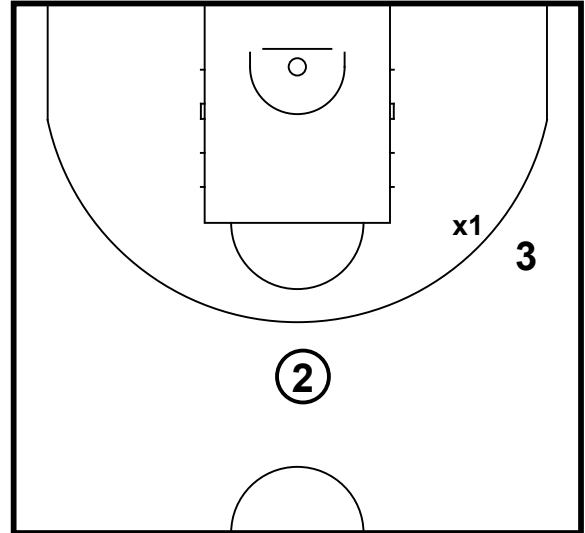
DRILL 25 : POWER DRIBBLE

Frame 3



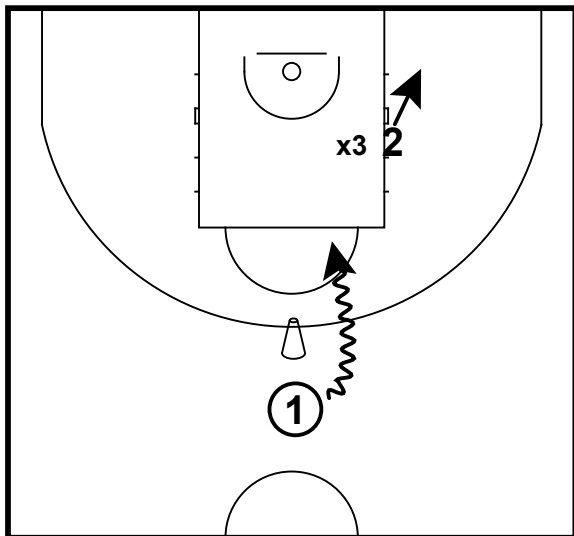
2 turns the corner on the dribble and passes to 1 rolling to the basket for the lay-up

Frame 4



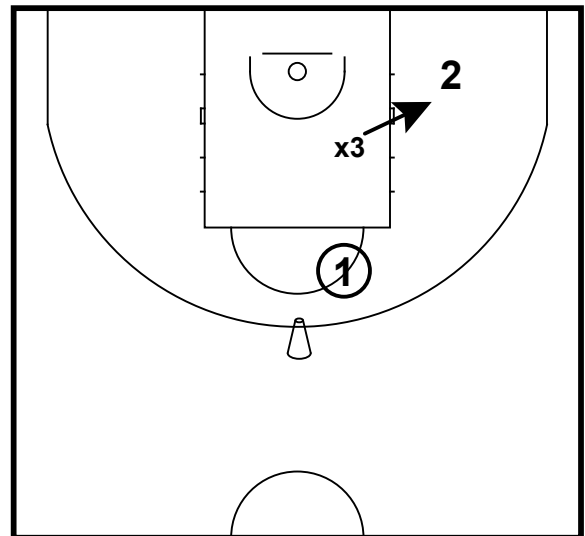
2, the passer, becomes the power dribbler
 1, the shooter, becomes the defender
 3, the defender, becomes the offensive cutter

Frame 1



1 drives into the lane above the post
 2 steps down to the short corner in a basic post slide

Frame 2

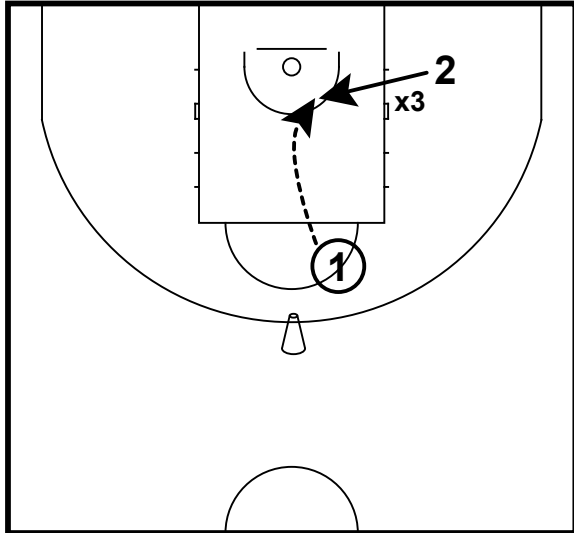


x3 slides with 2 to defend the short corner (no help defense on 1)

SINGLE SERIES

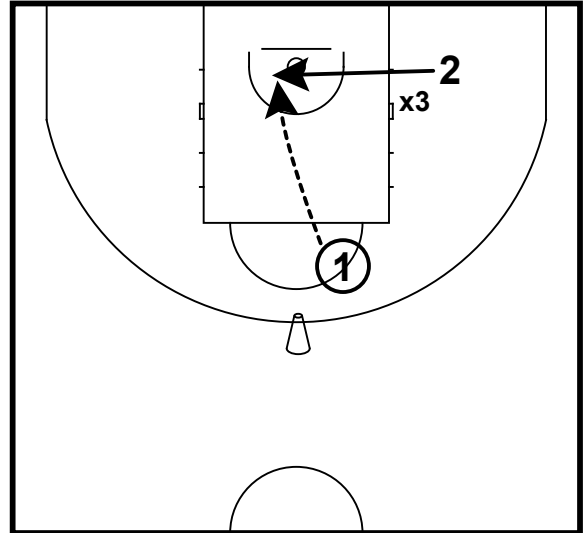
DRILL 26 : ADV POST SLIDES - REAR CUT

Frame 3



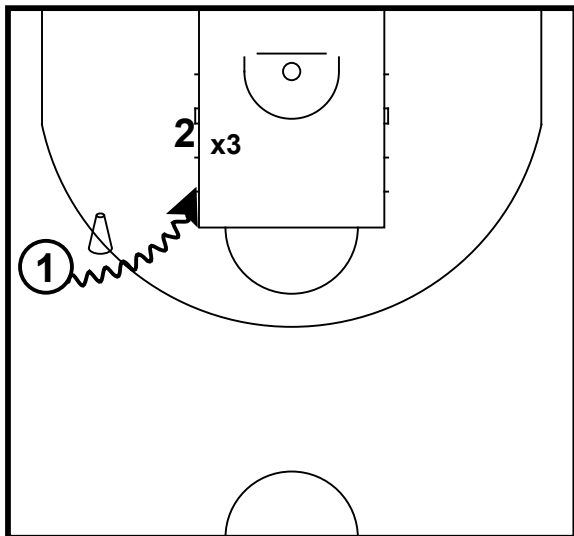
2 REAR CUTS to the goal and receives the pass from 1 for the lay-up

Frame 4



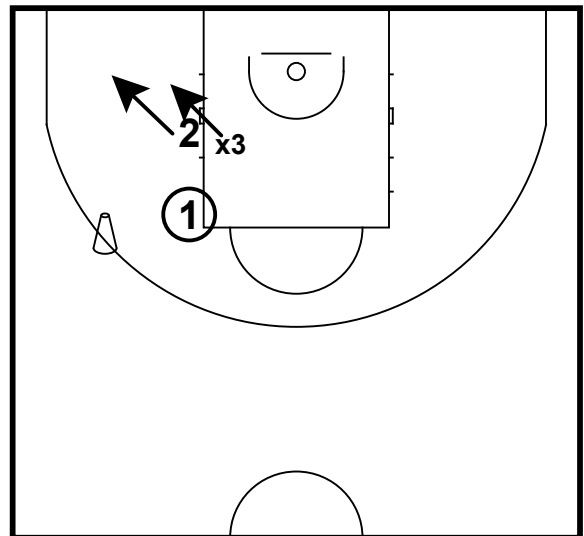
Sometimes 2 receives the pass under the goal and must finish on the opposite side of the rim

Frame 1



1 drives NOTH/SOUTH right around the imaginary defender

Frame 2

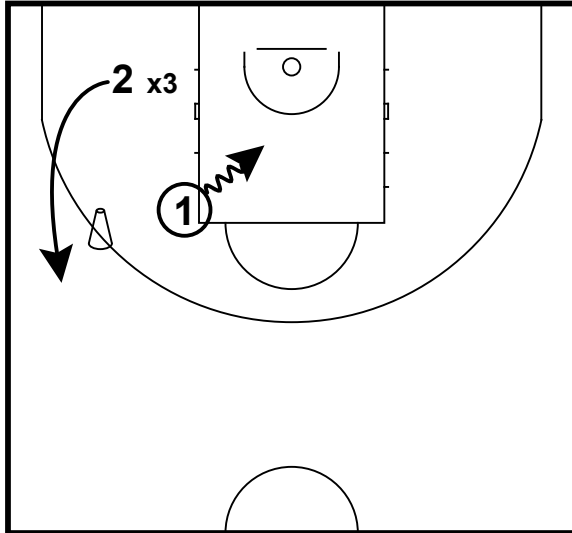


2 steps down to the short corner in a basic post slide
x3 slides with 2 to defend the short corner (no help defense on 1)

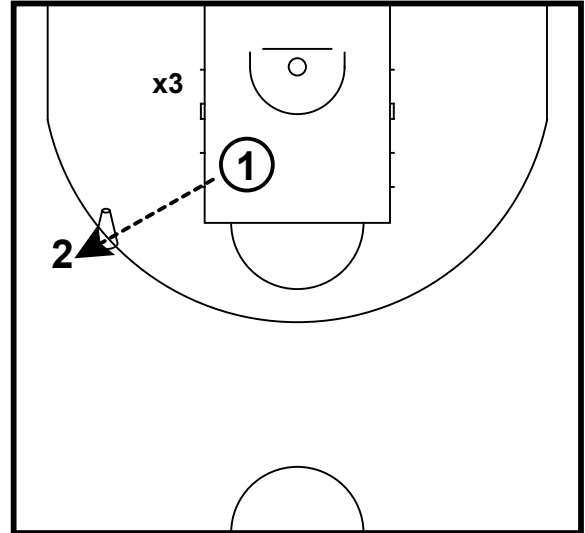
SINGLE SERIES

DRILL 27 : ADV POST SLIDES CIRCLE MOVE 1 POST

Frame 3



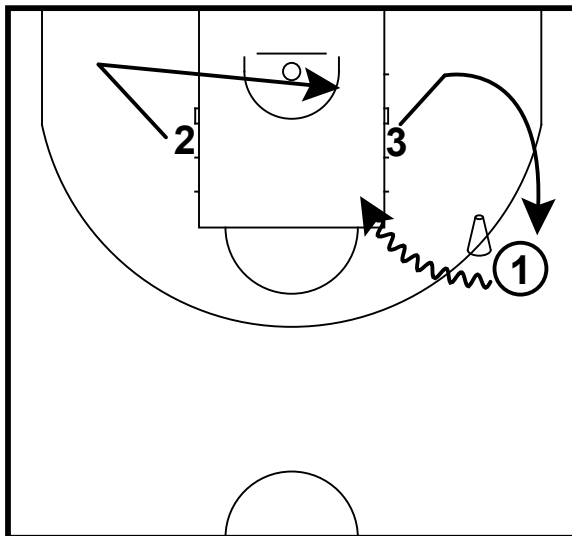
Frame 4



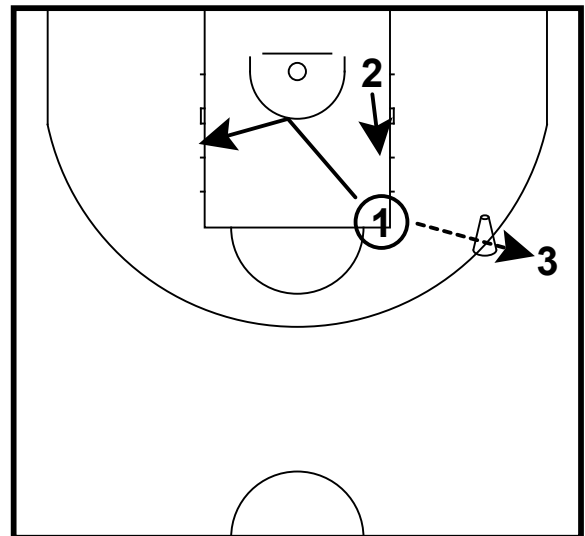
1 is stopped in the lane
2 continues the post slide using CIRCLE MOVEMENT to become the safety valve

1 reverse pivots and passes to 2 for the shot

Frame 1



Frame 2



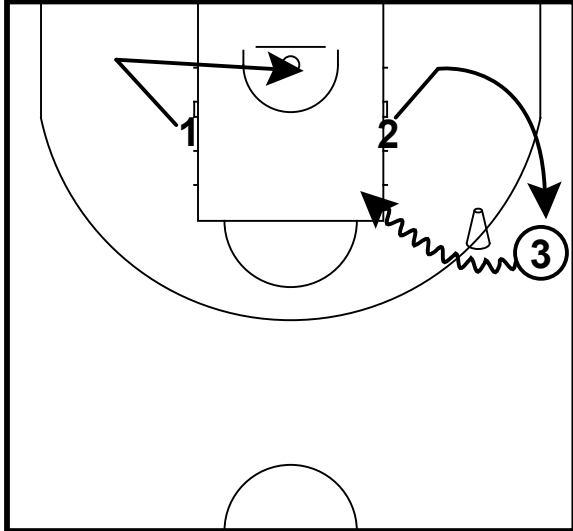
1 drives NORTH/SOUTH left around an imaginary defender
2 and 3 step down first, the circle move left

1 reverse pivots to pass back to 3 who is in the safety valve
1 posts on the weak side
2 finishes the cut at the mid-post ball side

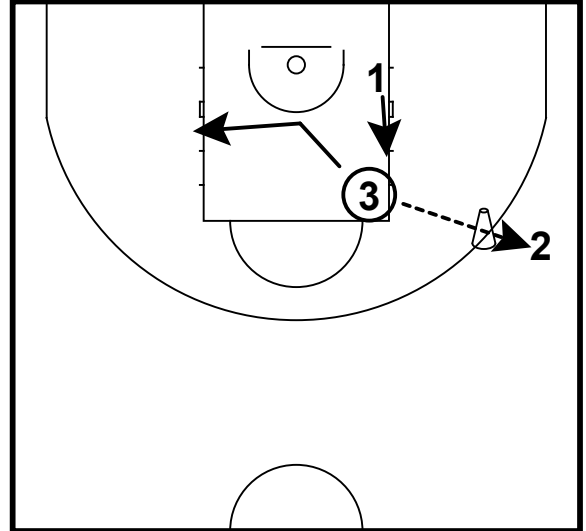
SINGLE SERIES

DRILL 28 : ADV POST SLIDES - CIRCLE MOVE 2 POSTS

Frame 3



Frame 4

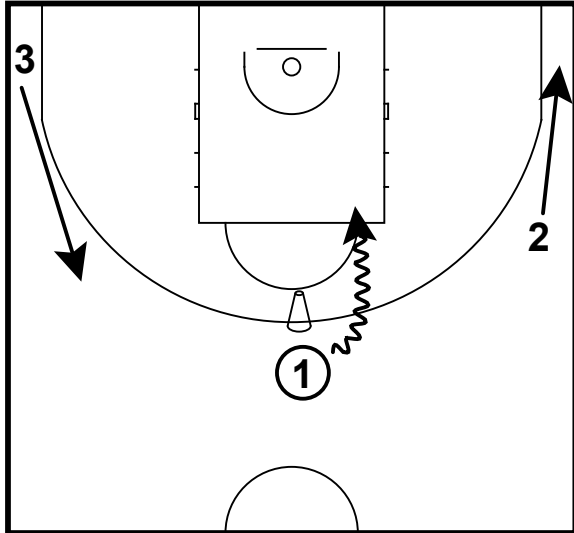


the drill repeats itself from here

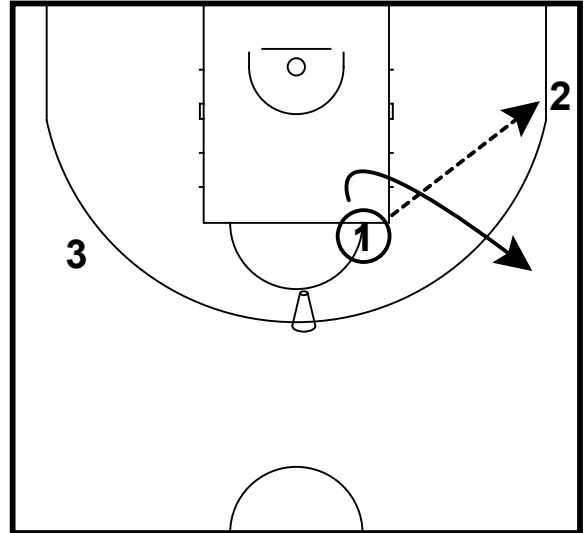
COMBO SERIES

Drill 29 : Circle Move + Baseline Drive

Frame 1



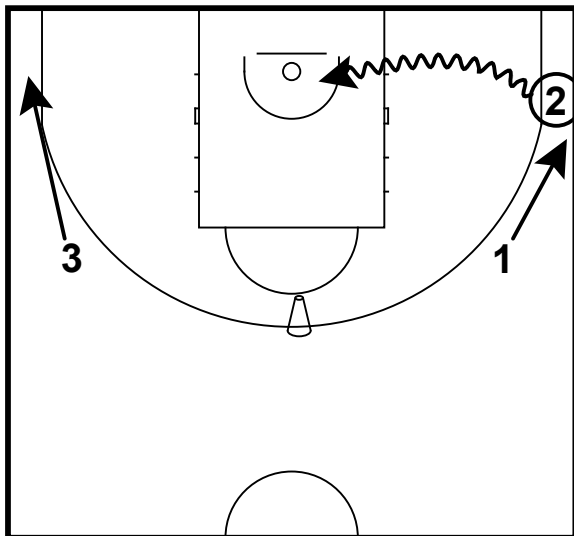
Frame 2



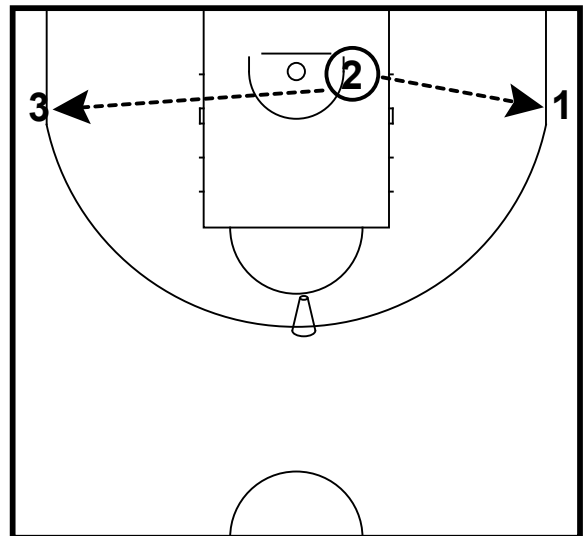
1 drives North/South right around an imaginary defender.
2 and 3 circle move one spot to the right.

1 passes to 2 in the Natural Pitch
1 chooses to fill the empty spot on the ball-side wing

Frame 3



Frame 4



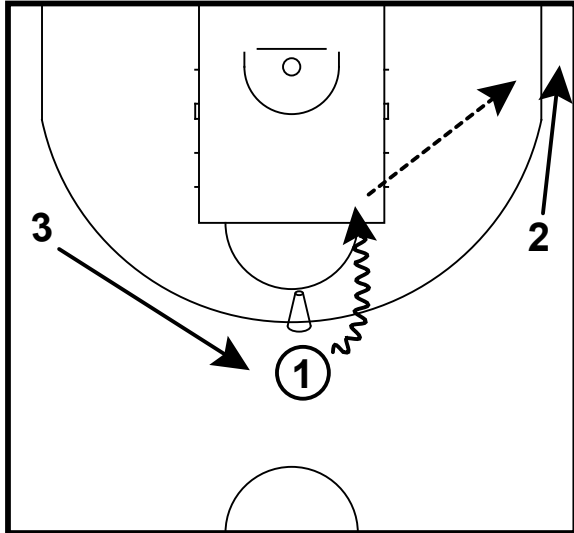
2 drives North/South baseline
1 circle moves right
3 comes back to the corner

Either : 2 makes the Natrual Pitch to 3 for the shot
Or : 2 Reverse Pivots and passes to 1 in the Safety Vavle

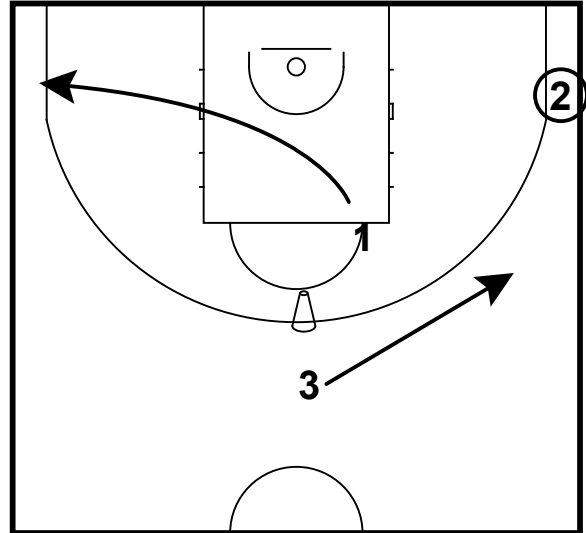
COMBO SERIES

Drill 30 : Circle Move + Baseline Drive + Cricle Move

Frame 1



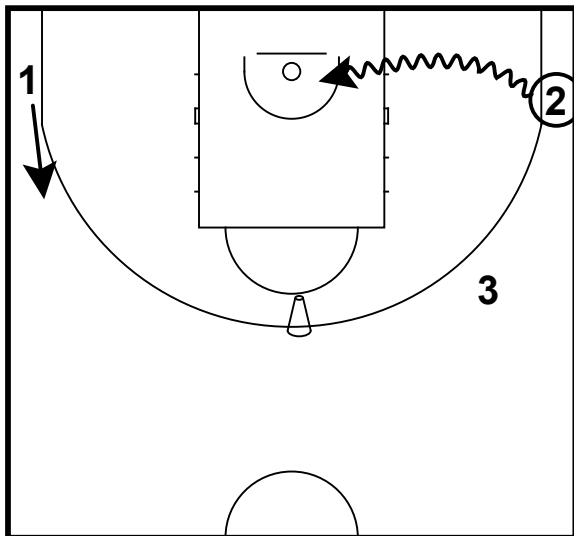
Frame 2



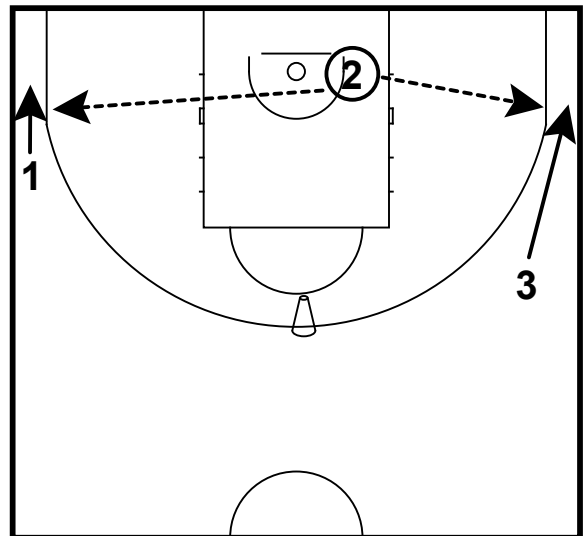
1 drives North/South right around an imaginary defender.
 2 and 3 cricle move one spot to the right.
 1 passes to 2 in the Natural Pitch

1 chooses to fill the empty spot on the weak-side corner
 3 fills the empty wing ball-side

Frame 3



Frame 4



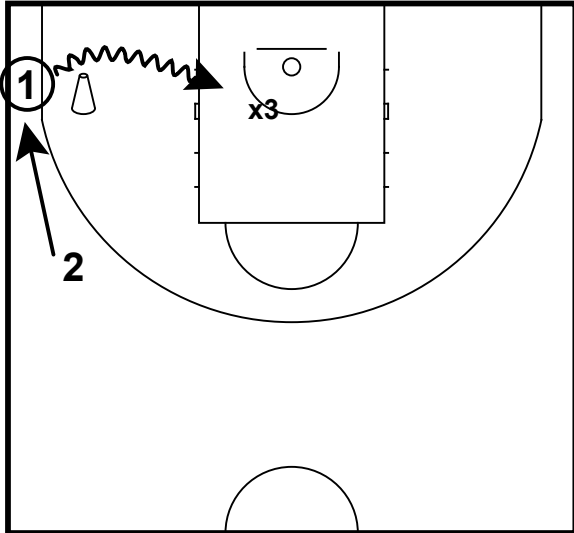
2 drives North/South baseline

3 cricle moves right
 1 comes back to the corner
 Either : 2 makes the Natrual Pitch to 1 for the shot
 Or : 2 Reverse Pivots and passes to 3 in the Safety Vavle

COMBO SERIES

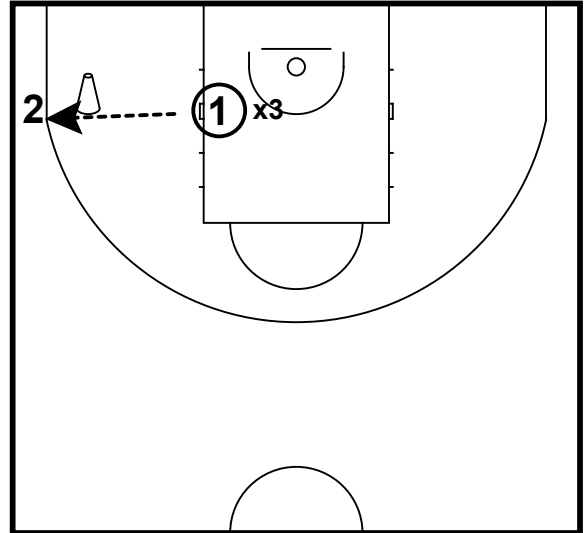
Drill 31 : Circle Move + Basic Post Slides

Frame 1



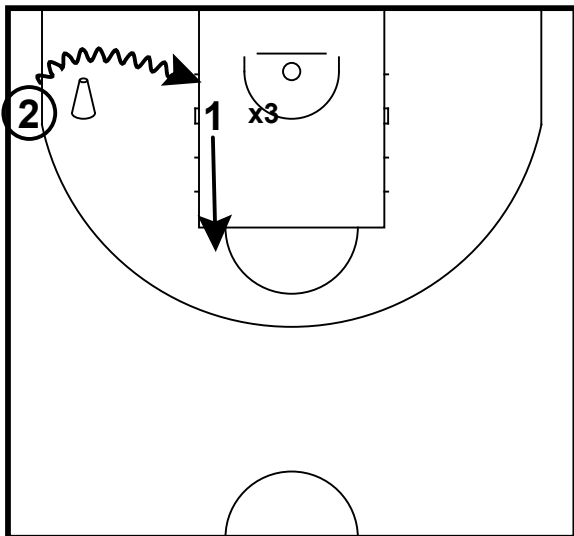
1 drives North/South baseline around an imaginary defender.
 2 circle moves one spot to the corner
 x3 stops the drive

Frame 2



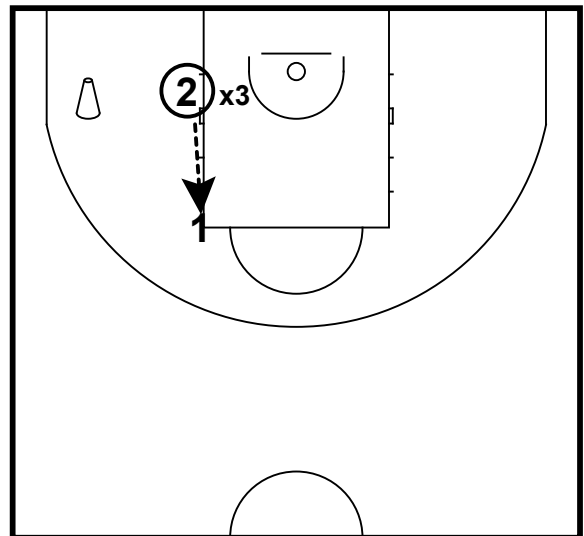
1 reverse pivots and passes to 2 in the Safety Valve

Frame 3



2 catches the pass and drives baseline
 1 must Slide Up the lane toward the elbow
 x3 stops the drive

Frame 4

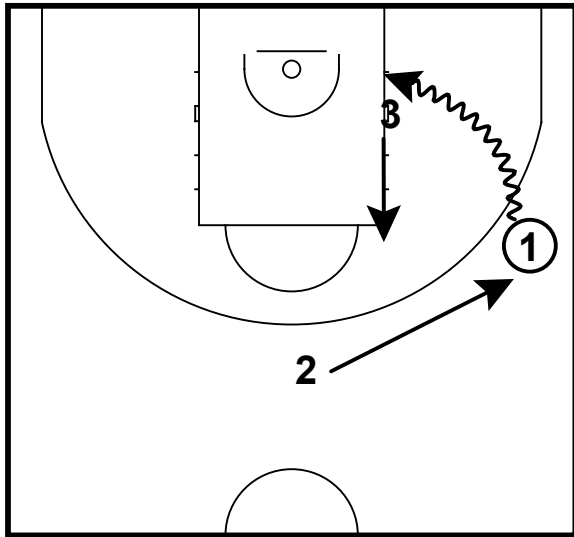


2 hooks the pass up the line for the shot
 A close-out from x3 is an optional addition

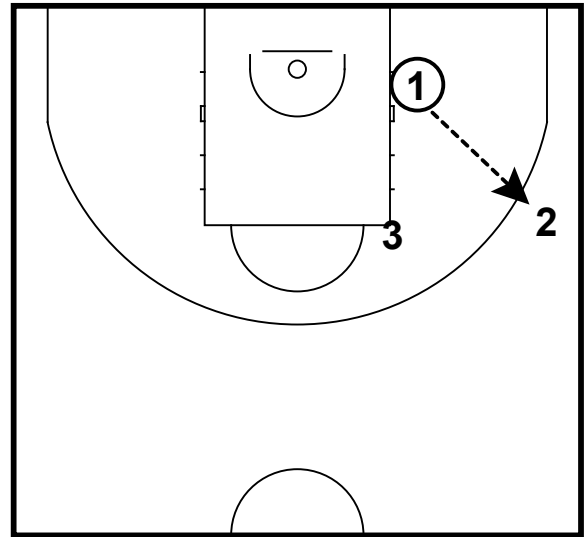
COMBO SERIES

Drill 32 : Circle Move + Basic Post Slides + Pick & Roll + Circle Move

Frame 1



Frame 2



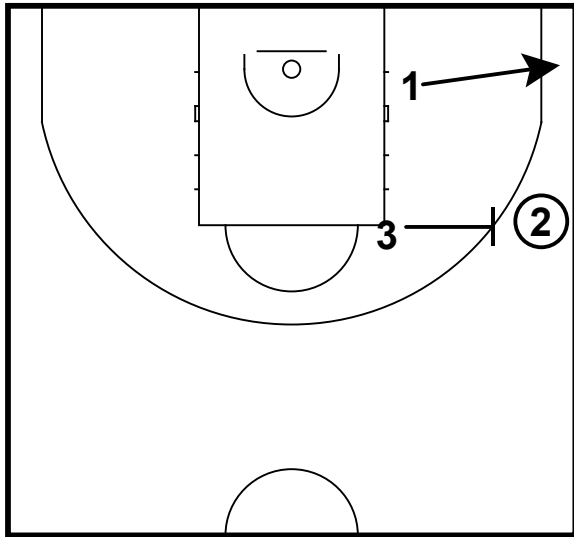
- 1 drives North/South baseline around
- 2 Circle Moves to the right
- 3 Slides Up the lane toward the elbow

- 1 is stopped by an imaginary defender, reverse pivots and passes to 2 in the safety valve

COMBO SERIES

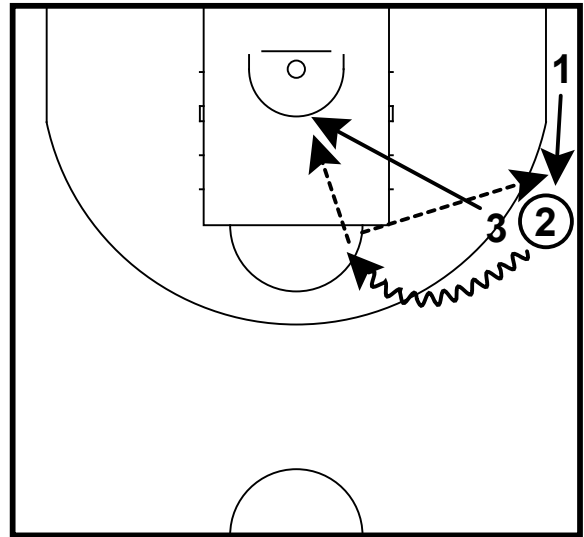
Drill 32 : Circle Move + Basic Post Slides + Pick & Roll + Circle Move

Frame 3



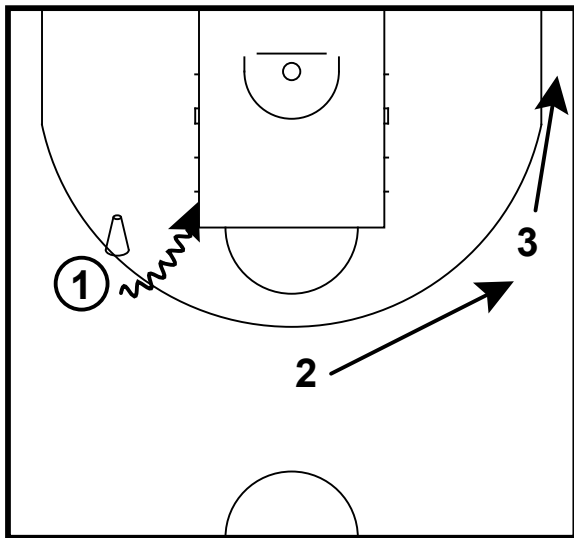
1 Fills out to the ball -side corner
3 sets a ball screen for 2

Frame 4



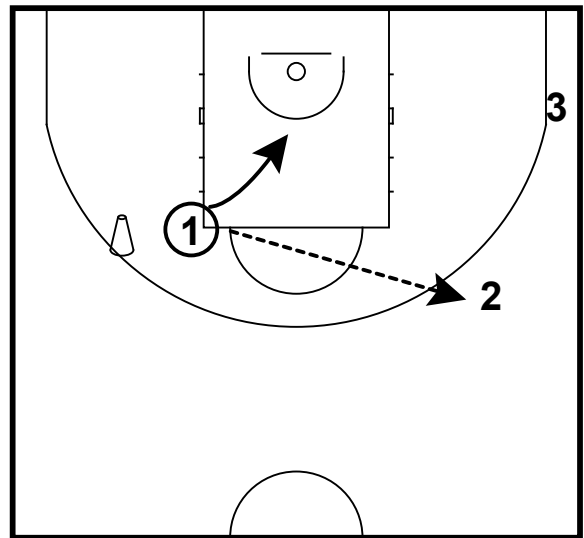
2 uses the screen to attack the middle
1 circle moves to the safety valve
Either : 2 dishes to a rolling 3 for the lay-up
Or : 2 kicks to to 1 for the shot

Frame 1



1 drives North/South around imaginary defender
2 and 3 Circle Move to the right

Frame 2

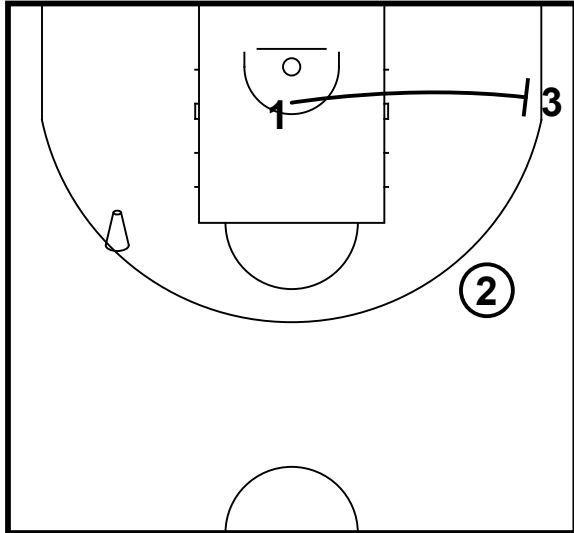


1 passes to 2 in the Natural Pitch
After passing, 1 finishes the basket cut

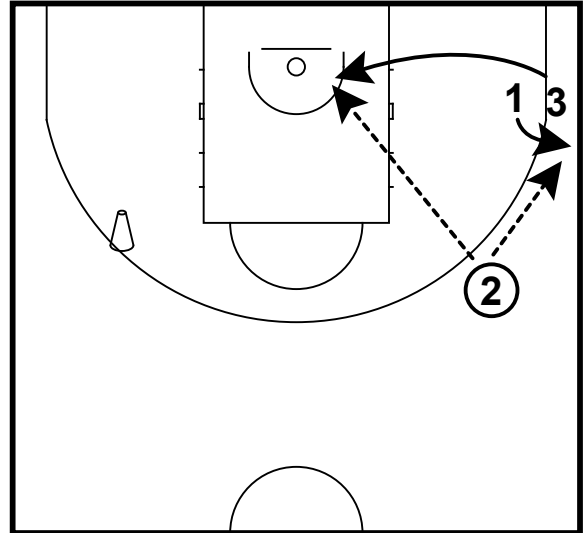
COMBO SERIES

Drill 33 : Circle Move + Back Screen

Frame 3



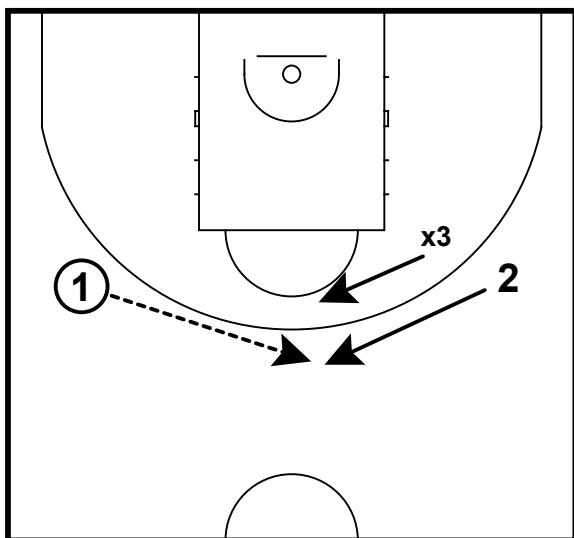
Frame 4



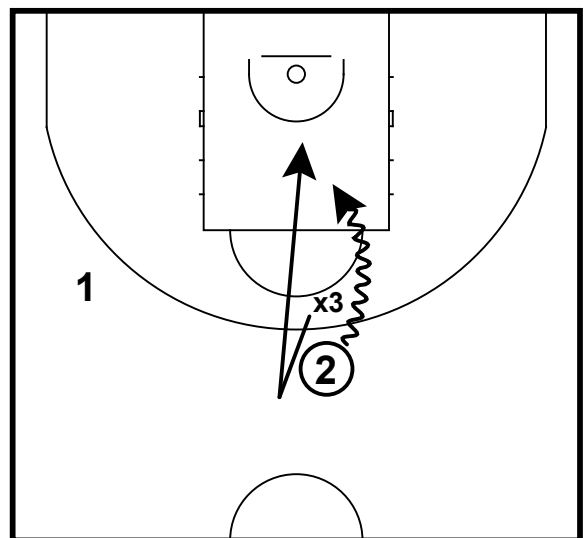
1 chooses to set a Back Screen for 3

Either: 2 passes to 3 for the lay-up
Or: 2 passes to 1 shaping up for the shot

Frame 1



Frame 2



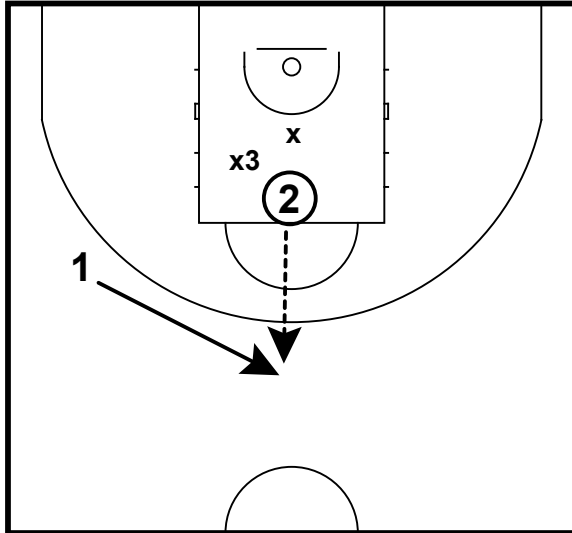
2 Fills the empty spot up top and receives the pass from 1
Defender x3 doe snot step over the Read Line as 2 fills the spot

x3 attempts to deflect the pass, but arrives a spilt second too late.
This puts x3 in an overplay position.
2 Catches the pass, sweeps low or rips high and attacks the rim.
x3 Stays with 2.

COMBO SERIES

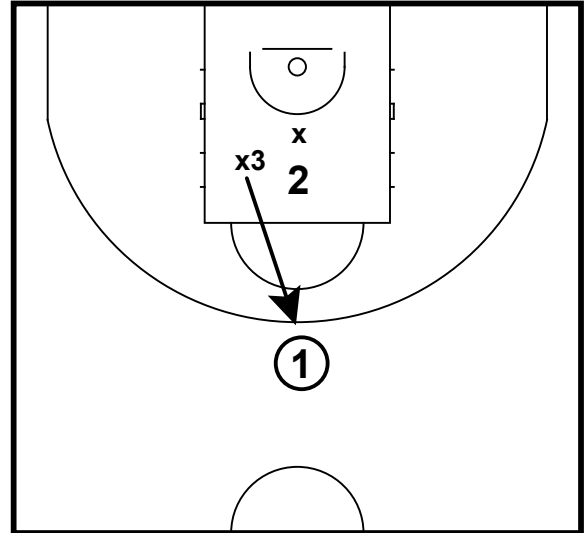
Drill 34 : Pass & Cut + Circle Move

Frame 3



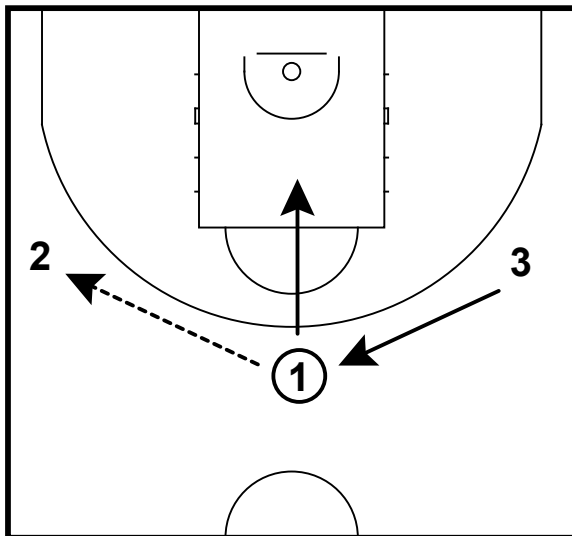
2 is stopped by imaginary defender x
 1 is already filling the Safety Valve
 2 Reverse Pivots to pass to 1

Frame 4



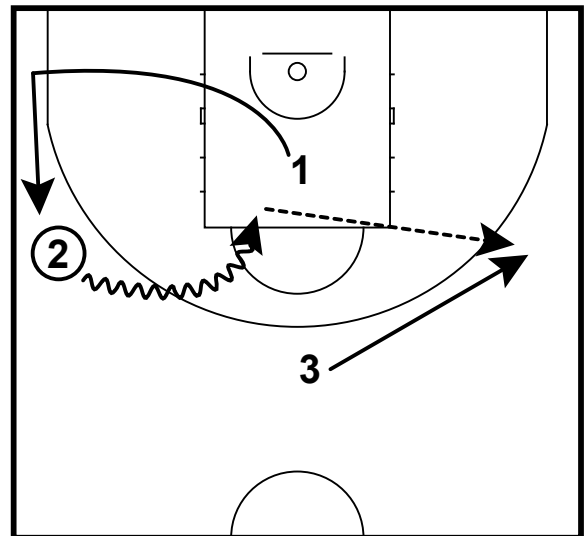
1 catches and shoots
 x3 closes out to contest the shot

Frame 1



1 passes to 2 and Basket Cuts
 3 fills the empty spot

Frame 2

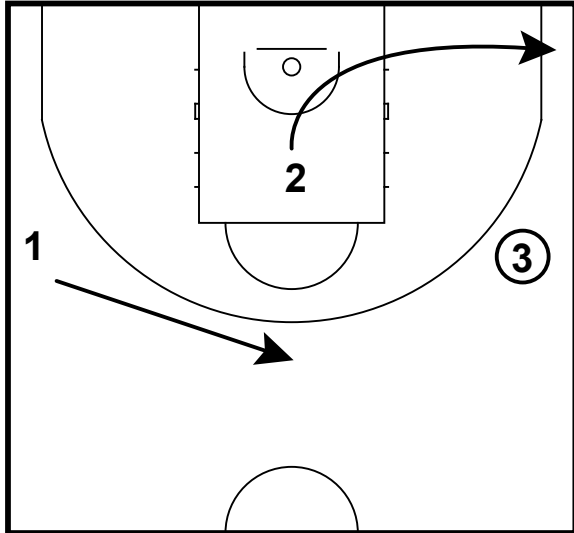


2 drives off the tail of the cutter
 3 Circle Moves right to the wing
 1 circles behind 2 as the Safety Valve
 2 passes to 3 in the Natural Pitch

COMBO SERIES

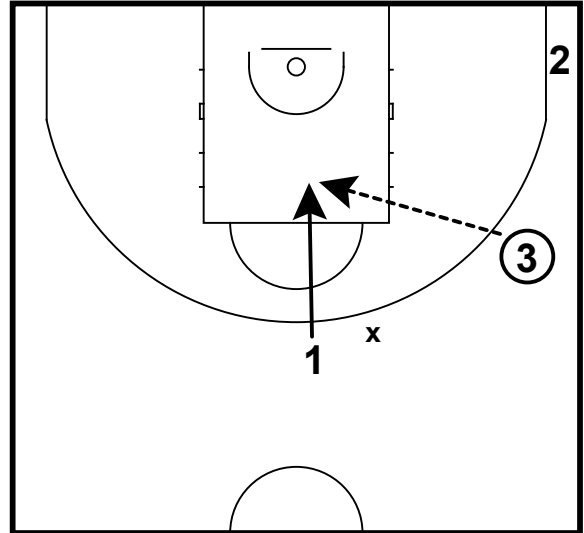
Drill 35 : Pass & Cut + Circle Move + Pass & Cut

Frame 3



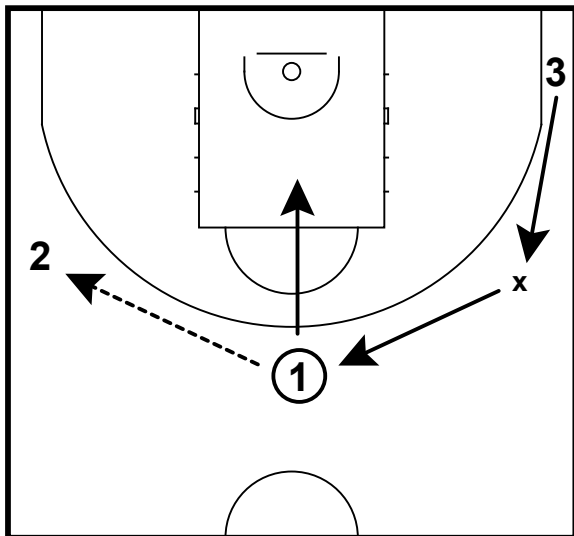
After passing, 2 finishes the Basket Cut and Fills out to the ball-side corner
1 begins to Fill the empty spot up top

Frame 4



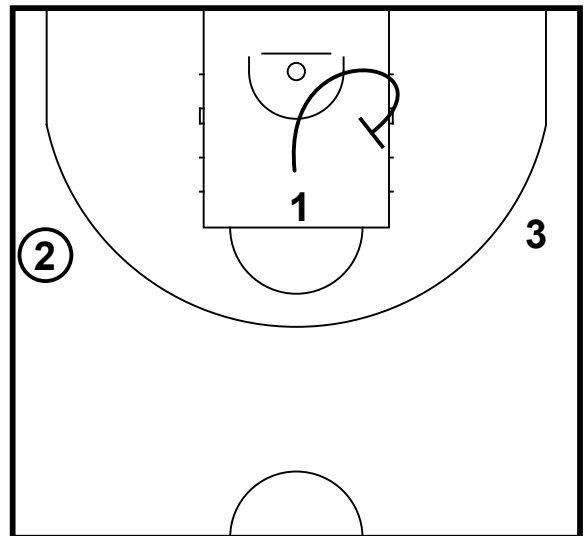
Imaginary defender x is over the read line
1 Rear Cuts and receives the pass from 3 for the lay-up

Frame 1



1 passes to 2 and Basket Cuts
Imaginary player x Fills the top
3 fills the wing spot

Frame 2

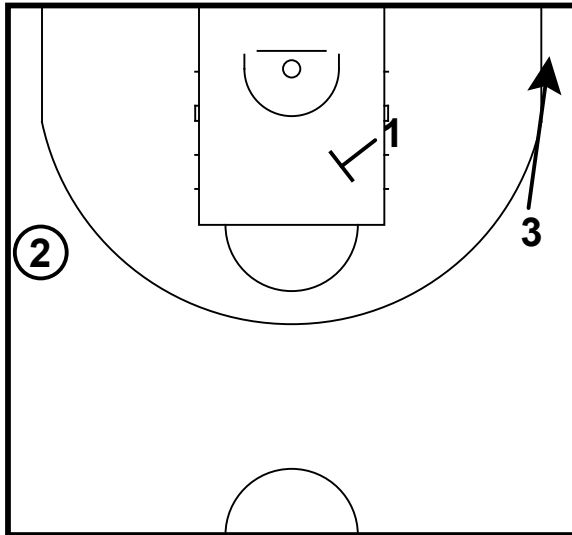


1 sees a help defender in the lane and curls into a Pin Screen

COMBO SERIES

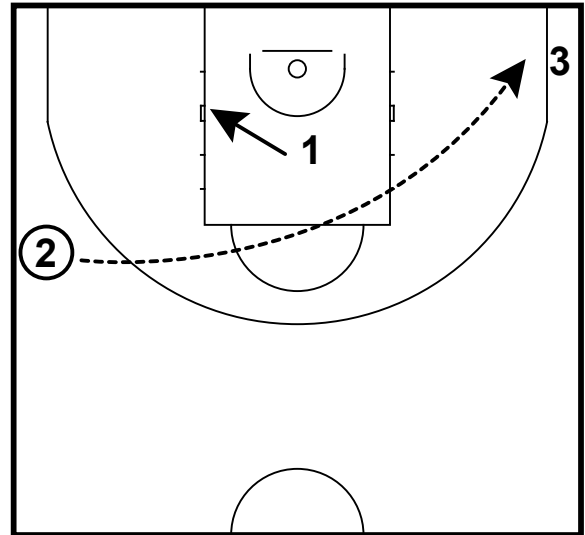
Drill 36 : Pass & Cut + Pin & skip

Frame 3



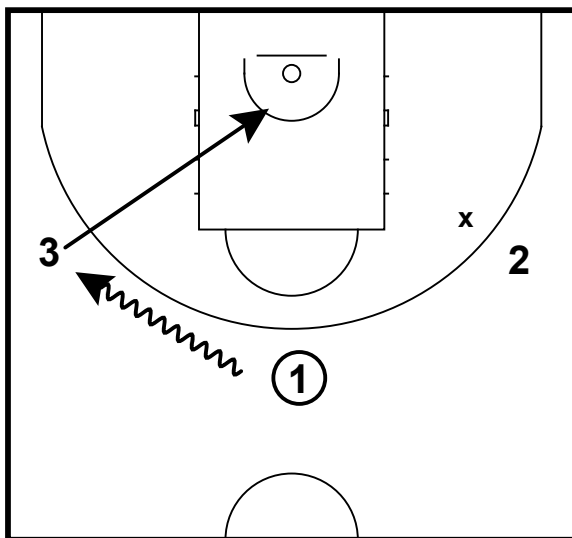
1 yells Pin
3 slides to the corner to align the screen with the ball

Frame 4



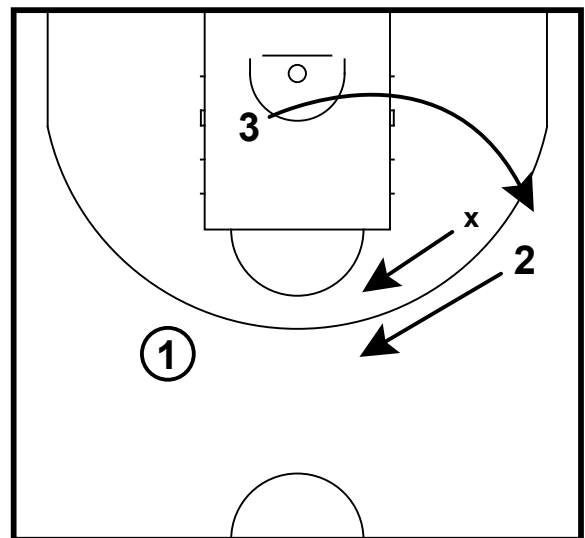
2 makes the Skip Pass to 3 for the shot
1 seeks weak-side rebounding position

Frame 1



1 Speed Dribbles 3 but does not throw the pass

Frame 2

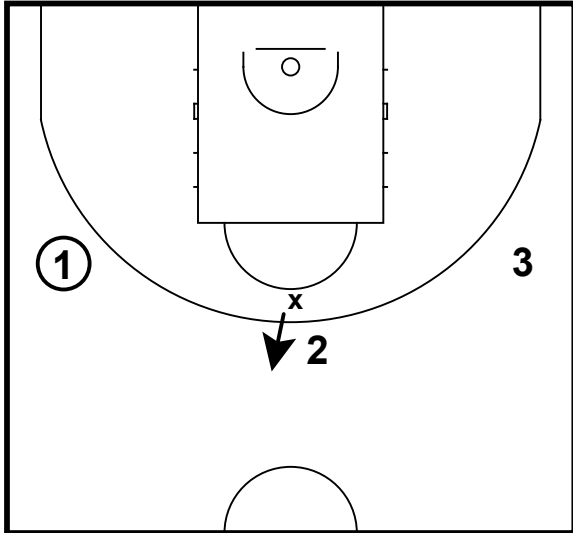


2 Fills up to the empty spot left by 1
Imaginary defender x stays with 2 but does not step over the Read Line
3 Fills out to the empty spot on the wing

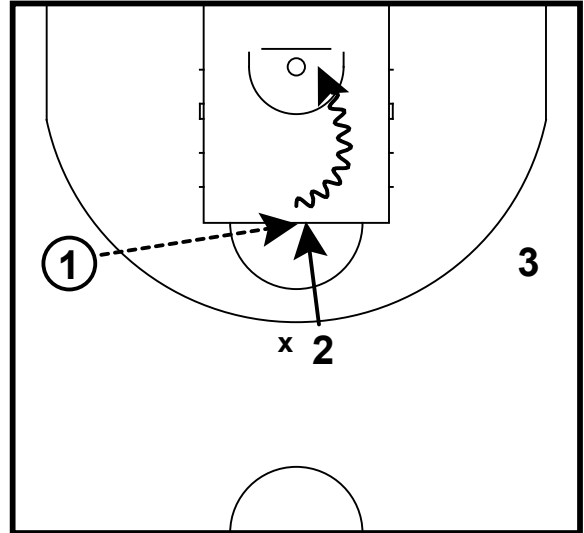
COMBO SERIES

Drill 37 : Dribble At + Pass & Cut

Frame 3



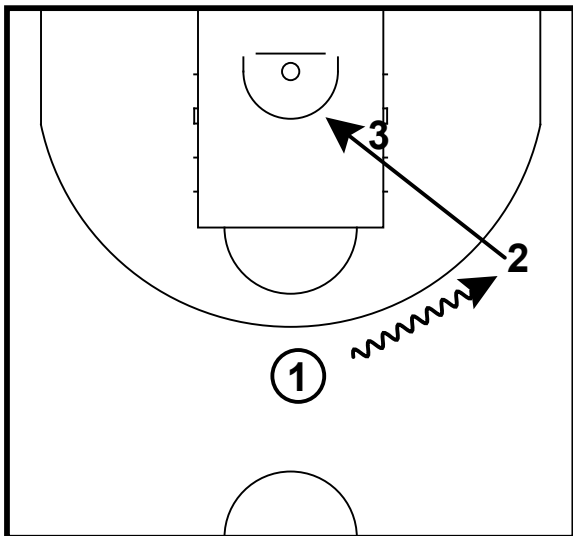
Frame 4



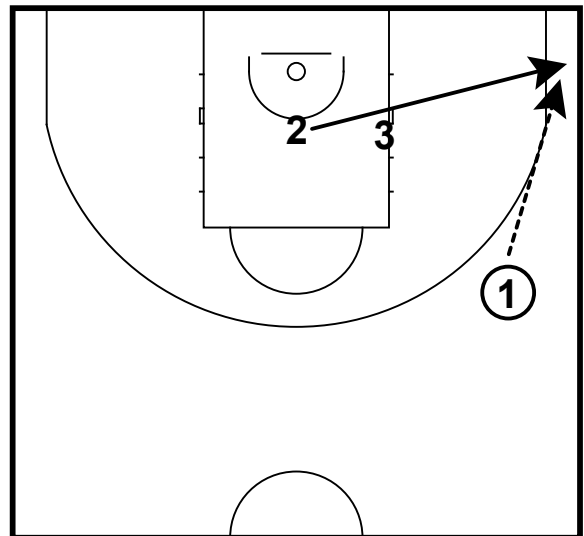
As 2 arrives at the top of the key, x steps over the Read Line to deny the pass

2 Rear Cuts, receives the pass from 1 and finishes with a lay-up

Frame 1



Frame 2



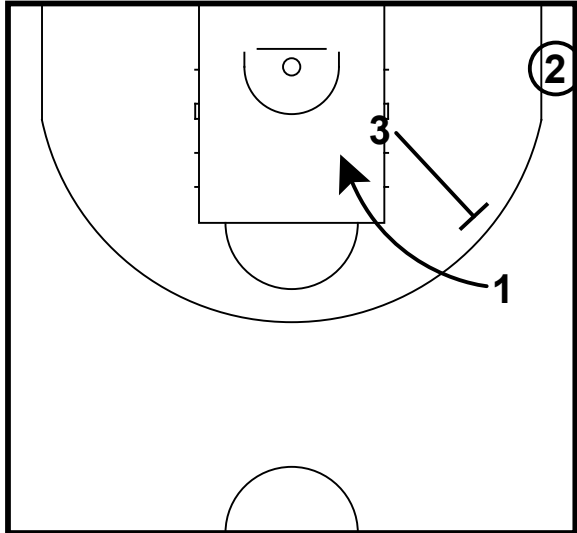
1 Speed Dribbles 2 but does not throw the pass

2 chooses to Fill out to the ball-side corner
1 passes to 2

COMBO SERIES

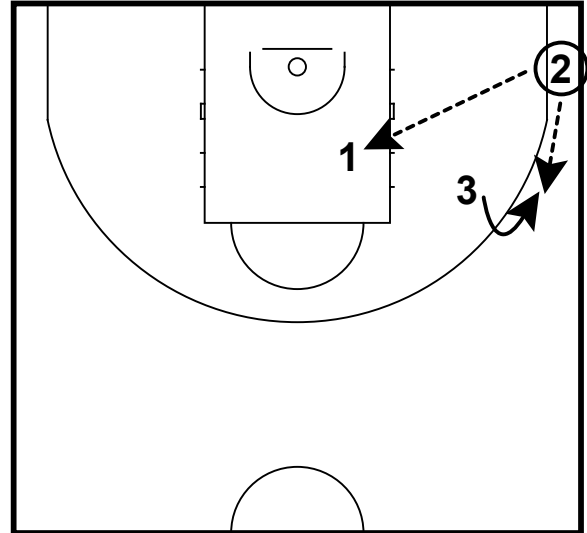
Drill 38 : Dribble At + Post Screen

Frame 3



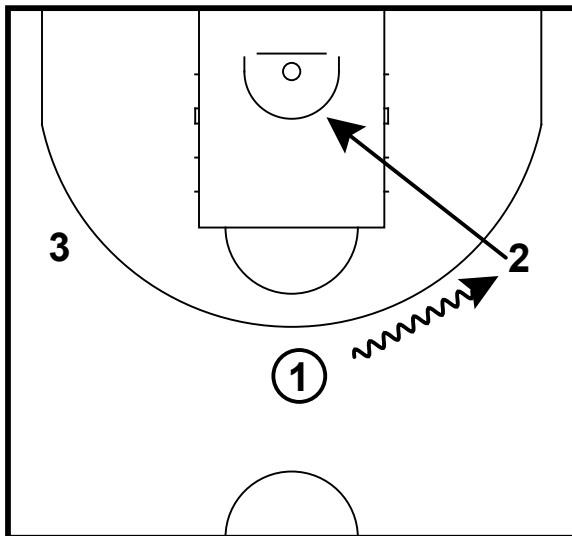
Immediately after 1 makes the pass Post player 3 steps out to screen for 1

Frame 4



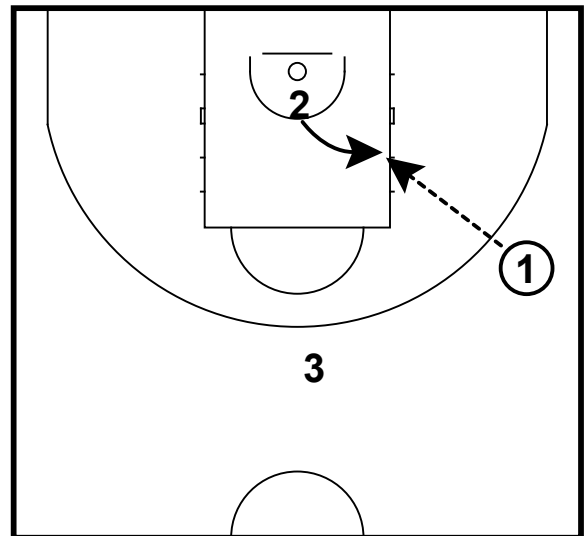
Either : 2 passes to 1 for the lay-up
Or: 2 passes to 3 shaping up for the shot

Frame 1



1 Speed Dribbles 2 but does not throw the pass
3 Fills the empty spot left by 1

Frame 2

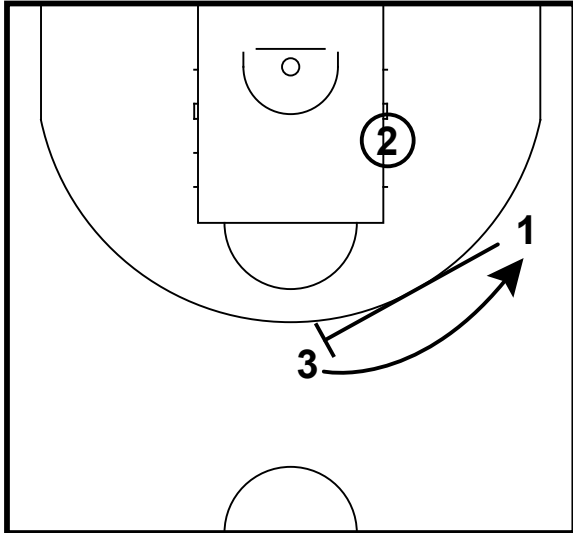


After the cut, 2 Posts up ball side
1 feeds 2

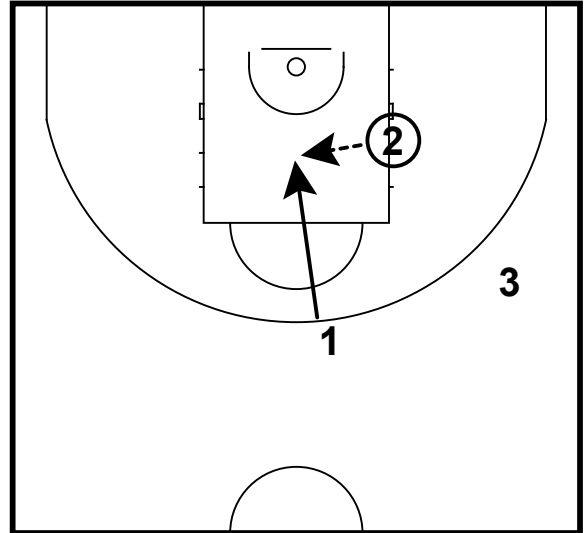
COMBO SERIES

Drill 39 : Dribble At + Feed The Post Cuts

Frame 3



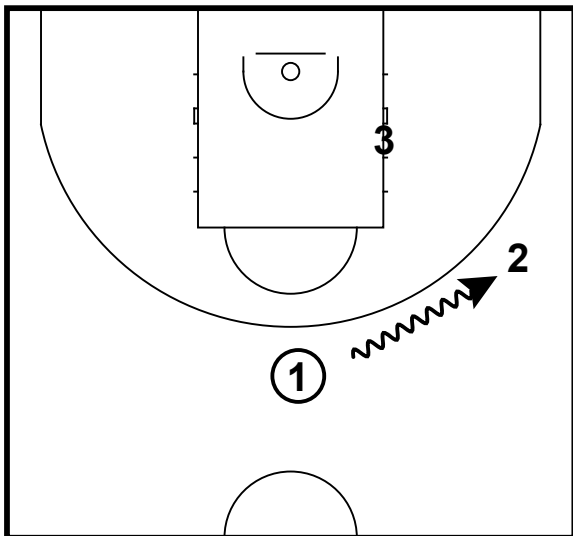
Frame 4



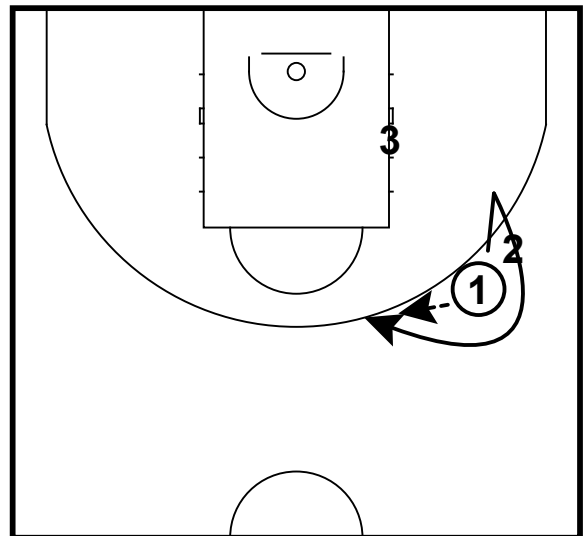
1 chooses the X-Cut and sets a screen for 3

After teh screen, 1 cuts to the basket
2 Dishes to 1 for a lay-up

Frame 1



Frame 2



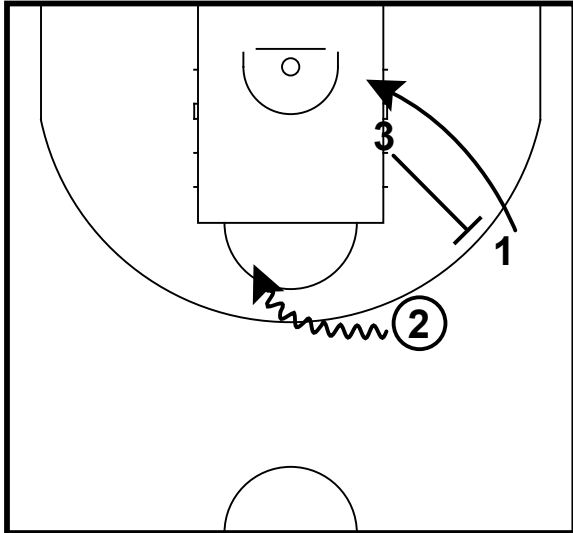
In a 4-OUT or 3-OUT formation, 1 Power Dribbles at 2

2 fakes the Basket Cut to set up the defender
2 cuts outside of 1 a,d takes the hand-off

COMBO SERIES

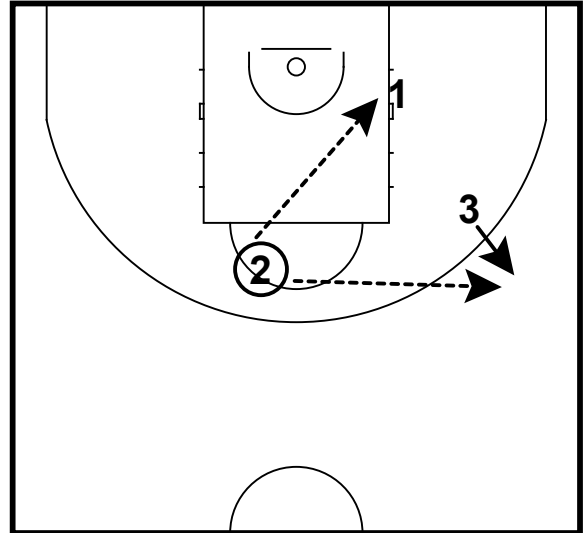
Drill 40 : Power Dribble + Post Screening

Frame 3



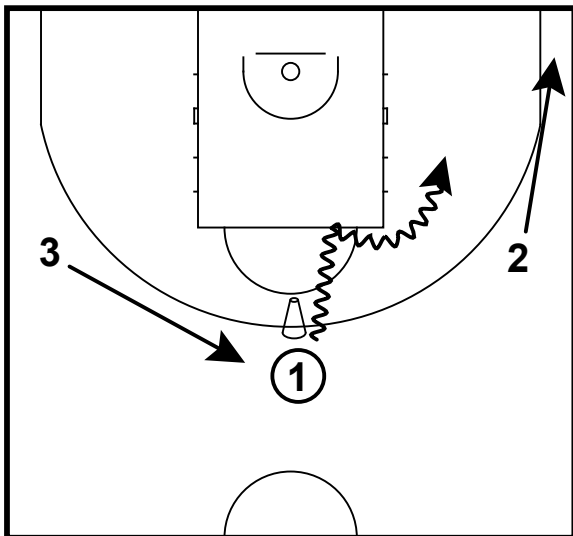
2 turns the corner and drives to the goal
3 Back Screens for 1 rolling to the basket

Frame 4



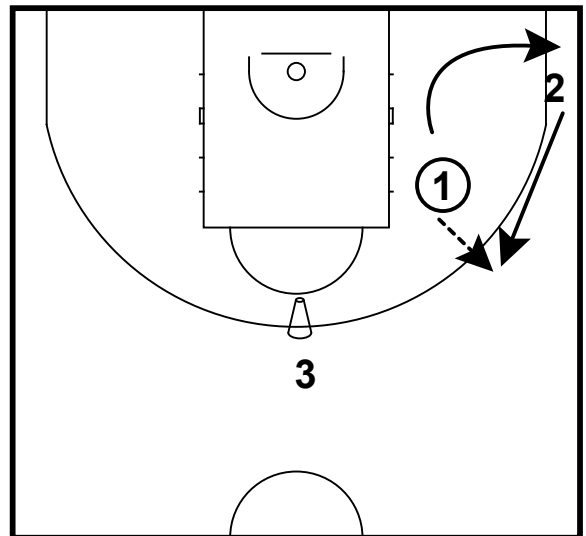
Either : 2 Dishes to 1 for the lay-up
Or : 2 passes to 3 stepping up for the shot as the Safety Valve

Frame 1



1 attempts a North/South drive right around the defender.
Defender wins the battle and arcs the drive away from the battle.
2 and 3 Cricle Move to the right as trained.

Frame 2

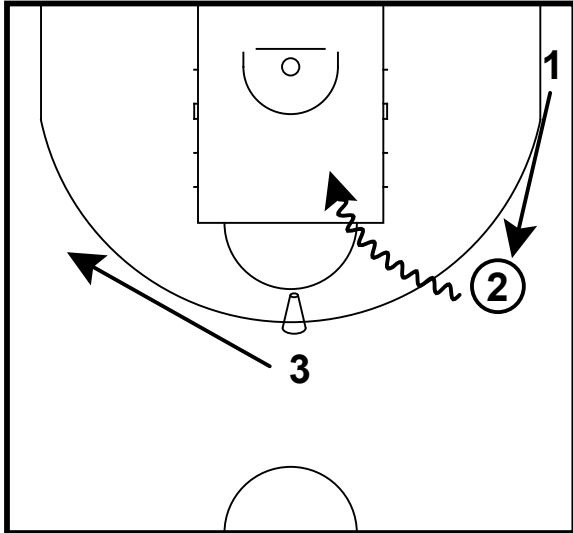


2 recognizes that the drive has failed and 1 is in trouble.
2 Circle Reverses to get open and relieve the pressure on 1.
1 passes to 2 and chooses to Fill the ball-side corner.

COMBO SERIES

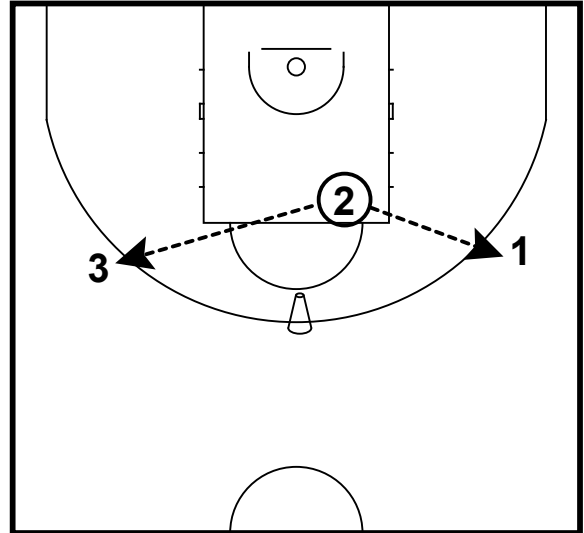
Drill 41 : Circle Reverse + Cricle Move

Frame 3



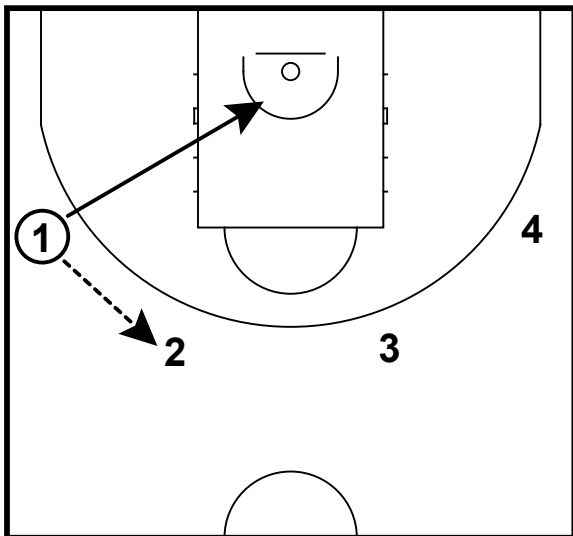
2 drives North/south left to the goal.
1 and 3 Circle Move left one spot.

Frame 4



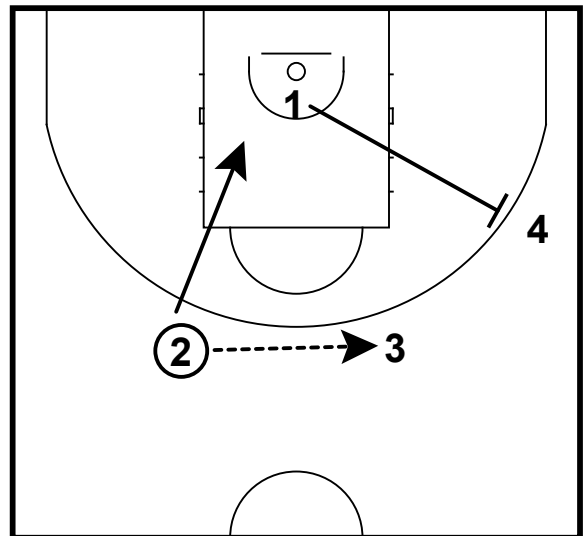
Either : 2 makes the Natural Pitch to 3 for the shot
Or : 2 Reverses Pivots to pass to 3 for the shot as the Safety Valve

Frame 1



1 passes to 2 and Basket Cuts

Frame 2

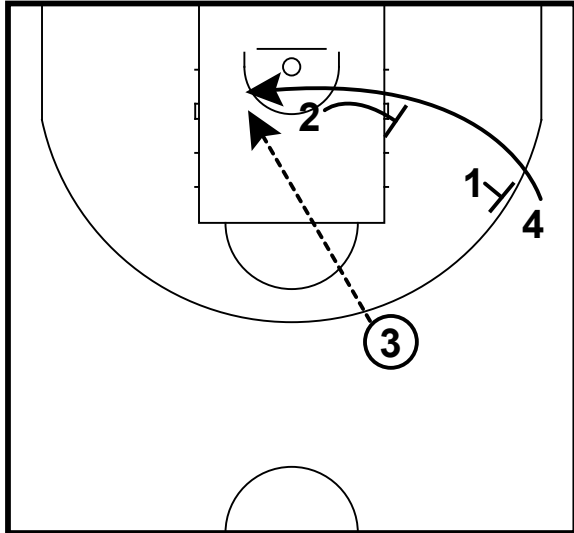


2 immediately passes to 3 and Basket Cuts.
After the cut, 1 sets a Back Screen for 4.

COMBO SERIES

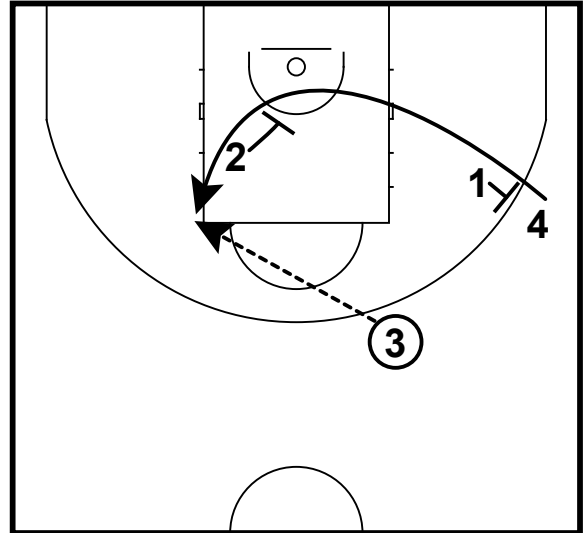
Drill 42 : Back Screens + Multiple Screens

Frame 3



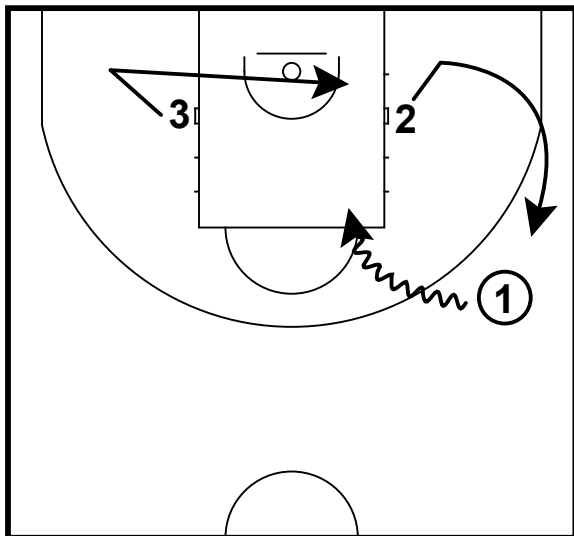
If 2 sets a BBack Screen while filling out, then 4 uses boh screens for a lay-up.

Frame 4



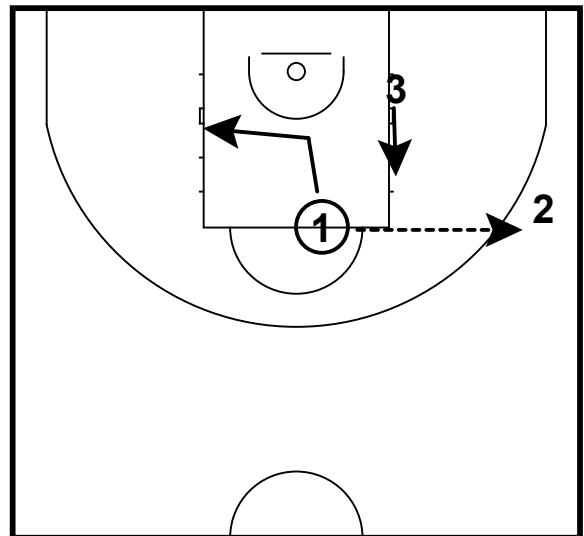
If 2 sets a the screen while cutting to the basket, then 4 can use the second screen to curl for the jump shot.

Frame 1



1 drives North/South left towards the middle, 2 and 3 first Step Down, then Circle Move left

Frame 2



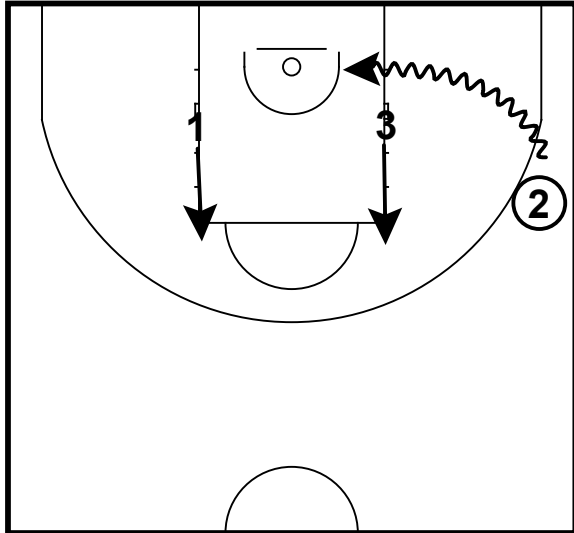
1 is stopped and must Reverse Pivot to pass back to 2 in the Safety Valve.

1 decides to Post on the weak side.
3 finishes the cut at the ball side post.

COMBO SERIES

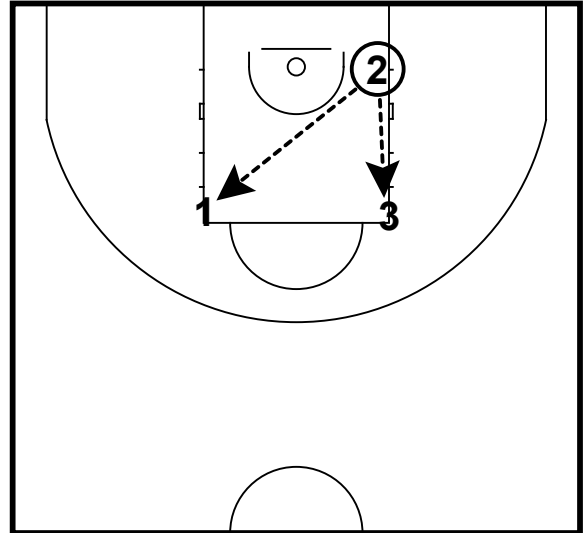
Drill 43 : Adv. Post Slides + Basic Post Slides

Frame 3



2 drives baseline.
1 and 3 Slide up the lane

Frame 4



2 either passes to 1 int the 45° position or 3 in the 90° position